





Radiotherapy Learner Placement Booklet



Rosemere Cancer Centre, Royal Preston Hospital







Welcome to Lancashire Teaching Hospitals NHS Foundation Trust.

We hope that you enjoy your time on placement with us at Lancashire Teaching Hospitals NHS Foundation Trust. Lancashire Teaching Hospitals NHS Foundation Trust was formed on 1st. April 2005. The predecessor Trust (Lancashire Teaching Hospitals NHS Trust) had been formed in 2002 following the merger of Chorley and South Ribble NHS Trust and Preston Acute Hospitals NHS Trust.

The Trust was the first in the County to be awarded "Teaching Hospital" status. It provides a range of Hospital based health services for adults and children and covers a range of specialities. These include cancer services such as radiotherapy, drug therapies and surgery, disablement services such as artificial limbs and wheelchair provision. Other specialities include vascular, major trauma, renal, neurosurgery and neurology including brain surgery and nervous system diseases.

We welcome you to Rosemere Cancer Centre, part of the Lancashire Teaching Hospital NHS Foundation Trust. This is where you will be spending the majority of your clinical training for the duration of your Radiotherapy programme with University of Liverpool.

From the moment you commence you clinical training with us, you will be considered a valuable member of our Trust, our community and our profession. Equally, we endeavour that you will represent our Trust in a positive light as you evolve into caring, compassionate and highly-skilled healthcare professional through your training with us.

This pack has been put together to help provide you with a rewarding and productive clinical learning experience from your placements. It should offer you all the useful information you will need to know to prepare you for what's ahead and hopefully answer some of those pertinent questions you. You are encouraged; to fully integrate with each team you spend time with and actively engage in the learning opportunities provided.







Trust Vision & Values

The Trusts mission is to provide excellent care with compassion.

We have three equally important strategic aims – to provide outstanding healthcare to our local communities, to offer a range of high quality specialised services to patients in Lancashire and South Cumbria, and to drive innovation through world-class education, training and research.

We are constantly striving to improve, and working towards becoming an outstanding, high performing organisation.

Our values define who we are and how we behave.

Caring and Compassionate - We treat everyone with dignity and respect, doing everything we can to show we care.

Recognising individuality - We respect, value and respond to every person's individual needs.

Seeking to involve - We will always involve you in making decisions about your care and treatment, and are always open and honest.

Team working - We work together as one team, and involve patients, families, and other services, to provide the best care possible.

Taking personal responsibility - We each take personal responsibility to give the highest standards of care and deliver a service we can always be proud of.

















The Radiotherapy Department

Rosemere Cancer Centre is one of the leading Oncology Centres in the Northwest of England, serving a population of 1.5 million people, spanning from South Lancashire, Cumbria, East Lancashire and the Fylde coast.

RCC is based at Royal Preston Hospital - forming an integral part of Lancashire Teaching Hospitals NHS foundation Trust - which includes Chorley & South Ribble District Hospital (CDH). It was the first Trust to receive a Teaching Hospital accolade in 2005.

At RCC, we pride ourselves on continually enhancing our workforce and our reputation through education, research and innovation in order to provide pioneering Radiotherapy treatment using world-renowned state-of-the-art equipment to constantly improve outcomes for our cancer patients.

Further, we celebrate in the achievements of our Radiotherapy learners. Not only have our Radiotherapy students successfully qualified to become reputable radiographers, but many have stayed on at Rosemere and progressed to become Advanced Clinical Practitioners, including the first Consultant Macmillan Practitioner in the UK.

At Rosemere, we currently have:

- 8 Elekta Agility linear accelerators with advanced imaging software for routine Image-Guided Radiotherapy,
- One linac has Hexapod capabilities.
- A superficial x-ray unit.
- Our treatment modalities are photons, electrons and KV.
- 2 Philips wide-bore CT-Simulators
- An extensive treatment planning department with sophisticated 3D and 4D computer planning systems.

We also have a purpose-built Virtual Environment for staff and student education.

Please refer to Appendix 1 for a layout of the department.







How to get there

By car:

Junction 32 of the M6.

Turn left off the slip-road onto the A6 Garstang Road, heading towards Preston. At the second major set of traffic lights turn left into Sharoe Green Lane. The main entrance to Royal Preston Hospital is 200 yards on the right.

Alternatively, input PR2 9HT into your SatNav.

By bus:

From Preston Bus Station in the city centre, you can take buses 19A/22/23 which come regularly throughout the day and stop on either in main road outside the hospital, or on the main grounds.

Please go to https://www.lancashire.gov.uk/search/?q=bus+timetable for an up-to-date bus timetable and travel route.

The bus service from Preston City Centre to the hospital is **FREE** to all NHS healthcare professionals; just show your ID badge to the driver on each journey.

Please refer to Appendix 2 for the map of the hospital. RCC is situated on location 54 on the map. If you are coming from the Main entrance of the hospital, the Radiotherapy department is on the lower ground level.

Car parking

Unfortunately, there is no on-site parking available for students or the majority of the staff.

However, you can apply to park at either the **Preston Business Centre** (PR2 8DY) or **Preston Grasshoppers Rugby Football Club** Car Park (PR4 0AP).

PBC is approximately 1km away and Grasshoppers is 1.5km away. There is a regular free shuttle bus service available from Preston Grasshoppers. Please refer to Appendix 3 for the bus timetable.

If you wish to park in either carpark, you are required to submit an application at the beginning of <u>each</u> placement block. Please refer to Appendix 4 for the application form and costings.







Alternatively, you may wish to seek parking in the surrounding residential area. Please note that this would be at your own risk as staff have been known to have their car scratched.

Food & dining facilities

- WRVS in the Radiotherapy department serves hot and cold drinks, soup, sandwiches and snacks (9am 6pm).
- Charter's restaurant on Ground Floor serves a variety of hot meal options (8am – 7pm).
- Café Preston at the main entrance serves similar food to Charter's restaurant as well as Costa beverages, sandwiches and cakes (8.30am 6.30pm)
- Marks & Spencer mini food hall at main entrance fresh salads, sandwiches and a range of snacks

There is also a choice of shops across the road from the Main Entrance of the Hospital. However, you are required to be out of uniform to leave the hospital grounds as per the Trust dress code.

- Booths food hall and café
- Greggs
- Subways
- Costa (a 5 min walk away, opposite the Black Bull Pub on Garstang Rd).

You must refer to our Trust Dress Code policy for the rules and regulations on hair, nails, jewellery and footwear. Failing to comply with these rules could mean you are prohibited from attending placement with us. Please visit our Intranet to see our Dree Code Policy.

You will be having a Simulation week at the university, to help prepare you for your first clinical placement in a typical radiotherapy department.







Day 1 of your clinical placement

On the 1st day of placement, please arrive into our Radiotherapy Department at the Rosemere Cancer Centre at **9am**. Let the Receptionist know you are here to meet your Radiotherapy Clinical Tutor.

We would recommend that you have a good night's sleep beforehand and eaten some breakfast, as it will be a busy morning. You may wish to do a dummy run of the travel to the hospital if you are concerned about traffic and travel route.

What you need to bring with you on Day 1:

- Uniform: Please <u>do not</u> attend in your uniform, instead bring one set of uniform with you, making sure it has been ironed. All other items in the dress code policy must be adhered to*
- A smallish bag which would fit into a small locker.
- Stationary: A 15cm metallic ruler, a black biro, a small notebook which can fit into your trouser pocket.
- Your lpad from UoL (fully charged) with the LIFTUPP app on.
- A padlock or a £1 coin for the use of lockers (optional)

*a smart professional appearance must be maintained when attending for your placement, irrespective of whether you are in uniform or not.

8.2 What we will provide on Day 1:

- A Trust ID badge which will enable access to Rosemere Education room and the changing rooms. It will also enable access to trust printers.
- A name badge. Please let us know in advance if your preferred name is different from the name we have been given.
- A radiation dosimetry monitor badge. You will be instructed on how, where and
 when to wear your radiation badge and how to look after it. Your radiation badge
 must be returned to us at the end of the placement block, or replaced on the
 expiry date (whichever comes first) and there will be a cost incurred for any
 missing radiation badges.
- A skin marker this is subject to possible infection control policy change post COVID-19.







Trust IT access – this will enable you to log into the Trust PCs, giving you access
to the intranet/internet/Outlook. You will need this in order to complete some elearning modules and to access our policies and procedures.

Induction

The Local Induction process will take place throughout the first two weeks of your placement.

This will comprise of:

- Trust and department orientation, including housekeeping information
- Location of emergency equipment
- IT access
- Reading & Acknowledgement of mandatory Trust policies such as Health & safety, Fire Safety, Infection Control, ID, Information Governance, Staff Code of Conduct, Social Networking and Dress Code policies.
- Reading & Acknowledgement the local rules specific to working in the Radiotherapy Department such as Radiation Safety and IR(M)ER policies.
- Adult Basic Life Support training.
- Trust Moving & Handling Training.
- COVID-related policies & procedures.
- LIFTUPP set-up.

Attendance

The university programme requires a minimum of **90%** clinical attendance per academic year in order to progress. If your attendance falls before this threshold you will be required to make up this clinical time at a time to suit both you <u>and</u> the radiotherapy department.

Shift working

To allow you the opportunity to assimilate yourself with travel to the hospital, the clinical environment and working practices, we are not expecting you to work any shifts for your first week of placement. Instead, please attend at **9am** each morning and finish at **5.30pm**.

From Week 2, your clinical tutor has assigned you shifts in order to fit around the service and to minimise of the number of students in the clinical area at any one time.







Shifts:

Early shift is 8am - 4.30pm with a 1 hour lunch*.

Late shift is 10.30am – 7pm* with a 1 hour lunch.

*You may choose to have a 30-minute lunch and end your shift 30 minutes earlier, at the discretion of your team leader or mentor.

Additional break: You are allowed a 20 minute break either in the morning (around 10.30am) or in the afternoon (around 3.30pm). Please do not go on a break at the same time as another student on your machine.

You must arrive for your shift in a timely manner and inform your team member(s) when you are going for a break.

You must record your start-of-shift and end-of-shift on an attendance form daily, which must be signed by a qualified member of the radiotherapy team, and hand it in to your clinical tutor at the end of the week. Please refer to Appendix 5 for the form. You will also be able to access this electronically.

Study Leave

You are entitled to <u>one study day per week</u>. This will be assigned by your clinical tutor and is likely to vary from week to week, taking into consideration the number of students per clinical area, and any treatment machines being serviced.

Absences

Should you be absent from placement, you must inform your Student Experience Coordinator <u>no later than 9.30am</u> on the morning of absence. This could be by phone call, SMS or e-mail.

You must also inform your Clinical Tutor of your absence by 9.30am on the morning of absence. This needs to be by phone call. If there is no answer, you must leave an answer message which will be picked up by the Education Team. Along with this you will need to email Learner. Absences@LTHTR.nhs.uk to inform the trust of your absence. You must also let your clinical area know of your absence.







LIFTUPP

As you are aware, you will be continually assessed using the LIFTUPP app for the duration of your clinical placements. When you arrive for your first placement, your clinical tutor will work with you to ensure everything is set up for use.

You will be assigned a mentor from your Radiotherapy team who will complete the scoring at the end of the week. This will be checked by your clinical tutor on the following Monday morning (at the latest), to make sure the feedback is relevant, appropriate, constructive and reflective of your placement, as well as addressing anything which needs attention.

Please note that LIFTUPP is a student-led operation, which means that your mentor may rely on you to navigate the app.

It is your responsibility to keep the ipads in a safe and secure place, and fully charged for use. Any lost ipads must be reported immediately to your clinical tutor and the university.

Your placement Rotation

The clinical Tutor will email you your placement rota approximately 2 weeks before the start of each placement block. She will take into consideration previous rotations; specialist rotations; action plans from previous placements; the number of learners in the department; the duration of placement required and linac services. As staff regularly rotate around the department you will experience working with the majority staff throughout your training.

If your clinical tutor has allocated your placement in Carlisle, you will be given at least one terms advance notice, where possible.

Spoke placement

As part of the course, there is an expectation for you to attend other Radiotherapy Centres which are affiliated to University of Liverpool programme.

This will include at The Northern Centre for Cancer Care in North Cumbria (NCCC-NC), Ninewells Hospital in Dundee, and the private Genesis Centre in the Midlands.

This will provide a great opportunity for you to experience – and critically evaluate - different techniques, regimes and equipment, enabling you to acquire further skills and knowledge of differing working practices. The rotation weeks will be assigned by the university in collaboration with the clinical sites.







What we expect from you

- We expect you to arrive on time for planned shifts and any other activities identified by the Mentor/Educator or team.
- We expect you to ensure your Mentor/Educator is aware of your learning outcomes for the placement and to inform them of any specific learning needs.
- We expect you to act in a professional manner at all times.
- We expect you to dress in accordance with your University uniform policy, and also in accordance with the Trust uniform policy, which overrides the University policy.
- As well as informing University you should inform your Mentor/Educator or delegated person if you are unwell and not able to attend your placement.
- We expect you to maintain and respect confidentiality at all times. This applies to clients, their records and discussions between the student and the Mentor/Educator.
- Respect the practice environment, practitioners you are working with, and ultimately
 the clients in your care, by NOT texting, making phone calls or using any of the
 facilities available on your phone in the presence of patients/clients or their families.
 - Good practice would be to switch off your mobile phone as you arrive in practice settings to avoid temptation.
- You should always adhere to any NHS Trust policies with regard to personal mobile phone use.

What you can expect from us

- We would like you to raise any issues regarding your placement with your Mentor, clinical tutors or your Link Tutor from the university. If this is not possible you should contact your Learning Environment Manager or a member of the Placement Support Team within the Trust.
- You will receive a local induction into your placement area to ensure you are familiar with the environment and are able to practice safely.
- You will be given an opportunity to discuss your learning needs and outcomes at the beginning of the placement.







- We will provide a safe and healthy environment, conducive to meeting your identified individual student learning needs.
- During your placement you will be allocated a Mentor/Educator to work alongside.
 However, as you become more familiar with staff you will be expected to find a mentor yourself.
- The Mentor/Educator will be a qualified practitioner who will assist and support you during your clinical work.
- Your Mentor/Educator will assess your performance against your course learning outcomes, and provide feedback to help you develop your skills, using LIFTUPP as a tool.
- You will be a valued member of the Multidisciplinary Team during your placement, and can expect respect, support, learning opportunities and encouragement from the radiotherapy teams.
- We will listen to your feedback about your placement and will respond to any issues raised sensitively.

Learner Support & Wellbeing

The mental wellbeing of our students is of paramount importance. We hope you will feel supported by the following key people:

- Clinical Tutor Your Clinical Tutor's door is always open to listen and to support and should be regarded as your first port of call.
- Mentor you may have a practical issue which your mentor could address
- Education Principal
- Staff Educator
- Link Tutor from UoL who will visit you as a group at least once during each clinical placement block to address any placement or university matters
- Your academic advisor you could arrange a meeting at the hospital/MS Teams which will be arranged via the clinical tutor
- Trust Clinical Placement Support Team ext 8111 <u>placement.support@lthtr.nhs.uk</u>

There is also a comprehensive confidential service within the Trust to support learners through matters which are physical, mental, emotional, health-related, clinical education related, academic, and conduct or just for a chat. Their details are on the intranet homepage or email learner.support@lthtr.nhs.uk







Staff Benefits:

As you fall under the umbrella NHS healthcare workers, you are entitled to the benefits offered to NHS staff. You will find details of this on the intranet https://lthtr.nhsbenefits.net/staff-discounts/

Final note...

Just a few comments/advice from previous students at Rosemere to set you on your way!

'This is a lovely place to be a student; staff are always helpful so if you are ever stuck just ask! Don't rush anything, it will all make sense eventually.'

3rd Year Radiotherapy student 2020

"Rosemere is a lovely, friendly centre to learn and gain clinical experience, with all staff willing to help and make you feel part of the team from day 1. I'd recommend throwing yourself into things, as staff are always there to observe you and offer advice and make use of the other students you work with on the linacs, as it is often beneficial to learn from them and get tips. Also make use of MDT sessions, they're very valuable and informative"

3rd Year Radiotherapy Student 2020

We are Rosemere are really excited for you to start your clinical training with us on your journey to become Therapeutic Radiographers.

We look forward to meeting you very soon!







Appendix 1 – MAP OF DEPARTMENT 7∰

Controlled areas are marked in Red, supervised areas are in yellow.

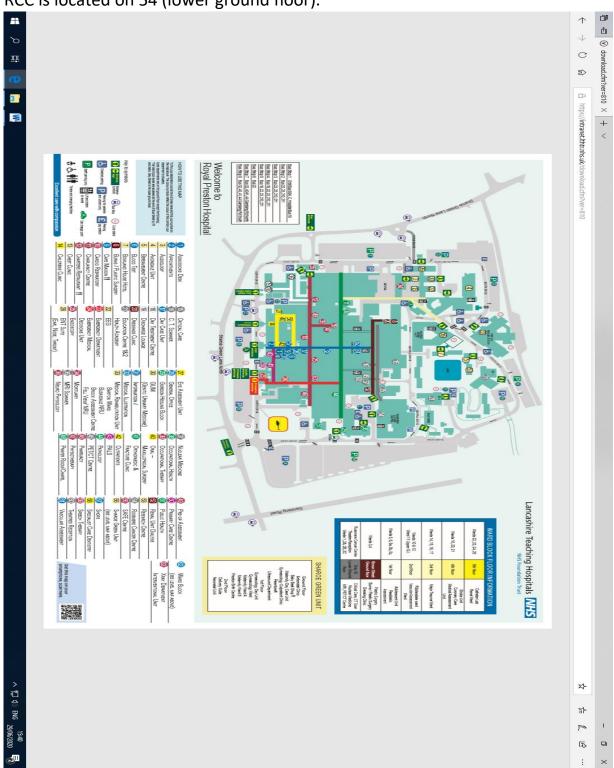






Appendix 2 – Map of RPH

RCC is located on 54 (lower ground floor).









APPENDIX 3 – Grasshoppers Shuttle Bus timetable PRESTON GRASSHOPPERS SITE

PARK AND RIDE SCHEME

The Preston Grasshoppers park and ride scheme operates to and from the Grasshoppers car park and Royal Preston Hospital using a fleet of mini-buses. The location is near junction 32 off the M6 on Lightfoot Lane, Preston. The journey time is approximately 8 minutes and vehicles operate between Monday to Friday 7.00a.m. to 9.30a.m. and 4.00pm to 7.00pm at a frequency of 10 minutes. The drop-off and collection point at the RPH is at the turning circle opposite St Clare's Church, Fulwood which avoids the vehicles becoming gridlocked in the site congestion at busy periods.

If staff need to access their vehicle during the day or outside normal working hours, there is a separate free staff transfer service operated by the Trust and this can be accessed by contacting extension 8282 option 5. Staff who are found to be regularly requesting transfers outside of the scheduled timetable will be transferred to Preston Business Centre where public transport operates a regular service throughout the day and is free to staff between RPH and PBC.

If staff are asked to work later, i.e. after 7pm, then arrangements can be made for alternative transport by contacting extension 3166. The use of this service will be monitored and any abuse could result in the member of staff being removed from the park and ride scheme.

The car park is patrolled by car parking staff from Royal Preston Hospital and also monitored by staff at Preston Grasshoppers. Staff, however, should always check that their car is locked and ensure that no valuables or belongings are in view.

Staff are also reminded that the Trust and its agents cannot guarantee the security of any vehicle and will not accept liability for loss or damage to members' vehicles arising from use of the car park. This includes theft of vehicles.

The car park provides parking for 200 staff vehicles. The cost of using this facility is 50% off normal car parking charges. Staff are reminded that valid permits are required to be displayed at all times.

Any staff who is a member of the trust car parking scheme may park on site in the staff car parks from 4.00pm to 6.00am Monday to Friday, bank holidays and at weekends.

Staff parking in the evenings or week-ends at the RPH or CDH must display their park and ride windscreen permit and advise the car park control room via the barrier intercoms when accessing and/or exiting the staff car parks.

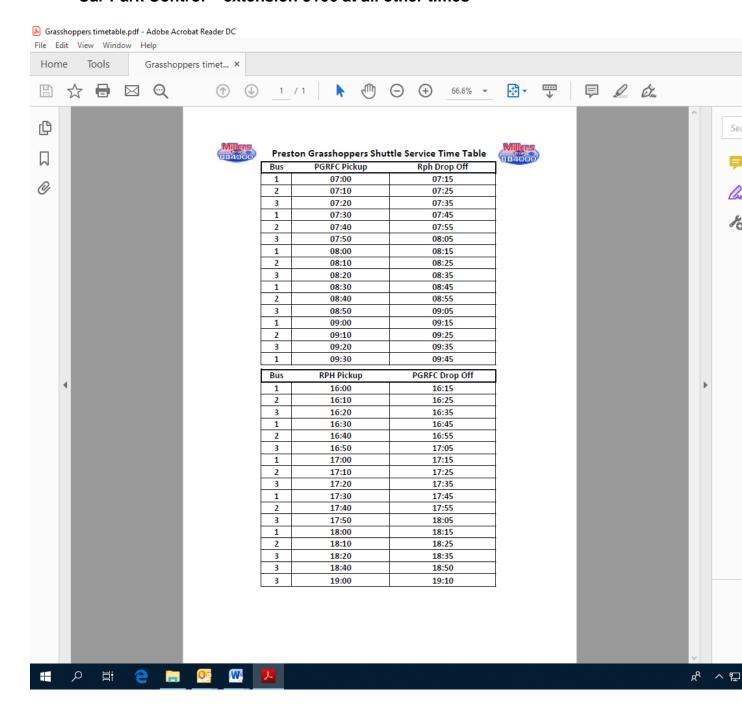






Useful contact numbers:

- Car Park Help Desk extension 8282 option 5, Monday Friday between 8am
 4.30pm
- Car Park Control extension 3166 at all other times









APPENDIX 4 – CAR PARKING APPLICATION FORM

The Trust's hospital sites are situated in urban, residential areas, and the number of parking spaces available are limited to serve both the public on healthcare business and staff who require to use the car as a means of transport to and from work or on hospital business.

To achieve the above aims, a managed car parking system is in operation which includes three park and ride facilities and on site parking both at RPH and CDH. Staffs wishing to apply for a car-parking permit are required to complete and return an application form to carparkhelpdesk@lthtr@nhs.uk, advising of their preference.

Permits are issued strictly in accordance with the system of eligibility criteria and therefore applications are scored using a fair and objective system that takes into full account both work and social needs.

The criteria will establish whether you;

- a) Park on a hospital site
- b) Use one of the park and ride facilities
- c) Use alternative means, i.e. other forms of transport

You will be notified of the result of your application as soon as possible following receipt please ensure you fill out the form in full with a **valid email address**.

Application forms can be obtained via the Trust's intranet. Both the Car Parking Scheme Staff Application Form and the Car Parking Criteria Assessment Form need to be completed at the same time.

Please note, the windscreen permit and pass card are no longer provided as the ANPR (Automatic Recognition) cameras on site recognize registration details of the vehicle you provide. Failure to provide correct, precise Registration details may result in PCN's (Parking Charge Notices) which would result in a charge.





CAR PARKING SCHEME - APPLICATION FORM

Dear Colleague, Membership of the Car Parking Scheme allows you to park on staff car parks across the Trust's hospital sites and provides access to the staff car parks and offsite car parks. The Trust and its Agents, however, cannot guarantee the security of any vehicle and will not accept liability for loss or damage to or from member's vehicles arising from use of the car parks. This includes theft of and from vehicles. The scheme is governed by the Car Park Management Operational Procedures and Specification, and, in applying to join the scheme, you are agreeing to be bound by the terms and conditions contained in the document.

Section 1 - Personal Details				Но	Home Address Details							
Title Miss \ Ms\ Mrs \ Mr \ Dr \ Prof \ Other H			Но	House No / Name								
Name					Street							
Job Title 1				To	Town							
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Hospital Site I				Post Code								
Extension Number				Email Address								
Mobile Number				Telephone Number								
Section 2 – Employer [<u> Details – This Se</u>	ction MU	ST be complete	<u>:d</u>								
Are you a paid employee of Lancashire Teaching Hospitals N				NHS	IHS Foundation Trust?			Yes		No		
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Please tick all s	Please tick all sites that you will work at:					RF	PH		CDH		PBC	
Please tick you	Please tick your primary working site:					RF	Н		CDH		PBC	
Section 3 – Vehicle De	tails – CAR Reg	istration I	MUST be provid	<u>led</u>			•		_		_	
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Date deductions to commence		Date of Payment	
Employee's Signature		Employee's Signature	
I wish my employer to be invoiced (Only Available	le to selected Applicants)		
Employer Name			
Invoice Address			
Budget Code (If Applicable)			
Date deductions to Commence			
Employee's Signature			
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Did you know? - Travelling by car is not the only option!



- Preston Bus weekly and monthly Easirider bus passes are available from General Office at RPH with a 10% saving on regular prices.
- Weekly discounted bus vouchers for travel on stagecoach Chorley network are available from General Office at CDH.
- FREE secure bicycle bins are available to any member of staff wishing to travel via bicycle.
- Staff can use the FREE staff shuttle between RPH and CDH.
- You can save money on your travel cost to work by car sharing.

For further information on any Transport issues please contact the helpdesk via email on carparkhelpdesk@lthtr.nhs.uk. More information can be found on the intranet under Estates & Facilities TAB / Transport for Staff





APPENDIX 5 – Daily Student Sign-in sheet

<u>Date</u>	Designated shift	Time in	Time out	<u>Lunch</u> (mins)	Mentor signature

Student name
Placement
If there are two students on a machine you must work opposite shifts and have different study time unless agreed by your Clinical Tutor.
A normal shift is 7.5 hrs per day, on half day study days it is 3.75 hrs. Any arrangements outside of this must be pre-arranged and authorised.
This form must be completed and returned to your Clinical Tutor by Friday .
Clinical Tutor



