

MATERNITY B

STUDENT HANDBOOK





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WELCOME TO OUR WARD



We are very happy to welcome you to Maternity B . We hope to make your time here as enjoyable and informative as we possibly can and all our staff are ready and willing to help with anything you may need.

Maternity B is predominantly a postnatal ward and our main job is to look after new parents and their babies before they are discharged to community care. We also care for parents of babies who have had to go to the neonatal unit and the occasional postnatal readmission. There is also a dedicated bay for transitional care babies looked after by a neonatal nurse whilst the parents are cared for by midwives.

The ward consists of 7 four bedded bays and 3 side rooms with ensuites. This means we are able to care for a total of 31 families. We also have a nursery where the neonatal doctors may perform the NIPE (newborn and infant physical exam) check and other procedures.

Maternity B is run by various members of our multidisciplinary team. These include, midwives, maternity support workers, healthcare assistants, nurses, doctors, ward clerks, housekeepers, domestics, kitchen staff, students and many more. Every member of the team is highly valued and are an essential part of helping to keep the ward running effectively.

Depending on your background and stage of the course you are doing will depend on how much responsibility you will be given. No matter whether you are here to simply observe or if you are given a caseload under supervision, we will ensure you receive the support you need and if there is anything you might feel you need extra support with please feel free to ask.

WARD ROUTINE

WHAT WILL HAPPEN DURING YOUR SHIFT

ALTHOUGH EACH DAY WILL BE DIFFERENT THERE ARE VARIOUS TASKS THAT ARE ROUTINE

07:30

Handover from night staff to day staff. This will happen in the staff room for midwives and students while the support staff have a separate handover in the nursery. You will at this point be allocated to a midwife / CLIP team to work with for the day.

09:15

Safety huddle. The midwife in charge will attend the huddle via teams where the whole unit come together to assess unit activity, staffing and other safety concerns such as enhanced support.

11:00

Baby IV antibiotics. The shift leader together with the transitional care nurse will administer any IV antibiotics.

12:15

Meal time. The kitchen staff will bring the food trolley. Through the morning the support staff will take food orders from the patients and then take their food to them individually. If you are free you can assist them with this.

12:30

Late staff arrive. There will be a crossover of staff if some are on lates and earlies rather than long days.

15:30

Early staff leave. There will be a handover at some point from the early to the late staff.

17:15

Meal time. The kitchen staff will bring the food trolley. Through the morning the support staff will take food orders from the patients and then take their food to them individually. If you are free you can assist them with this.

20:00

Handover from day staff to night staff.

THROUGHOUT THE DAY

- **Midwife Mum and baby checks.** A postnatal check will be performed at some point in the day on each Mum and baby.
- **Medications.** There is currently not a specific medicine round on the ward so it is important to keep track of what medications are due and when for your caseload.
- **Observations.** There are two boards next to the midwife station with times of Mum and baby (NOTTs) observations on. It is important to keep up to date with these. Maternity support workers can help with Mums obs and the nursery nurse can help with babies.
- **NIPE checks** (Newborn and Infant Physical Examination). There is a list in the nursery of which babies are due that day. The checks can be performed by the neonatal doctor if high risk and a midwife if low risk.
- **Ward round.** An SHO is allocated to Maternity B on weekdays for the morning. This is to review high risk patients, make plans and transfer to midwifery care (TTMC). They will also order medications to take home (TTOs) via quadramed.
- **Feeding support.** Breast and bottle feeding support. Families and Babies peer support workers can attend the ward to assist with breastfeeding.
- **Discharges.** There are many elements to a discharge and a successful timely discharge depends on support from all members of the multidisciplinary team.



WHEN YOU FIRST ARRIVE ON THE WARD

Buzz to get in through Maternity A and follow the corridor round to Maternity B. You will be shown where to get changed, put your bags and where handover takes place. When handover is over you will be allocated a member of staff and possibly another Student to work with who will orientate you to the ward. They will then discuss the plan and workload for the day.

COMPLETING YOUR STUDENT DOCUMENTATION

Please ensure that you ask the midwife who you are working with to complete any documentation within good time as the ward can get busy very quickly. She will also be happy to allocate some time for you to complete your own documentation.

TASKS YOU MAY PERFORM

Depending on the stage of learning you are at will depend on how much autonomy you will have. However you can expect to be involved in most tasks from the very beginning, whether as an observer or active participant. These tasks will include:

- Postnatal Mum and baby checks. These involve asking various questions and performing assessments.
- Perform and interpret observations.
- Be involved in giving various medications under direct supervision.
- Caring for women post caesarean section. We have elective lists most weekdays and emergencies 24/7. We have guidelines we follow including a strict observation schedule.
- Removing cannula and catheters.
- Providing support and advice to new parents.
- Providing breastfeeding support.
- Providing bottlefeeding support.
- Caring for high risk babies for example premature or suspected sepsis.
- Taking bloods from Mums and babies and interpreting results.
- Performing discharges - giving information, supplying meds and completing paperwork.
- Documenting all actions on Badgernet - our paperless system.
- Working with all members of the multidisciplinary team.
- Assisting with the running of the ward, ie changing beds, helping with dinners, refreshments etc
- Coaching other students.

WHAT TO EXPECT

IMPORTANT ABBREVIATIONS AND ACRONYMS

- **ABX** Antibiotics
- **AF** Artificial feed
- **BM** Blood glucose
- **BP** Blood pressure
- **BMI** Body mass index
- **BPM** Beats per minute
- **BF** Breastfeeding
- **BD** Twice daily
- **D&V** Diarrhoea & vomiting
- **EBL** Estimated blood loss
- **EBM** Expressed breast milk
- **ELCS** Elective caesarean section
- **EMCS** Emergency caesarean section
- **EUA** Examination under anaesthetic
- **ERPC** Evacuation of retained products of conception
- **FBC** Full blood count
- **FGM** Female genital mutilation
- **GBS** Group B strep
- **GDM** Gestational diabetes mellitus
- **GA** General anaesthetic
- **G&S** Group and save
- **HB** Haemoglobin
- **HR** Heart rate
- **HCA** Health care assistant
- **IUGR** Intrauterine growth restriction
- **IVI** Intravenous infusion
- **MSW** Maternity support worker
- **MW** Midwife
- **MEOWS** Modified early obstetric warning system
- **MEC** Meconium
- **MROP** Manual removal of placenta
Massive obstetric haemorrhage
- **MOH** Midstream specimen of urine
- **MSU** of urine

IMPORTANT

ABBREVIATIONS AND ACRONYMS

- **MATY B** Maternity B
- **NAD** No abnormality detected
- **NBM** Nil by mouth
- **NBBS** Newborn blood spot
- **NNU** Neonatal unit
- **NIPE** Newborn Infant physical exam
- **NKDA** No known drug allergies
- **NOTTS** Newborn observation track & trigger
- **OASIS** Obstetric anal sphincter injury
- **OBS** Observations
- **OD** Once daily
- **PCA** Patient controlled analgesia
- **PET** Pre eclampsia
- **PIH** Pregnancy induced hypertension
- **PKU** Phenylketoneuria
- **PN** Postnatal
- **PO** Oral
- **PPH** Postpartum haemorrhage
- **PBC** Preston birth centre
- **PU** Passed urine
- **RDS** Respiratory distress syndrome
- **RH** Rhesus
- **RR** Resp rate
- **SBR** Serum bilirubin
- **SVD** Spontaneous vaginal delivery
- **SGA** Small for gestational age
- **STMW** Student midwife
- **TCI** To come in
- **TC** Transitional care
- **TTO** To take out
- **TEDS** Anti embolic stockings
- **TDS** Three times daily
- **TWOC** Trial without catheter
- **USS** Ultrasound scan
- **UTI** Urinary tract infection
- **U&E** Urea and electrolytes
- **VBAC** Vaginal birth after caesarea
- **VTE** Venous thromboembolism



HELEN ARMSTRONG

WARD MANAGER

Helen's office is located on the ward behind the midwives station. She is available for support at any point if she is free.
helen.armstrong@lthtr.nhs.uk
01772 524337



SARAH DIXON

LEARNING ENVIRONMENT SUPPORT

Sarah is available for support on the ward during your placement. She does the student off duty so please ask if you have any enquiries.
sarah.dixon@lthtr.nhs.uk
01772 524830



MIDWIVES

Midwives will provide support and mentorship when you are on the ward. Generally you and/or your CLIP team will be given a midwife to work with on any given shift.



MSWS/HCAS

MATERNITY SUPPORT WORKERS / HEALTHCARE ASSISTANTS

Our support workers are an integral part of the team. They can often help with tasks such as obs, taking bloods, helping to mobilise post caesarean, feeding assistance, plus many many many more...



NURSERY NURSE

BRENDA

Brenda provides essential support with doing baby observations and care.



OBSTETRIC / NEONATAL DOCTORS

Doctors tend to wear coloured scrubs determining their experience level. For example our SHOs wear a beige colour whereas the consultants wear bright green. However, obstetric doctors tend to wear theatre scrubs which are blue.



HOUSEKEEPER

CARMEL

You will find Carmel on Maternity B or A organising, ordering and ensuring we don't make too much of a mess. We would be lost without her!



WARD CLERKS

BILKEES/JEANETTE

Located at the midwives station these ladies perform all of the wards administrative tasks are performed. They will also answer the phones which can often be a welcome relief.



DOMESTICS

You will find them quietly busy away on the ward ensuring everything is spotless and they are always ready to help clean up any little accidents!

OUR TEAM

Maternity B
Sharoe Green Unit
Royal Preston Hospital
Sharoe Green Lane
Preston
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**WE LOOK FORWARD TO SEEING
YOU SOON**