



# Clinical Placement Summary

Placement Area:	<b>Acute Medical Occupational Therapy</b>
Placement Address:	Core Therapies Department. Medical Room, Royal Preston hospital, Sharoe Green Lane, Preston. PR2 9HT.
Telephone Number:	(01772) 523224.
Contact Name:	Rowena Currie, (Clinical lead Occupational Therapist), Jane Taylor, (Specialist Occupational Therapist), Craig Tidswell, (Specialist Occupational Therapist). Nicola Thornton, (Specialist Occupational Therapist), Donna Chadwick, (Specialist Occupational Therapist).
Placement Facilitator:	Anita Burke, (Professional Lead for Occupational Therapy) Anne Tucker, (Core Therapy Lead).
Type of Placement:	<b>Acute medicine.</b>  <b>Encompassing the following specialty wards:</b> Ward 18 Cardiology; Ward 20 Care of the elderly; Ward 23 Respiratory; Ward 24 Gastroenterology; Ward 25 Regional Renal Unit As and when required we also provide ongoing continuing care for medical outlying patients located in other areas of the hospital, for example on the: Medical Escalation Unit; Cardiac Catheter Lab, (CCL); Bleasedale Ward; Burns and Plastics; Gynecology Ward.

Details of type of clients being dealt with:

In-patient adults and older adults who can have complex, (multi) medical pathologies.

**Common medical conditions and patient presentation encountered:**

**Ward 18 (Cardiology):**

Angina;  
Cardiovascular Disease;  
Heart Failure;  
Hypertrophic Cardiomyopathy;  
Dilated Cardiomyopathy;  
Atherosclerosis;  
Atrial Fibrillation;  
Congenital heart disease;  
Arrhythmia;  
Coronary Artery Disease;  
Myocardial Infarction;  
Mitral Regurgitation;  
Peripheral Artery Disease;  
Dementia / Confusion / Delirium;  
Sepsis;  
UTI;  
Encephalitis  
Falls  
Mental Health Conditions; Bipolar disorder, Depression, Anxiety, Schizophrenia

**Ward 20 (Care of the Elderly):**

Collapse / Falls;  
Rhabdomyolysis/long lie  
Dehydration;  
Dementia / Confusion / Delirium;  
UTI;  
Sepsis;  
Parkinson's;  
Multiple Sclerosis  
Myasthenia Gravis  
Aortic Stenosis  
Osteomyelitis  
Type 1 and Type 2 Diabetes  
Diabetic neuropathy  
Endocarditis  
Lumbar stenosis  
Cataracts  
Glaucoma  
Arthritis (osteoarthritis and rheumatoid arthritis)  
Anxiety  
Depression

Details of type of clients being dealt with, continued:

**Ward 23 (Respiratory):**

Chronic Breathlessness;  
Type 1 and Type 2 Respiratory Failure;  
Asthma;  
Bronchiectasis;  
Pneumonia – CAP and HAP;  
COPD – Chronic Bronchitis and Emphysema;  
Interstitial Lung Disease, (ILD);  
Idiopathic Pulmonary Fibrosis;  
Hypersensitivity Pneumonitis;  
Pulmonary Embolism (P.E.);  
Pneumoconiosis;  
Motor Neuron Disease;  
Morbid Obesity;  
Osteoporosis.

**Ward 24 (Gastroenterology):**

Alcohol Excess; both neurological and physical effects;  
Jaundice;  
Alcoholic liver disease and cirrhosis  
Encephalopathy;  
Colitis;  
Chron's Disease;  
Diverticulitis;  
Pancreatitis;  
Melena;  
Hematemesis;  
Hepatitis A,B and C;  
Irritable Bowel Syndrome;  
Inflammatory Bowel Disease;  
Gallbladder Disease;  
Peptic Ulcer Disease;  
Dementia / Confusion / Delirium.  
Cellulitis  
Sepsis

**Ward 25 (Renal):**

Fluid overload;  
Acute Kidney Injury;  
Polycystic Kidney Disease;  
Chronic Kidney Disease;  
Hematuria;  
Hyponatremia;  
Hyperkalemia;  
Dementia / Confusion / Delirium.

The type of learning experiences / skills you may gain from this placement:

You will be working with and following the O.T. process and the core O.T. skills.

**You will be given opportunities to:**

- Work through the discharge planning process.
- Gain knowledge to enhance your clinical reasoning skills and your ability to undertake reflective practice.
- Gain experience in prioritisation of your work and caseload management.
- Carry out functional assessments in PADL and DADL, including functionally assessing patients' mobility and transfers i.e. bed, chair and toilet.
- Assess patients' need for assistive equipment; understanding the process for prescribing / providing the equipment. This may include basic and more specialised equipment i.e. profiling bed.
- Assess patients for postural seating and for wheelchair provision, as and when appropriate.
- Gain skills in communicating with patients, their families and carers.
- Undertake multi-disciplinary team working.
- Undertake environmental home visits, some of which can be complex.
- Be able to identify cognitive impairment and to select the appropriate assessment required, (functional or standardised).
- Gain skills in assessing patients presenting with anxiety and low mood.
- To shadow a range of MDT professionals.
- The opportunity may also be available to gain knowledge in relaxation and anxiety management techniques.

Knowledge and information which would be useful to the student:

Cardiology:	Information on Cardiac conditions can be gained from books- University/ Hospital/Public Libraries Internet NICE guidelines for Cardiac Conditions British Heart Foundation Department of Health National Service Framework for Coronary Heart Disease: NSF chapter 8 – Cardiac Risk in the Young Royal College of Physicians
Care of the Elderly:	Information on elderly care conditions can be found in books from university and hospital libraries. Internet NICE guidelines elderly care/frailty Rockwood Frailty Scale Alzheimer's Society.org Dementiauk.org
Respiratory:	Information on Respiratory Conditions can

	<p>be gained from books – University / Hospital / Public libraries. The Internet. NICE Guidelines for Respiratory Conditions. British Lung Foundation. Chartered Society of Physiotherapists.</p>
Gastroenterology:	<p>British society of gastroenterology – which links NICE Guidelines; Liver Function; Basic Gastroenterology Anatomy; Common Gastroenterology conditions and their management plans-Can use the NHS website, public or hospital library.</p>
Renal:	<p>Department of Health National Service Frameworks, in particular for Renal Failure. <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/199002/National_Service_Framework_for_Renal_Services_Part_Two_-_Chronic_Kidney_Disease_Acute_Renal_Failure_and_End_of_Life_Care.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/199002/National_Service_Framework_for_Renal_Services_Part_Two_-_Chronic_Kidney_Disease_Acute_Renal_Failure_and_End_of_Life_Care.pdf</a> Chronic Kidney Disease. <a href="https://www.nhs.uk/conditions/kidney-disease/">https://www.nhs.uk/conditions/kidney-disease/</a> Chronic Kidney Disease in adults: The assessment and management of the condition. <a href="https://www.nice.org.uk/guidance/cg182">https://www.nice.org.uk/guidance/cg182</a></p>
Recommended (general reading):	<p>RCOT Code of Ethics and Professional Conduct Current RCOT Guidelines and Drivers. NHS England Five Year Forward View</p>
Visits/shadowing which can be arranged:	<p>Prior to your placement an informal visit can be arranged with your allocated supervisor via an email or phone call. It is the student's responsibility to arrange this. On placement there are a wide range of visits available and these can be negotiated with your educator.</p>
Hours of work:	<p>37.5 hours per week Monday to Friday 08:00 – 16:00. Reasonable adjustments may be able to be made in certain circumstances.</p>
<p><b>Last updated: January 2020.</b> Craig Tidswell, Nicola Thornton, Rowena Currie, Jane Taylor, Donna Chadwick, Simon Blakemore (Acute Medical Team Occupational Therapists).</p>	