



Clinical Placement Summary

Placement Area:	Hand Therapy
Placement Address:	Core Therapies Department (Level 2) Hand Therapy Team Chorley Hospital
Telephone Number:	01257 245763
Contact Name:	Liz Bury
Placement Facilitator	Liz Bury
Type of Placement:	Hand Therapy
Details of type of clients being dealt with:	<p>The Hand Therapy Team provide an outpatient based service for patients of any age with hand conditions/injuries.</p> <p>We receive referrals from orthopaedic and plastics consultants across both sites (Preston is also part of our trust), from G.P.'s and from physio colleagues. Patients cannot self-refer to our service.</p> <p>Our caseload includes patients who have sustained trauma, may have a long term or congenital issue, or who have developed an acute hand condition without a history of trauma.</p> <p>Our patients may be pre or post-operative or may be conservatively managed.</p> <p>Some of the referrals we receive are at an acute stage and as such may require immobilization (in the form of splinting/casting) to protect injured structures as appropriate.</p> <p>The main areas of focus for treatment are pain, range of movement, oedema management, scar management and</p>

	<p>function. There is a significant amount of splinting both for immobilization and to enable function.</p>
<p>The type of experience which may be gained from this placement:</p>	<p>Within the trust, we adopt an integrated approach to therapy and this works particularly well within the hand team. Therapists have undergone additional training and passed competencies in order to provide hand therapy as a whole, so eliminating the need for the patients to see both an OT and a physio.</p> <p>You will therefore work as part of a team of therapists, to include OT's and physio's, within the wider MDT which also incorporates nursing staff and doctors.</p> <p>Treatment can include splinting, prescription of exercises, monitoring of range of movement, scar massage, ultrasound therapy, wax therapy, pressure garments for reduction of swelling and functional assessment.</p> <p>You will work with a variety of thermoplastics and soft splinting. You will have hands on experience of moulding thermoplastic materials onto patients. You will consider functional implications of the splints provided, with regular opportunities for problem solving.</p> <p>Although a prescriptive area of OT in its nature, we adopt a holistic approach and always aim to keep the</p>

	<p>patient at the centre of their treatment.</p> <p>Other experience that will be gained:</p> <p>Consent and record keeping, prioritizing, time management and organization.</p> <p>Awareness and implementation of Trust Policies and Procedures eg infection control.</p>
<p>Special Knowledge and information which would be useful to the student:</p>	<p>Basic understanding of hand anatomy. Knowledge of the bone structure and joint names/abbreviations would be useful.</p> <p>An awareness of osteoarthritis and how this can affect the hand.</p> <p>An awareness of the following conditions:</p> <p>Mallet finger DeQuervain's tenosynovitis</p>
<p>Recommended Reading:</p>	<p>There are many useful resources and anatomy tutorials on line.</p> <p>Depending on your style of learning there are diagrams, 3D images and videos that can be helpful.</p>
<p>Visits/shadowing which can be arranged:</p>	<p>Shadowing can be arranged with our Extended Scope Practitioner OT who works in clinic alongside the doctors.</p> <p>Theatre visits can potentially be arranged but are not guaranteed.</p> <p>Shadowing in the therapy led clinic at PRH can be arranged – this is a clinic where patients are seen acutely post-op, and the therapists do wound checks, dressings, removal of stitches, splinting and exercise to limit the number of appointments the patient needs.</p> <p>Other areas of OT within the hospital are stroke and medicine and shadowing could be arranged.</p>

Hours of work:	<ul style="list-style-type: none">• Core hours are 8.30-16.30• We work until 18.00 each Tuesday which allows an earlier finish on another day.• Study time will be arranged for either Mon pm or Fri pm.
Last updated: 11/10/19	