

BRINDLE WARD WELCOME PACK FOR STUDENT NURSES

**Gastroenterology
Medical Directorate CDH**

Contact details:

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Placement area overview

We are a busy Gastroenterology ward; we have one permanent gastroenterology consultant – Dr Drake and we have one gastroenterology consultant come alternatively each week from Preston.

The gastroenterology speciality often treats patients being admitted with:

- Liver disease – primarily alcoholic induced liver disease
- Upper gastro-intestinal tract illnesses
- Upper gastro-intestinal bleeds
- Gastric ulcers
- Gastro-oesophageal reflux disease
- Ulcerative colitis
- Crohn's disease

We are a mixed sex, 30 bedded wards - divided into 3 teams. There is usually a co-ordinator on each shift.

We carry out a full handover at the beginning of each shift.

Experience to be gained from this placement area:

- Nursing acutely ill patients – developing knowledge and skills in assessing/planning/implementing/evaluating patients' needs
- Care of the dying
- Working as part of a team
- Liaising with different members of the MDT
- Carrying out physiological observations and monitoring vital signs and escalating any concerns
- Prioritising patient workload – leadership and management
- Nursing documentation using acronym F.O.R.C.E.D and electronic care plans/risk assessments
- Basic nursing care including completion of all online/paper risk assessments/care plans
- Venepuncture and cannulation
- ECG
- Wound care utilising Aseptic non-touch technique
- Medicine management – care of oral medication; IV/SC medication/infusions; insulin and controlled drugs
- Nutritional assessments
- PEG and Naso-gastric tube feeding
- Catheterisation
- Preparation of patients for upper and lower GI investigations including prep for endoscopy procedures
- Pain control management
- Experiencing 24 hour nursing care – night duty
- Monitoring blood glucose levels
- Infectious diseases – barrier nursing
- Utilising syringe drivers, guard rails and alaris pumps

Alternative learning areas:

Brindle ward offer many opportunities to carry out added learning opportunities, for example, following a patient journey throughout the endoscopy unit, experiencing a dietician carrying out a full patient assessment, experiencing a nutritionalist specialist nurse monitoring patients who are being artificially fed, observing a speech and language specialist carrying out their specialised assessments; or observing patients as they go for CT/MRI scans.

N.B.

As a team, we will ensure you are fully supported and supervised where appropriate. If there are any specific skills you would like to acquire we will do our best to facilitate this for you. As a student it is also your responsibility to discuss with your practice assessor/supervisor any specific needs you may have.

Shift times:

Early shift – 07:00 hrs – 15:00 hrs

Late shift – 11:30 hrs – 19:30 hrs

Night shift – 19:00 hrs – 07:30 hrs

Long days – 07:00 – 19:30

Aids available for correct moving and handling:

- Arjo hoist
- Slide sheets
- Pat slide
- Samal Turner

Bleep system:

- Dial 66 and listen for instruction to enter bleep number. This is followed by the extension number you are calling from – located on the phone.
- If paging press * number and listen to instructions.
- If dialling an outside line dial 9 first then input number.
- Emergency Number – 2222 – state whether there is an arrest; fire; or security alert

Ward codes:

- Clean utility – C1378
- Storage room – C2017Z
- Medicine trolleys/nutritional supplements – C1378
- Staff room – C2964X

Opportunities for health promotion/patient education:

- Catheter/continence care
- Dietary education
- Diabetes – self administration of insulin
- Promoting independence

- Exercise
- Enteral feeding regimes
- Smoking cessation – Fit Squad (intranet)
- Asthma/COPD management – use of inhalers/inhaler technique
- Medication compliance

Important reading materials for ongoing learning:

- Health and safety folder – available on ward
- Royal Marsden Manual of Clinical Procedures - library
- NMC Standards for Medicine Management (2007)
- NMC Recording Keeping: Guidance for nurses and midwives (2012)
- Tissue Viability Resource Folder – available on ward (also see Medstrom mattress folder)
- Risk assessment documentation - available on ward
- Infection Control Policy – Trust intranet

Books available to borrow from the library:

- Keshav, S., & Bailey, A. (2013). *The gastrointestinal system at a glance*. (2nd Edition). Wiley-Blackwell: Chichester.
- Cox, C. L. (2012). *Fundamental aspects of gastrointestinal nursing*. Quay Books: London.
- Docherty, C., & McCallum, J. (2009). *Foundation clinical nursing skills*. OUP Oxford: Oxford.
- Sargent, S. (2009). *Liver disease: an essential guide for nurses and health care professionals*. Blackwell Publishing: Oxford.
- Norton, C., Nunwa, A., Taylor, C., Whayman, K., & Williams, J. (2008). *Oxford handbook of gastrointestinal nursing*. OUP Oxford: Oxford.
- Smith, G. D. (2005). *Gastrointestinal nursing*. Blackwell Publishing: Oxford.
- Firth, J.D. (2018). *Medical Masterclass: gastroenterology and hepatology medical masterclass*. (3rd Edition). Royal College of Physicians: London.
- Shakespeare, R., Green, J., & Turner, J. (2017). *Gastrointestinal medicine: eureka*. JP Medical: London.

Journal articles are available from the library – please email:
library.cdh@lthtr.nhs.uk

Ward Practice Education Liaison Nurse:
Claire Hornigold (Ward sister)

Ward sisters:
Claire Hornigold
Emma Greenall
Laura Wilkinson