

## Resuscitation Training

# Paediatric Immediate Life Support (PILS)



The PILS Course is appropriate for the following candidates: doctors, medical students (final year), nurses, health visitors, school nurses, nursing students (final year), midwives, ODPs, cardiac technicians, resuscitation officers, physiotherapists, dentists, dental nurses, ambulance technicians/paramedics. The PILS course addresses the needs of staff who need more advanced skills than those taught during basic life support (BLS), but who do not require the more comprehensive two-day European Paediatric Advanced Life Support (EPALS) course.

### Course overview

The Resuscitation Council (UK) Paediatric Immediate Life Support (PILS) course was launched in 2007. It was developed in response to a demand from healthcare professionals who may have to act as first responders and treat seriously ill children or children in cardiac arrest until the arrival of a cardiac arrest team.

### What will I learn?

The PILS course teaches the knowledge and skills to:

- understand the structured ABCDE approach that facilitates rapid recognition of seriously ill children;
- provide appropriate initial treatment interventions to prevent cardiorespiratory arrest;
- treat children in respiratory or cardiorespiratory arrest until the arrival of a resuscitation team or more experienced assistance;
- promote active membership of a paediatric resuscitation team.

### How will I be assessed

Assessment is continuous and is guided by the assessment forms provided for each core skill. Copies of the assessment forms should be forwarded to the candidate with their manual.

### Is there anything else I need to know?

Successful candidates receive a Resuscitation Council (UK) PILS provider certificate, which is valid for one year. The PILS course is recognised for up to 5 continuing professional development (CPD) points. If you would like to apply for this course, please complete the online application form.

### Contact information

The Health Academy Preston  
Education Centre 1  
Sharoe Green Lane  
Preston, PR2 9HT  
Tel: 01772 52 1444