



## Supported Return to Training (SuppoRTT)

## **Return to Training course** for North West & Mersey trainees



This two day course has been designed to support trainees return to training following a period of planned leave or prolonged absence.

Course content has been developed to offer trainees in the acute setting an opportunity to refresh their skills and knowledge across a range of generic themes.

## **Course Content**

- Non-technical skills training, especially decision making, team-working and leadership
  - Developing resilience & well being
    - Cognitive Function
  - Empowering and confidence to seek help
- Basic/advanced/neonatal/paediatric resuscitation training (depending on delegate needs)
- Deteriorating patient/collapsed patient to include sepsis, haemorrhage, plus other scenarios
  - Team-working, leadership and focus on communication skills

## for more information email: SuppoRTT@lthtr.nhs.uk

