

Dear all,

Welcome to LTHTr, I hope you will enjoy your time with us. My name is Vin Varughese and I am in charge of the Foundation teaching programme for the Trust. We have over 100 Foundation doctors in total and we provide teaching twice a week most weeks for them, split into FY1 and FY2 teaching. These are held on Thursday afternoon and Tuesday afternoon respectively.

We hold a variety of sessions that we require help with from clinical to Lessons Learnt to simulation sessions and many more variations.

We are always looking for trainees to contribute to the teaching programme and the Foundation doctors particularly enjoy teaching from trainees such as yourself, as you are most able to give them relevant clinical information that would apply to them. They regularly ask us to get more trainees rather than consultant involved.

Since Foundation Training is a generic training programme there will be topics from your speciality that would be useful to them.

If you undertake a teaching session with us, all Foundation Doctors attending will have to fill in a feedback form. After the session you would get an official letter with your details feedback which you can use in your portfolios and your educator development.

Furthermore all sessions are recorded at present through Microsoft teams and I am happy to review the recording and give feedback in order to fill in teaching forms for your portfolios if required.

You can be involved as much or as little as you want.

We also have a learning management system where Foundation doctors can access for self-directed learning so if you wanted to do quizzes / case discussions, podcasts, journal papers reviews recorded video talks etc. rather than teaching at a session we are always happy to get content for that and recognise that with a certificate for your portfolio.

If you would like to be involved or want any further information please email me at Vinod.varughese@lthtr.nhs.uk

Please state your current post/level of training, as well as which topics or session types you would be interested in delivering. This could be related to your speciality or if you have interests in other topics useful to Foundation trainees, I would be happy to hear about it.

I look forward to hearing from you and enjoy your time with us.

Vin Varughese
Associate Foundation Programme Director
Lancashire Teaching Hospitals

