

Lesson Plan: Overcoming barriers to starting research

Aim: To help participants identify barriers to engaging in the research process and provide strategies for dealing with those barriers

Objectives: At the end of this session you will be able to:

1. Explain the context of research within the Trust and within the radiography profession as a whole
2. Generate a research idea from a piece of existing work
3. Identify who to contact for further advice and support

Time	Activity	Method & Resources
0:00-0:05	Introduction <ul style="list-style-type: none"> ❖ Circulate sign in sheet. ❖ Ask people to introduce themselves using the icebreaker sentence ❖ Play Lynne Goodacre's video up to 1:09 https://vimeo.com/170615155 . 	Sign-in sheet PowerPoint slide, flipchart, online video
0:05-0:06	❖ An overview of the barriers we'll be covering.	PowerPoint slide
0:06-0:08	❖ Time management .	PowerPoint slide
0:08-0:10	❖ Access to resources.	PowerPoint slide
0:10-0:15	❖ Context – details of professional and organisational context of research activity.	PowerPoint slides
0:15-0:17	❖ Funding.	PowerPoint slide
0:17-0:19	❖ Support.	PowerPoint slide
0:19-0:21	❖ Motivation.	PowerPoint slide
0:21-0:30	❖ Motivational exercise – Participants to choose a card and write down one thing they will do to move their research journey on. They need to address the envelopes to their home address.	Individual exercise, motivational cards
0:30-0:35	❖ Idea generation – example of existing research project devised by Trust healthcare assistant.	PowerPoint slide
0:35-0:40	❖ Idea generation – example of radiographer-specific project from Warrington and Halton Hospitals NHS Foundation Trust http://www.lgpersonaldevelopment.co.uk/2016/04/04/research-does-make-a-difference/ .	Blog post
0:40-0:55	❖ Idea generation exercise – participants to work in small groups to identify an existing piece of work that could turn into a research output.	Group exercise, flipchart

0:55-1:00

❖ Chance for questions, details of future sessions.

Q&A, PowerPoint slide