Welcome To Brindle Ward



Student Nurse Information

**Useful Information**

Brindle Ward is a 30 bed ward, consisting of 7 bays and 4 side rooms. Split into 3 teams

**Shift hours**:

07:00 - 19:30 days

19.00 – 07.30 - Nights (if problem discuss with ward mentor/ manager)

**Ward Tel Numbers**: 01257 247627/ 247537

2x 30min Breaks

**Ward Manager:** Rachael Davis & Rachel Aspin

**Matron:** Justine Davies

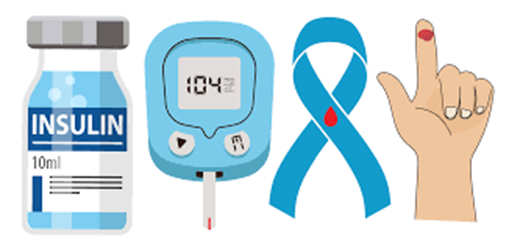
**L.E.M:** Louise Hooper, Michelle Leadley, Emma Peet

**Sisters**: Michelle Leadley, Louise Hooper, Lisa Blakeman, Zoe Greenall, Emma Peet

If sick please ring the ward to inform them you will not be on shift.

**ALWAYS DISPOSE OF HANDOVER AFTER EACH SHIFT in confidential waste bins provided.**





**What is Brindle ward?**

Brindle Ward this treats patients with the following conditions:

Specialise in Endocrine Disorders & Diabetes

But can have other conditions at times such as:

Cardiac

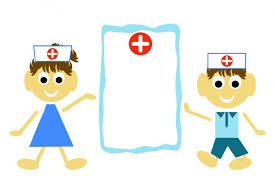
Respiratory

Gastroenterology

Renal

Elderly care





**In the Event of an Emergency :**

Cardiac /Respiratory Arrest – ring 2222 stating Adult cardiac or respiratory arrest (e. g ward Brindle Ward bay number and bed number )

Fire -- ring 2222

Security Alert -- ring 2222

**How to use the bleep system**

Dial 66

Wait for message

Enter the number of who you wish to contact (eg Doctor)

Wait !

Then the number of the phone you are calling from

Wait for acceptance message then hang up and wait for the call back from who you bleeped

**Patient meal Times:**

Meal times on ward are protected, all staff assist giving out meals to patients and assisting patients that require assistance.

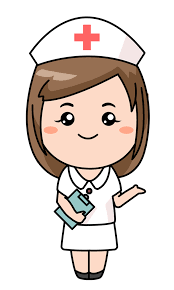
Breakfast 08.00

Lunch 12:00

Tea 17:00

After each meal all fluids balances are updated for each patient in your team.



**Daily Routine on Brindle ward**

**7am** Have ward handover for your designated team

( check allocation board)

Full ward huddle to highlight unwell or at risk patients.

**7:30am – 08.30 – Golden Hour with Nurses and HCA’s**

Get patients out, washed and dressed ready for breakfast. Clear all tables ready for breakfast.

**08.30** - Staff nurses to carry out medication round (**Students not to carry out morning medication round unless in 3rd yr)**

After breakfast clear away pots, assist patients with hygiene needs ( shower, bedbath bowl of water )

**From 9.30am- start breaks**

**10am**

Carry out observations if trained to do so

Complete all paper on the computer ( meals and fluids )

**11am** Blood glucose

**12pm**

Lunchtime; Nurses medication round

Patient’s meal time assist where required.

Clear away put meals on computer

**1pm –** Handover with medics

**1.30pm** - Pressure relief for patients who require it

**From 2pm**

QDS Observations

Start afternoon Breaks.

**4pm**

Blood glucose

Pressure relief for patients who require it

**5pm**

Clear tables for meal sit patients up.

Clear pots away,

**6pm**

QDS Observations &

pressure relief given to patients

Check all intentional roundings are updated hourly and all paperwork completed before leaving your shift

**19:00**

**Handover to Night Team !**

**Day Shift completed 19:30**

**Night Shift**

**19:00** Handover from day staff

Complete safety huddle

Golden Hour – Help patients to bed, supper/hot drinks. Ensure patients are clean and dry.

**21:30** Nurses medication round

Observations and blood glucose levels

Settling patients down for the night.

Through the night answer buzzers,

Nurses complete medical notes

**From 2am** start breaks

During night Nurses to check CDs and Resus trolley and temp of fridges

Tidy ward, full up draws outside bays with bedding pads and PPE

Calibrate BMs, replenish linen and store room.

Complete performance board

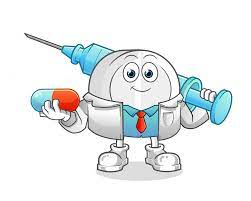
**6am**

Morning IV antibiotics

QDS observations, blood glucose levels Patient care.

**7am**

**Handover to day team !**

** Common Medications**

The following table shows the common medications used on Brindle ward

|  |  |  |  |
| --- | --- | --- | --- |
| **Drug** | **Used for** | **Dosage** | **Common side effects** |
| ActRapid(Insulin) |  |  |  |
| Abasaglar (Insulin) |  |  |  |
| Lantus (Insulin) |  |  |  |
| Tresiba(Insulin) |  |  |  |
| Humalog(Insulin) |  |  |  |
| Toujeo (Insulin) |  |  |  |
| Sitagliptin |  |  |  |
| Glicazide |  |  |  |
| Metformin |  |  |  |
| Furosemide |  |  |  |
| Salbutamol |  |  |  |
| Aspirin |  |  |  |
| Ensures |  |  |  |
| Cyclizine |  |  |  |
| Codeine |  |  |  |
| Lansoprazole |  |  |  |
| Bisoprolol |  |  |  |
| Thiamine |  |  |  |
| Lactulose |  |  |  |
| Prednisolone |  |  |  |

**Learning opportunities available on Brindle Ward :**

* Developing skills and knowledge in Diabetes and Endocrine conditions.
* Develop an understanding of the multidisciplinary team (MDT) and how they work together.
* Develop leadership and management skills.
* Participation with patient care.
* Development of communication skills in order to build nurse-patient therapeutic relationships and to be able to communicate within the MDT.
* Develop knowledge and skills regarding medication management.
* Develop knowledge and skills in monitoring vital signs and interpreting the findings i.e. blood pressure, pulse rate, temperature, respiratory rate, etc.
* Understanding the importance of accurate and timely documentation of risk assessments, care plans and any nursing assessments that have been carried out.
* There are also opportunities for student nurses to visit other departments within the hospital that liaise with ward staff

**Spoke Placements**

Spoke placements are an excellent opportunity for students to experience other areas within the MDT, these include:

* Diabetes Specialist Nurse- bleep 5350
* Diabetes Clinic
* Podiatry
* Speech and language therapist (all years) - EX
* Physiotherapists (all years) – bleep-2873 bleep5118/5757/5750
* Occupational therapists (all years) -bleep 5531/5759
* Critical care outreach (3rd years) - bleep 3456
* Bereavement team - EX & bleep 3730
* Palliative care team (3rd years) - EX 2055
* Dietician (all years) - EX 2467
* Infection control team (all years) - EX 5217
* Tissue Viability Nurses (all years) - EX 2655 bleep
* Central Venous Access team (2nd & 3rd years) - bleep 3410
* Nutritional Team: bleep/ex 3057

If ringing from an external phone, add 52 before extension number.

**Abbreviations:**

**CBG** – Capillary Blood Gas

**ABG** – Arterial Blood Gas

**FBC** - Full Blood Count

**U&E** – Urea & Electrolytes

**HB** – Haemoglobin

**CRP** – C Reactive Protein

**NAD** – No Abnormality Detected

**BP** – Blood Pressure

**C&S** – Culture sensitivity

**BM** – Blood Glucose Monitoring

**FR** – Fluid Restriction

**IDDM** – Insulin Dependent Diabetic

**NIDDM** – Non-Insulin Dependent Diabetic

**AF** – Atrial Fibrillation

**MI** – Myocardial Infarction

**PE** – Pulmonary Embolism

**CSU** – Catheter Specimen of Urine

**MSU** – Midstream Specimen of Urine

**NBM**– Nil by Mouth

**PO** – Per Oral

**PR** – Per Rectum

**PV** – Per Vaginal

**IV** – Intravenous

**IM** – Intramuscular

**IV ABX** – Intravenous Antibiotics

**Stat** – Immediately

**PRN** – As required

**OD** – Once Daily

**BD** – Twice Daily

**TDS** – Three Times Daily

**QDS** – Four Times Daily

**MCA** - Mental Capacity Act

**DOLs** – Deprivation of Liberty

**NG** – Nasogastric Tube

**NJ** – Nasojejunal Tube

**PEG** –Percutaneous Endoscopic Gastrostomy

**Melena** – Dark bloody stools

**Finally………**

Please remember that this is your learning experience and you should try and get the most out of this placement. Enjoy your time on Brindle ward and please do not hesitate to ask questions or for help. You are a valued member of our team.

