

Resuscitation Training

E-Advanced Life Support (e-ALS)



The e-ALS programme is designed for healthcare professionals who would be expected to apply the skills taught as part of their clinical duties, or to teach them on a regular basis. Appropriate participants include doctors, paramedics and nurses working in acute care areas (e.g. ED, CCU, ICU, HDU, operating theatres, acute medical admissions units) or on resuscitation /medical emergency/ICU outreach teams. All applicants must hold a professional healthcare qualification or be in training for a professional healthcare qualification. Medical students, nurses and other healthcare providers not covered in the groups above should be encouraged to complete the Immediate Life Support (ILS) course.

Course overview

The Resuscitation Council (UK) Advanced Life Support (ALS) course was launched 1993. It is a standardised national course teaching evidence-based resuscitation guidelines and skills to healthcare professionals in the United Kingdom. The e-ALS course comprises one-day e-learning and one-day face-to-face.

What will I learn?

The e-ALS course teaches the knowledge and skills required to:

- recognise and treat the deteriorating patient using a structured ABCDE approach;
- deliver standardised CPR in adults;
- manage a cardiac arrest by working with a multidisciplinary team in an emergency situation;
- utilise non-technical skills to facilitate strong team leadership and effective team membership.

How will I be taught?

The course manual is sent to candidates one month before the course. Candidates are expected to have prepared for the course by reading the manual and submitting their completed pre-course MCQ paper before attending the face-to-face course. Candidates are advised to complete the pre-course MCQ without reference to the manual. Candidates are also given access to e-learning materials on the LMS. The course programme consists of lectures, workshops, skill stations and cardiac arrest simulations (i.e. CASTeach).

Is there anything else I need to know?

Provider certification will be valid for four years. Skills should be updated every six months for the cardiac arrest team. Please note that we also run the two-day ALS course which leads to the same four-year Resuscitation Council (UK) certification. If you would like to apply for this course, please complete the online application form.

Contact information

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