Library Guide

Library · The Health Academy

NHS Lancashire Teaching Hospitals NHS Foundation Trust

BMJ Best Practice

What is BMJ Best Practice?

BMJ Best Practice is a clinical decision support tool uniquely structured around the patient consultation. It provides step-by-step guidance on symptom evaluation, treatment, follow-up and prevention. It takes you quickly and accurately to the latest evidence based information, whenever and wherever you need it.

Use BMJ Best Practice to:

- Search thousands of **clinical topics** and over 6,000 clinical guidelines

- Find answers fast using layout that mirrors the **patient consultation**

- Access the latest evidence anywhere via the **BMJ Best Practice app**

- Get step-by-step guidance via unique **treatment algorithm** tables

- Check **prescription guidance** using drug databases and over 250 **medical calculators**

- Stay current with **Important Updates** highlighted within each topic

- Download information **leaflets for your patients**

- Ensure your ongoing professional development, with automatic **CME/CPD tracking**

Fast access to clinical answers. Anywhere.

Logging on to BMJ Best Practice

1) To access **BMJ Best Practice** go to the following website:

https://bestpractice.bmj.com/nhsinengland

2) Sign in with your **OpenAthens** username and password. No Athens? Register on a Trust computer by completing a short form:
https://openathens.nice.org.uk/

3) Once you have logged in you will be prompted to **create a FREE personal account**, which is required for accessing the **BMJ Best Practice App** (see page 3) and to gain **CME/CPD certificates** for your time spent on BMJ Best Practice. Create your account.

NHS

Sign in with an OpenAthens account

Username

Email address or username

Password

Password

Sign in

Problems signing in?

By using this site you agree to us setting cookies. Please see our privacy and cookie information.

Powered by OpenAthens

Enter your details below to set up your BMJ personal account.

This will enable you to access BMJ Best Practice directly and to download our award winning app for free.

Email address

Password

Repeat Password

By registering, you are agreeing to BMJ's terms and conditions and its privacy policy.

Tick to receive information and special offers about BMJ's products and services. BMJ will mainly contact you by email but occasionally by post, telephone, or SMS.

CREATE ACCOUNT

Use these personal account details to:

- Log in and access BMJ Best Practice directly
- Download the award winning app for free
- Log CME/CPD credits for time spent on BMJ Best Practice

Excellence in Education

Browsing the BMJ Best Practice Homepage

From the **homepage** you can find information quickly and easily by entering your **keywords** into the main search box, or use the blue **browse bar** which highlights the wealth of information available to you.
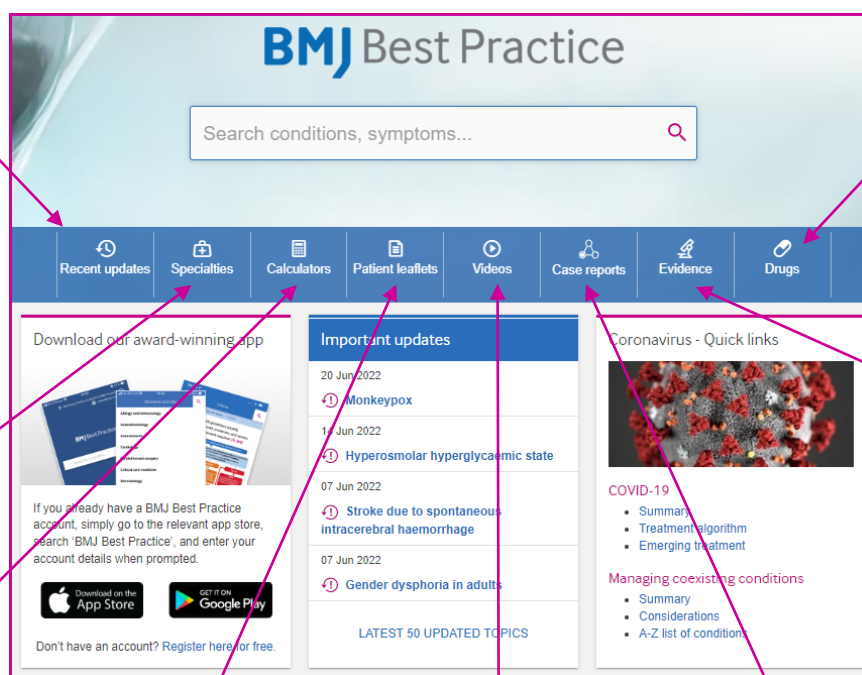
BMJ Best Practice is updated daily and **recent updates** on all topics can be found here.

Search for **drug** information via the BNF

BMJ Best Practice

Search conditions, symptoms...

Recent updates | Specialties | Calculators | Patient leaflets | Videos | Case reports | Evidence | Drugs

If you are interested in a specific **speciality** you can browse content from 32 specialist areas.

Download our award-winning app

If you already have a BMJ Best Practice account, simply go to the relevant app store, search 'BMJ Best Practice', and enter your account details when prompted.

Download on the App Store | GET IT ON Google Play

Don't have an account? Register here for free.

Important updates

20 Jun 2022
Monkeypox

14 Jun 2022
Hyperosmolar hyperglycaemic state

07 Jun 2022
Stroke due to spontaneous intracerebral haemorrhage

07 Jun 2022
Gender dysphoria in adults

LATEST 50 UPDATED TOPICS

Coronavirus - Quick links

COVID-19
- Summary
- Treatment algorithm
- Emerging treatment

Managing coexisting conditions
- Summary
- Considerations
- A-Z list of conditions

BMJ Best practice is rigorously **evidence-based**, supported by over 6,500 practice guidelines & more than 65,000 references.

BMJ Best Practice contains over 250 interactive evidence-based **calculators.**

Browse calculators A-Z or by specialty.

There are nearly 400 evidence-based **patient leaflets** available to support shared decision making.

Short **videos** show how to perform common practical procedures.

Search or browse **case reports** on rare diseases and unusual presentation of more common diseases.
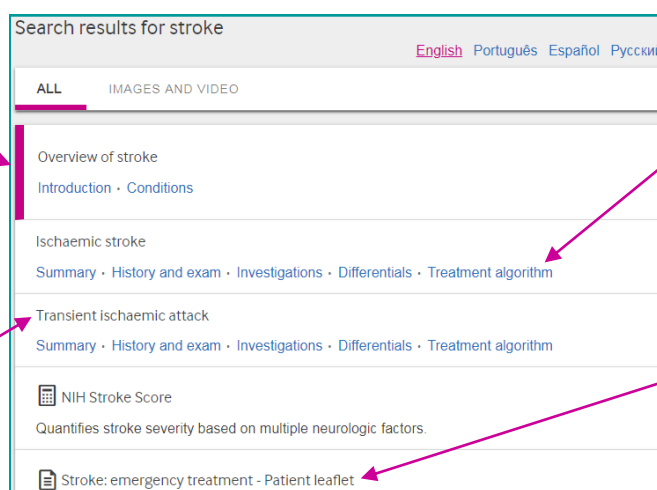
Searching BMJ Best Practice

Searching BMJ Best Practice is focused around **conditions** but you can also search by **symptoms** or **drugs**.

As soon as you start to type, **relevant conditions are suggested** which will take you quickly to the information you need. Or click on the **search icon** to take you directly to the **full results**.

BMJ Best Practice

stroke

Suggested topics:

Stroke (overview)

Stroke, haemorrhagic

Stroke, ischaemic
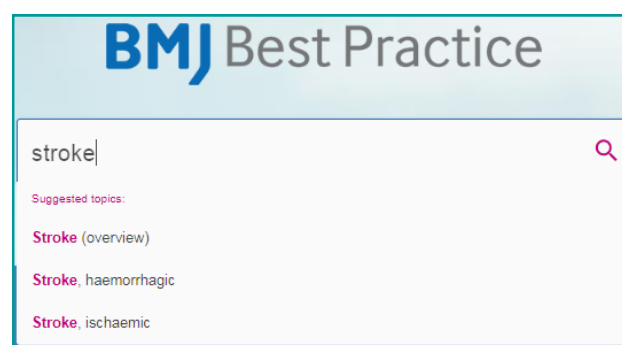
Search results are clearly displayed in **order of relevance**, with conditions listed first.

Separate links jump directly to **sections of interest**, e.g. *Treatment algorithm*

Search results for stroke

English Português Español Русский

ALL   IMAGES AND VIDEO

Overview of stroke
Introduction · Conditions

Ischaemic stroke
Summary · History and exam · Investigations · Differentials · Treatment algorithm

Transient ischaemic attack
Summary · History and exam · Investigations · Differentials · Treatment algorithm

NIH Stroke Score
Quantifies stroke severity based on multiple neurologic factors.

Stroke: emergency treatment - Patient leaflet

Click on the **title** to go straight to the condition.

As well as conditions you will also find links to relevant **calculators**, **patient information leaflets**, and more.

Viewing a BMJ Best Practice Condition

Information in BMJ Best Practice is uniquely structured with a navigation bar that follows the **path of a patient consultation**, including diagnosis, management and follow-up.

Last reviewed is displayed on each topic so that you can be confident that you have the **very latest information.**

The **summary page** provides an overview of **key information** on the topic.

Ischaemic stroke   View PDF

OVERVIEW	THEORY	DIAGNOSIS	MANAGEMENT	FOLLOW UP	RESOURCES
Summary	Epidemiology	Recommendations	Recommendations	Monitoring	Guidelines
	Aetiology	History and exam	Treatment algorithm	Complications	Images and videos
	Case history	Investigations	Emerging	Prognosis	References
		Differentials	Prevention		Patient leaflets
			Patient discussions		Calculators
					Evidence

Last reviewed: 27 May 2022   Last updated: 11 Mar 2022

Summary

Ischaemic stroke is a leading cause of morbidity and mortality. If you suspect stroke, work rapidly through the initial assessment and aim for quick access to CT scan. Early initiation of thrombolysis (i.e., within 4.5 hours from onset of symptoms, if not contraindicated) is associated with improved functional outcomes.

Use a validated tool to aid recognition: use ROSIER (Recognition of Stroke in the Emergency Room) in the emergency department; use FAST (Face Arm Speech Test) in the community.

Manage any airway, breathing, and circulatory insufficiencies requiring urgent treatment.

Admit everyone with suspected stroke directly to a hyperacute or acute stroke unit within 4 hours of presentation.

Request an immediate (i.e., ideally in the next available time slot and definitely within 1 hour of

You can download the whole condition as a **PDF document**.

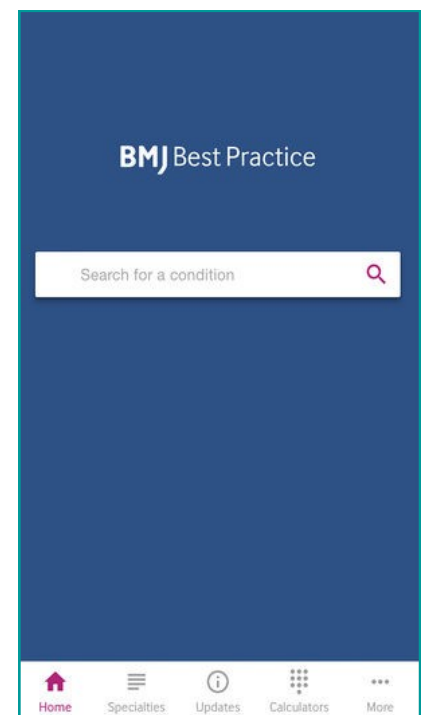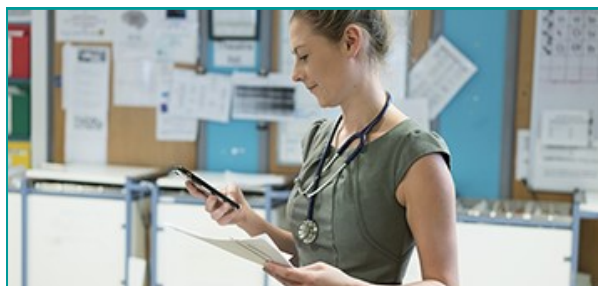Use **patient information leaflets** to explain the condition to the patient.

Topics are broken down into **clear sections** so you can jump quickly to the info you need.

Each topic will have relevant **images**

Download the BMJ Best Practice App in 3 Simple steps

Follow these 3 quick steps

1. First, create your BMJ Best Practice personal account.

2. Visit your Apple or Google play store and search for 'BMJ Best Practice' to download.

3. Use your BMJ Best Practice 'personal account' details to sign in and download the content.

Available on the App Store

Get it on Google play

BMJ Best Practice

Search for a condition

Home   Specialties   Updates   Calculators   More

CME/CPD Tracking - All your activity will be automatically saved. Just log in to your account on the BMJ Best Practice Website to download your CME/CPD certificates.

If you would like further training please contact the Library - Tel: 01772 524763   E: library@lthtr.nhs.uk

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