

Resuscitation Training

Advanced Life Support (ALS)



The ALS programme is designed for healthcare professionals who would be expected to apply the skills taught as part of their clinical duties, or to teach them on a regular basis.

Appropriate participants include doctors, paramedics and nurses working in acute care areas (e.g. ED, CCU, ICU, HDU, operating theatres, acute medical admissions units) or on resuscitation /medical emergency/ICU outreach teams. All applicants must hold a professional healthcare qualification or be in training for a professional healthcare qualification. Medical students, nurses and other healthcare providers not covered in the groups above should be encouraged to complete the Immediate Life Support (ILS) course.

What will I learn?

The ALS course teaches the knowledge and skills required to:

- recognise and treat the deteriorating patient using a structured ABCDE approach;
- deliver standardised CPR in adults;
- manage a cardiac arrest by working with a multidisciplinary team in an emergency situation;
- utilise non-technical skills to facilitate strong team leadership and effective team membership.

Is there anything else I need to know?

Provider certification will be valid for four years Skills should be updated every six months for the cardiac arrest team. Please note that we also run the one-day e-ALS course which leads to the same four-year Resuscitation Council (UK) certification. If you would like to apply for this course, please complete the online application form.

Contact information

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