

**Learner
Support**

Someone to
listen

**support, advice
and guidance**

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guidance

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- Learner Support
- Trust LTFT Champion
 - LTFT.Champion@lthtr.nhs.uk
- Trust suppoRTT Champion
 - suppoRTT@lthtr.nhs.uk

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Meet the Learner Support Team

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Tracey Tootle
Learner Support Administrator



Barbara Crank
Learner Support Manager



Nicola Layton
Learner Support Administrator



What is Learner Support

As part of Lancashire Teaching Hospitals Health Academy the Learner Support Team provide a comprehensive and confidential support service for all our students, trainees and all learners at the Trust. We can offer advice, support and guidance on a wide range of issues such as:

- **Academic/ Health/ Personal/ Conduct/ Placement Issues- to name a few!**
- **Are you finding work/ training difficult due to health, family or personal issues? Please tell us, we can help.**
- **Have you been subject or witnessed bullying, discrimination or harassment? It needs to stop.**
- **Have you been involved in an incident / investigation or complaint?**
- **Are you worried about a colleague and not sure who to contact?**
- **Have you concerns with regards to your current placement, lack of teaching, supervision or rota issues?**
- **Covid related issues**



Support Services available

- 1-1 Counselling
- Mindfulness sessions
- Debrief/incidents
- Self help contacts
- Crisis team intervention
- Occupational health
- Exam support
- Statement writing/Coroners court
- St Helen's processes/ Stage 1 sickness meetings

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Other services we provide

- Open door policy
- Drop in sessions
- Coffee, Cake, Catch up
- Dogs for therapy
- Relax and unwind sessions which include hand massage, cup cake decorating, gym membership, sexual health advice, arrange library/research 1-1's
- Quiet room
- Information, Advice & Guidance

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Quiet room

This is a dedicated space for all learners who may at some point need a private space and some quiet time for reflection during difficult periods.



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Social Media and Professionalism

- Anything you post on social media (e.g. Facebook, Twitter, YouTube, Instagram) can potentially be seen by members of the public
- Even if you have a private account, your friends and family can share or screenshot your posts;
- Be careful about what you post and beware of its impact, in or out of context;
- Do not do anything or make any posts that bring yourself or the profession into disrepute;
- The GMC has some useful guidance about the use of social media as a medical student and a doctor:

http://www.gmc-uk.org/information_for_you/11851.asp



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Student/Trainee

Health concern
Personal issue
Family worries
Academic support
Financial worries
Disability

Placement

Concern with regards to patient wellbeing
Support during an incident/investigation
Have you been subject to or witnessed bullying, discrimination or harassment?
Concerns with regards to your current placement

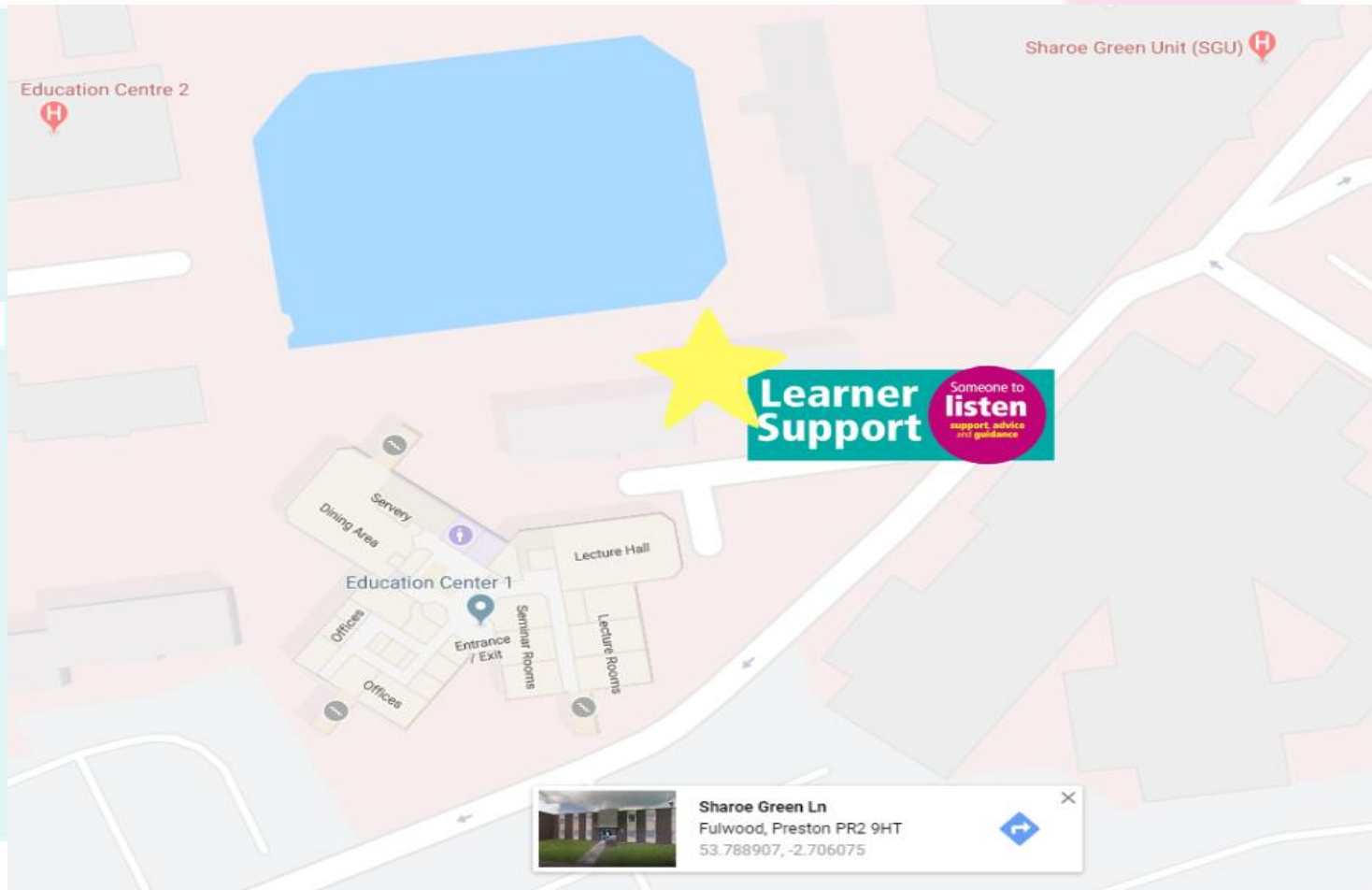
Supervisor/Tutor

Worried about a trainee or student for whatever reason?
Has a trainee, student, supervisor or tutor really impressed you?

Call: (01772) 528444 or (01772) 524924
Email: learner.support@lthtr.nhs.uk



Where we are



How to contact Learner Support

- Email us on learner.support@lthtr.nhs.uk
- Call us on 01772 528444/524924
- Drop into the office - Learner Support, 1st Floor, Health & Wellbeing Centre, Block F, above the Bereavement Suite
- Intranet – main page, right hand side and click on the button (as you can see in the background image of this presentation)

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