

ROBuST Course provisional programme

| Time | Title | Format | Faculty |
|---------------------------|---|---------------------|---------|
| 08.30 – 9.00 am | Registration and Refreshments | | |
| Basic stations: | | | |
| 9.00-9.20 am | Indications for Operative Vaginal Birth (OVB) and medico-legal aspects | Presentation | |
| 9.20 – 09.30 | Preparing your equipment | Demonstration | |
| 09.30 – 10.45 | Practical instruction OVB: <i>Delegates to attend all 3 workshops on a rotational basis (25 mins per workshop)</i> <ul style="list-style-type: none"> • Non-rotational vacuum • Manual rotation and direct OP pull • Non-rotational forceps with pudendal block | Hands-on practical | |
| 10.45 – 11.00 | Refreshments | | |
| 11.00 – 11.20 | Teamwork and communication with women/parents/clinicians | Slides & Discussion | |
| 11.20 – 11.50 | Hands-on practice of three OVB practical stations | Practical | |
| 11.50 – 12.20 | Group session/documentation/medico-legal case history | Group discussion | |
| 12.20 – 13.00 | Lunch break | | |
| Advanced stations: | | | |
| 13.00 – 13.15 | Introduction to Rotational Operative vaginal births | Video | |
| 13.15 – 14.45 | Instruction and hands-on practice: Rotational birth: <i>Delegates to attend all 3 workshops on a rotational basis (25 mins per workshop)</i> <ul style="list-style-type: none"> • Kielland's OP • Kielland's OT • Rotational vacuum and documentation practice | Hands-on practical | |
| 14.45 – 15.00 | Caesarean Section at full dilatation | Presentation | |
| 15.00 – 16.00 | Instruction and Hands-on practice: Extraction at CS <i>Delegates to attend all 3 workshops on a rotational basis (25 mins per workshop)</i> <ul style="list-style-type: none"> • Head dis-impaction and vaginal assistance, including use of fetal pillow • Breech extraction • Frequently asked questions and practical experience | Slides & Practical | |
| 16.00 – 16.15 | Feedback and close | | |