
Lancashire Teaching Hospitals NHS Foundation Trust

Student Pack

Harwood Hannah (LTHTR)

The Team

Orthoptists

Claire Critchley	Head of Orthoptics and Optometry
Dipa Dave	Deputy Head Orthoptist
Hannah Harwood	Lead Clinical Tutor
Angela Costello	Clinical Lead in ABI/Stroke
Razia Choksi	Clinical Lead in Low Vision
Safiah Casooji	Clinical Lead in Audit and Research
Jillian Will	Orthoptist
Saima Hussain	Orthoptist
Aysha Asif	Orthoptist
Ayesha Motala	Orthoptist
Bridie Bukorovic	Orthoptist
Nabila Shaikh	Orthoptist
Helen McManamon	Orthoptist (non tutor)
Michaela Sherlock	Orthoptist (non tutor)
Aysha Amla	Orthoptist (non tutor)

Optometrist

Akchlass Bazza	Optometrist
Zita Newell	Optometrist

Consultant Ophthalmologists

Mrs S Jain	Neuro-Ophthalmologist, paediatrics and ocular motility
Miss Bansal	Neuro-Ophthalmologist and ocular motility

Mr Chhabra	Paediatrics and ocular motility
Mr V Patel	Oculoplastics
Mr K Taherian	Cataracts
Ms Madgula	Glaucoma
Mr Davies	Vitreoretinal

The Department

The Orthoptic service is based at Royal Preston Hospital. In addition to providing Orthoptic clinics we also provide stroke, specific literacy difficulty and low vision support services. We work alongside Ophthalmologists to deliver paediatric, squint and neuro-ophthalmology clinics.

Clinics usually run from 08.30 until 16.40.

Please arrive at the Orthoptic department on your first day for 09.00.

The Orthoptic department is located on Broughton Suite in Outpatients- Although not located on the hospital map!

Directions:

- Take the first corridor on your left after entering the main entrance (the appointment's desk will be on your left)
- Second corridor on your right- Broughton suite
- Orthoptics is the first door on your right in Broughton suite.

Dress code

If you have a university uniform you will need to wear this for all clinics. Otherwise you are expected to dress in a smart and professional manner. It is trust policy to wear flat black shoes, no ties and to be bare below the elbow during clinics. You must also wear your student ID badge at all times as per hospital policy. Changing facilities and a locker are available.

Sickness/Absence notification

For medical advice contact NHS 111 (life threatening emergency contact 999).

Please contact the department as soon as possible if you are ill or unable to attend placement. The direct contact number for the department is: **01772 522417**

As the telephone is in a clinical area, it may go to answerphone if staff are busy with patients (please leave a message). It is your responsibility to follow the university procedure of informing them of any absence. You may also be given your tutor's personal contact number to contact us if you are late or require assistance.

Facilities

Dining room/eating facilities

The main canteen at RPH is the Charters restaurant where hot and cold food can be purchased for breakfast and lunch. There is a smaller café area in the main entrance which serves Costa Coffee and an M&S Food outlet.

There is a small area where staff can store food in a fridge with access to a kettle for hot drinks. Hot drinks are allowed in clinic but must be kept in a lidded cup. There are multiple water fountains located around the hospital.

Opposite the hospital is a Booths shop and restaurant (selling hot and cold food) which is open 7.00am until 10.00pm. There is also a Subway and Greggs. You can also catch the 23/22 Preston Bus to Asda in Fulwood.

Cash machine

RPH: Located in the main foyer, next to "the stock shop".

CDH: Located by the WRVS café in the main entrance.

Car Parking

Unfortunately staff car parking at RPH is often off-site at either Preston Business centre (PR2 8DY) or Grasshoppers (PR4 0AB). You can catch the 19/19A bus to and from Preston Business centre or the staff shuttle to and from Grasshoppers using your ID badge for free. Please let us know if you require a parking space before your placement so that we can send more information.

Library

You will have access to public Wi-Fi and computers in clinic through which you will be able to access university e-books. You will also be able to use Ophthalmology text books within the department. The trust also has an education centre and library for study.

Clinical supervision

The level of supervision you receive will be dependent on your academic year of study. During first and second year the tutor may observe more closely, however by the end of final year you may be left to assess the patient without direct supervision. The clinic is split in to three clinical bays where the tutor can observe from a far and can hear any discussions. The tutor will always remain in the department whilst you are assessing a patient.

Clinical Portfolio

We will provide a placement portfolio on your first day which will include your timetable and will be used to store your feedback throughout placement. It is your responsibility to bring your portfolio to all clinical sessions so that your tutors can provide the best learning experience.

Some students use electronic portfolios or apps on their phones to record their experiences and reflections. We ask that these are not accessed while you are seeing/observing a patient to maintain professionalism. The trust does not allow photography or recording of a patient without their consent.

Assessment

Written formative assessment will be provided daily (at the end of the morning/afternoon session where possible) to help you monitor your learning and identify areas of improvement. Summative assessments to evaluate your learning will be completed via your mid and end of placement feedback according to the university guidelines. Any feedback will be given to you to store in your placement portfolio.

The Trust has a Clinical Placement Team who can offer additional support to AHP students on placement. They can be contacted on placement.support@lthtr.nhs.uk or telephone number 01772 528111.

Accommodation

Hospital accommodation is located at RPH or at CDH (subject to availability). If you require accommodation please contact Karen Noon or Vicky Wyatt to arrange:

01772 522230

Royal Preston Hospital Accommodation Office: 01772 522452

RPH

The current cost of the accommodation is £461.00 per month. There is no internet access at present, however the trust has public Wi-Fi and the education centre has internet access.

The accommodation is a two bedroom flat with a shared kitchen, bathroom and toilet. The rooms have basic furniture with bedding and towels provided but you may wish to bring your own. The kitchen has a fridge/freezer, cooker, microwave, toaster, kettle, iron/ironing board and cooking utensils. There is no T.V in the lounge.

CDH

The cost is £461.00 per month. There is no internet access at present, however the trust has public Wi-Fi and the education centre has internet access.

The accommodation will be either a 3 bed or a 2 bed roomed house, with separate bedrooms but shared facilities. The houses have basic furniture, with T.V, cooker, microwave, fridge freezer & washer. Bedding is provided but you may wish to bring your own. Basic crockery is provided in the kitchen also iron and ironing board.

Hotels

The following Hotels are located in central Preston or near RPH:

- 1) Legacy Preston International Hotel, Marsh Lane, Preston.
Tel: 0844 4119028
- 2) Premier Inn, Preston.
Tel: 0871 5278908
- 3) Holiday Inn, Preston.
Tel: 01772 567000
- 4) Whitburn House Hotel, Garstang Road, Preston.
Tel: 01772 717973

- 5) Ibis Preston North, Garstang Road, Preston.
Tel: 01772 861800

In order to gain a wider experience you may be asked to travel to any of the following sites on placement:

Hospital sites:

Royal Preston Hospital (RPH)



Royal Preston Hospital, Sharoe Green Lane, Fulwood, Preston, PR2 9HT

Parking:

Available off site at Preston Business centre or Grasshoppers. Shuttle service available to and from car park.

Bus:

- From Bus station: 19, 19A (Preston Bus)
<http://www.prestonbus.co.uk/cmsUploads/route/files/TT19Sept2016WEB.pdf>
- From train station: 22/23 (Preston Bus)- From the Friargate stop
<http://www.prestonbus.co.uk/cmsUploads/route/files/TT23Sept2016WEB.pdf>

<https://goo.gl/maps/3bHGfKYFuYR2>

Chorley and South Ribble District Hospital (CDH)



Chorley Hospital, Preston Road, Chorley, PR7 1PP

Parking:

Available onsite

Bus:

- Staff shuttle bus available from RPH (shuttle timetable:
<http://www.lancsteachinghospitals.nhs.uk/download/doc/docm93ijjm4n1484.pdf?amp;ver=2801>)
- From Preston bus station: 125 bus to Bolton (Stagecoach). Stops at Preston Road, behind CDH.

<https://goo.gl/maps/1AUtZxk5goK2>

For more information about transport and access to both hospital sites, please visit the trust website:

<http://www.lancsteachinghospitals.nhs.uk/transport>

Community clinics:

St Mary's Health Centre



St Mary's Health Centre, Cop Lane, Penwortham, Preston, PR1 0SR

Parking:

Available onsite (some available spaces reserved for health centre staff in neighbouring St Mary's church)

Bus:

- 3 to Penwortham (Stagecoach)

<https://goo.gl/maps/pyVJp3mb9UB2>

Chorley Health Centre



Chorley Health Centre, Collison Avenue, Chorley, PR7 2TH

Parking:

Not always available onsite (option of the use of town centre parking)

Walk:

- 7 min from Chorley bus station (125 Stagecoach Preston-Chorley)
- 10 min from Chorley train station

<https://goo.gl/maps/XfdEjZWcvAB2>

Things to do in Preston

Preston city centre has the majority of shops found in any high-street (and has good access to Manchester and Liverpool for keen shoppers). The Harris museum and library in the city centre often have various exhibits on. For nature lovers you will find Avenham Park a welcome retreat in the city centre and a walk up Beacon Fell will provide fantastic panoramic views. We are well located in Lancashire and a 50 minute drive will take you to England's largest national park, the Lake District.

Places to eat:

City centre

-Restaurants such as Pizza express, Nandos (Halal in town centre), East Z East (Indian-halal) and Turtle Bay

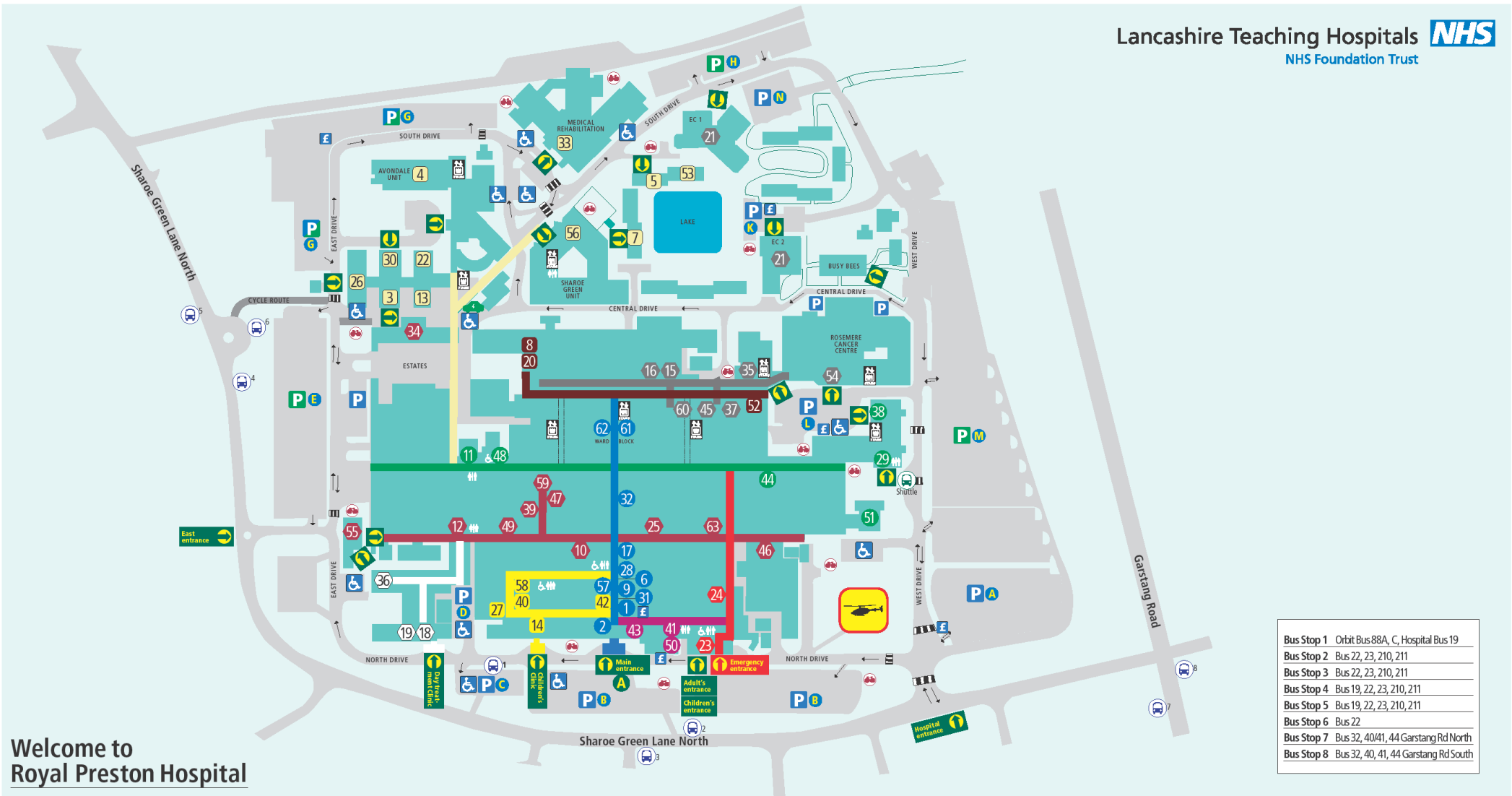
-Independents such as Olive Tree Brasserie (Mediterranean/Greek), Coco's Soul Food (Caribbean-Halal), The Café Bar (Tapas/Mediterranean) and Jaffa (Middle Eastern-Halal).

In Preston

-RK Sweets- Indian Vegetarian (can catch the 22/23)

-Marco and Carl- Burgers/Pizzas (Halal. Can catch the 19)

-The Italian Orchard- Italian (more pricey)



Welcome to Royal Preston Hospital

HOW TO USE THIS MAP

To find your destination look at the A-Z index here and find your number on the map above. The colour symbols reflect the colour of the corridor your department is situated.

Most departments are on the ground floor except the following: The Ward block levels are accessed at the end of Blue Street by lift and stairs. Grey Street is the lower ground level.

Key to symbols



Excellent care with compassion

1 ADMISSIONS DESK	15 CRITICAL CARE	27 EYE ASSESSMENT UNIT	37 NUCLEAR MEDICINE	49 PRE-OP ASSESSMENT	63 XRAY DEPARTMENT INTERVENTIONAL UNIT
2 APPOINTMENTS	16 C. T. SCANNER	28 GENERAL OFFICE	38 OCCUPATIONAL HEALTH	50 PRIMARY CARE CENTRE	
3 AUDIOLOGY	17 DAY CASE UNIT	29 GORDON HESLING BLOCK	39 OCCUPATIONAL THERAPY	51 PUBLIC HEALTH	
4 AVONDALE UNIT	18 DAY TREATMENT CENTRE	30 GUM (GENITO URINARY MEDICINE)	40 ORAL – MAXILLOFACIAL SURGERY	52 RENAL UNIT DIALYSIS	
5 BEREAVEMENT CENTRE	19 DISCHARGE LOUNGE	31 INFORMATION	41 ORTHOPAEDIC & FRACTURE CLINIC	53 RESEARCH CENTRE	
6 BLOOD TEST	20 DRESSINGS CLINIC	32 MEDICAL ILLUSTRATION	42 OUTPATIENTS	54 ROSEMERE CANCER CENTRE	
7 BOWLAND HOUSE HOTEL	21 EDUCATION CENTRE 1&2 HEALTH ACADEMY	33 MEDICAL REHABILITATION UNIT	43 PALS	55 SAFE CENTRE	
8 BURNS / PLASTIC SURGERY	22 EEG	BARTON WARD	44 PATHOLOGY	56 SHAROE GREEN UNIT	
9 CAFE MAISON	23 EMERGENCY DEPARTMENT	BLEASDALE NRU	45 PET/CT CENTRE	57 SHOPS	
10 CARDIO RESPIRATORY	24 EMERGENCY DECISIONS UNIT	BROCK ASSESSMENT CENTRE	46 PHARMACY	58 SPECIALIST CARE DENTISTRY	
11 CHAPLAINCY CENTRE	25 ENDOSCOPY	FELL VIEW/ NRU	47 PHYSIOTHERAPY	59 SPEECH THERAPY	
12 CHARTERS RESTAURANT	26 ENT SUITE (EAR, NOSE, THROAT)	34 MORTUARY	48 PRAYER ROOM/CHAPEL	60 THEATRES RECEPTION	
13 CHEST CLINIC		35 MRI SCANNER		61 VASCULAR ASSESSMENT	
14 CHILDRENS CLINIC		36 NEURO PHYSIOLOGY		62 WARD BLOCK	

Bus Stop 1	Orbit Bus 88A, C, Hospital Bus 19
Bus Stop 2	Bus 22, 23, 210, 211
Bus Stop 3	Bus 22, 23, 210, 211
Bus Stop 4	Bus 19, 22, 23, 210, 211
Bus Stop 5	Bus 19, 22, 23, 210, 211
Bus Stop 6	Bus 22
Bus Stop 7	Bus 32, 40/41, 44 Garstang Rd North
Bus Stop 8	Bus 32, 40, 41, 44 Garstang Rd South

Get this map on your
smartphone, scan here.

