

# YOUR STAFF LIBRARY NEWS

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## What have we been up to?

It's been a busy start to 2023 for the library team!

We have had over **250 new members** join the library since the start of the year. Many of these were adaptation nurses and the new junior doctors who started in February.

Many of these new starters also signed up to **KnowledgeShare**-a great way of staying up to date with the latest research and evidence in a quick and accessible way. You can sign up [here](#).

In January Maisie and Georgia visited **Preston College Library** (see photo), where

they learnt more about the role of a academic librarian. It was a useful experience in comparing and contrasting as well as getting some ideas for the hospital libraries. For now though they will definitely be sticking to healthcare libraries!



We have been inundated with **new books** as we have been expanding our medical, fiction and wellbeing collection. You can check out our new books [here](#). If there is ever a title you would like pop in and see us or drop us an email.

The end of February marked the end of our **Cosy Castaway** competition...winner to be revealed soon! However, we are continuing with our castaway page- this time with a spring theme. Check out [page 9](#) for more details. You can submit any entries to [library.rph@lthtr.nhs.uk](mailto:library.rph@lthtr.nhs.uk).

In February we also ran our '**Blind Date with a Book**' campaign which saw many of you 'fall back in love with reading'. If you took one of the free books remember to tag us online and leave a review of your book!

## Accessing articles just got much easier. You can now install LibKey Nomad at work.

- Do you need to save time?
- Are you frustrated when trying to access online articles?

Spend a couple of minutes installing **LibKey Nomad** and save yourself hours.

LibKey Nomad is a browser extension that automatically provides links to the full text of journal articles subscribed to by the Library Service. You can install LibKey Nomad in your browsers at home and work. This [guide](#) takes you through the process of installing LibKey Nomad in Edge.

When you land on a page with an article that is available to download, LibKey Nomad presents a banner alert at the bottom of your screen. Click on this banner to be go to the full text article, or the library's article request form.




☐


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Cite

Share



**Diabetes insipidus.**  
TIZARD JP.  
Proc R Soc Med. 1948 Jun;41(6):352.  
PMID: 18935020

 **Access Options**

**Free PMC article.**


No abstract available.

☐


6


Cite

Share



**Diabetes or endocrinopathy admitted in the COVID-19 ward.**  
Clotman K, Twickler MB.  
Eur J Clin Invest. 2020 Jul;50(7):e13262. doi: 10.1111/eci.13262. Epub 2020 May 24.  
PMID: 32383239

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**Free PMC article.**

The last weeks we built experience and gathered knowledge while giving hospital care to patients who had a pre-existent endocrine disease (and **diabetes**; most patients suffered from a type two **diabetes**). In our contribution we presented our insights obtained from thi

LibKey Nomad also helps you access articles when searching PubMed.

If you have any questions about LibKey Nomad or have problems installing it at work or home, then please contact

[Andrew.Craig@lthtr.nhs.uk](mailto:Andrew.Craig@lthtr.nhs.uk)

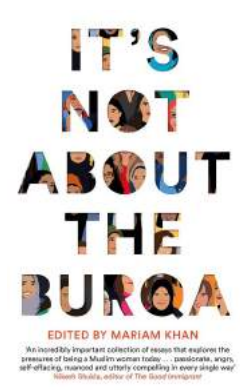
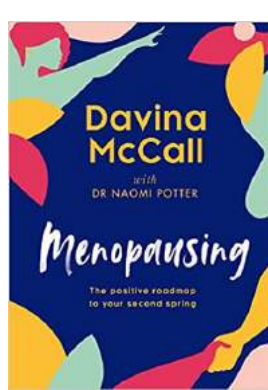
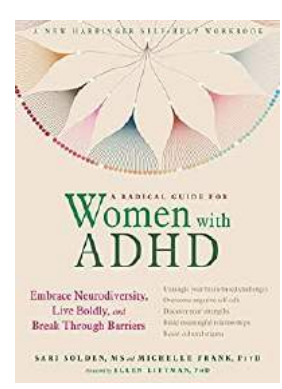
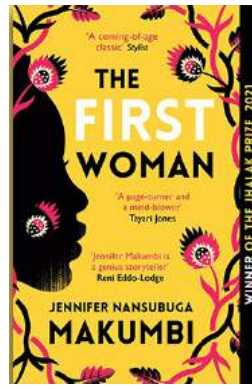
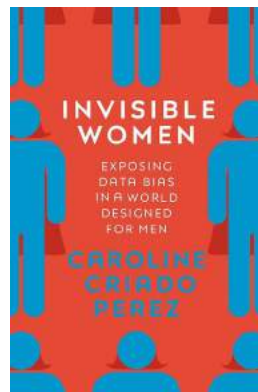
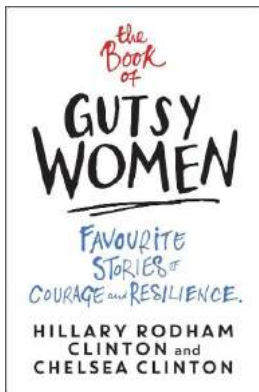
8th March



*Celebrate*

# International women's day

*with books to help wellbeing*





## Would you like to be a part of our Living Library? Next one 16th March (9am-12pm)

The Living Library works just like a normal library: visitors can browse the catalogue for the available titles, choose the book they want to read, and borrow it for a limited period of time. After reading, they return the book to the library and, if they want, borrow another.



"Building a positive framework for conversations that can challenge stereotypes and prejudices through dialogue."

"Our people are the books, they can tell their own story"



The only difference is that in the Living Library, books are people with lived experience of discrimination, and reading consists of a conversation. It is an event that seeks to educate through the sharing of stories and experiences as a means of challenge prejudice and discrimina-

tion, working on the same premise of the phrase "Don't judge a book by its cover".

To find out more about it, please take a look at our introduction to the Living Library [here](#) there is a short film below about one of our books too.

[Emma's story](#)

## How can I get involved?

You can get involved in two ways; if you would like to act as a human book, then we would love to hear from you! There is a role description which will give you an idea of what to expect.

### Introduction to the Living Library

The idea behind the Living Library is to provide an opportunity for colleagues to have conversations that will challenge assumptions, perceptions, stereotypes and prejudice. Based on the Human Library, people arrange to borrow a human book for a conversation about their lived experience. The aim is to build a positive framework for conversations to occur that challenge stereotypes and prejudice through dialogue.

### Role description for a human book

Our human books are staff, students or volunteers from Lancashire Teaching Hospitals who are willing to share their lived experience with colleagues. Human books will be paired with a colleague or a small group of colleagues and will engage in a conversation based around their story. Human books will be asked to:

- Become part of a network of human books
- Attend an introductory session with the project lead
- Write a short story highlighting their lived experience that they are happy to be in the public domain
- Attend one or two events (virtual / face to face) per year
- Participate in conversations with one person or a small group of people about their story
- Be prepared to be open, engage with colleagues and answer questions about their lived experience

Email [Siobhan.Linsey@lthtr.nhs.uk](mailto:Siobhan.Linsey@lthtr.nhs.uk) to express an interest.

Alternatively, if you are interested in reading one of our books, we are going to schedule in some dates throughout this year. Please email [Siobhan.Linsey@lthtr.nhs.uk](mailto:Siobhan.Linsey@lthtr.nhs.uk) to register your interest.

I hope you will consider joining us, either as a book or a reader, these events really can help to change views and perceptions and they have been really well received by colleagues who have attended previously.

We look forward to seeing you there.

**Siobhan Linsey**  
(Library & Knowledge Services Manager & Mandy Davis (Head of Diversity & Organisational Development))

## Feedback from other events



"The way that staff treat other staff members (not just patients) is very important and this has helped me to understand this"

"It's made me more aware about prejudice of 'invisible' disabilities"

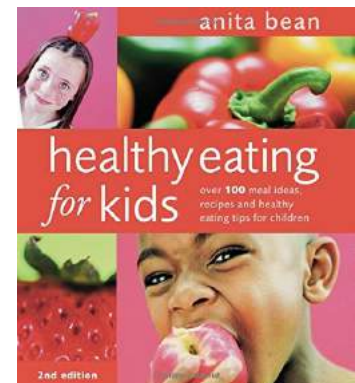
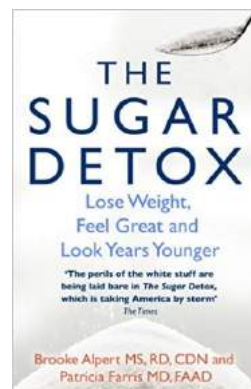
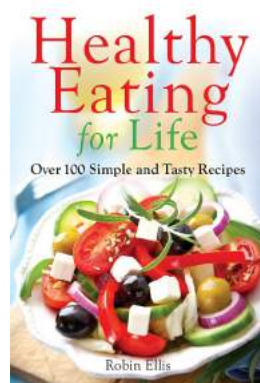
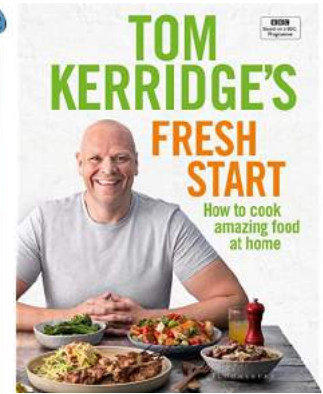
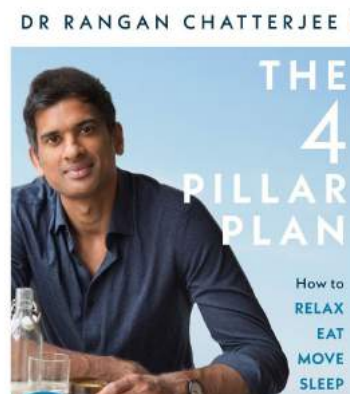
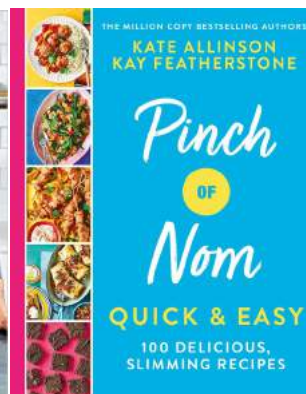
"Tough thing to do, particularly when experiencing low level 'unconscious bias'"

"I have an invisible disability and have faced discrimination (outside work) today has given me insight into how others have faced it head on"





March 13th-19th 2023



See the full reading list [here](#).

## Coloured filters now available at RPH and CDH.



As part of our work in making the library more accessible we now have coloured filters available at both RPH and CDH. These are available for anyone to use but are for library use only.

We also have coloured paper available for printing.

If you have any suggestions on how the library can be made more accessible do get in touch in person or at [library.rph@lthtr.nhs.uk](mailto:library.rph@lthtr.nhs.uk)

## Advanced warning



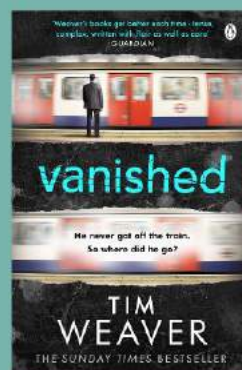
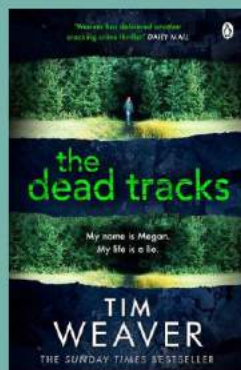
Chorley library will be closed **13th-15th March: Monday-Wednesday.**

This is for work on library upgrades. You will be able to issue and return books via the self-service machine but the library will be unstaffed and PCs unavailable.

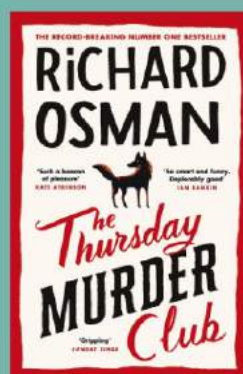
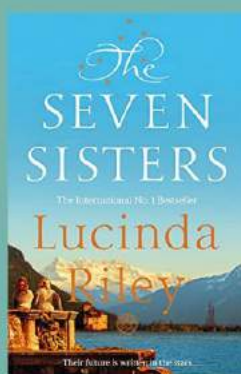
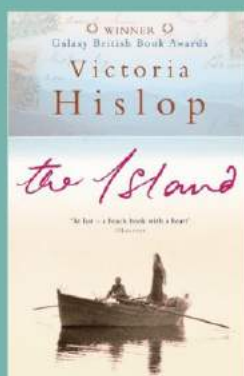


# Cosy ✨ Castaway ✨ ✨ ✨

The winter Castaway competition has now closed.  
Keep an eye out for the winner in next months Library news!



Our latest Castaway's chose these 3 books



Click to view the Castaway blog

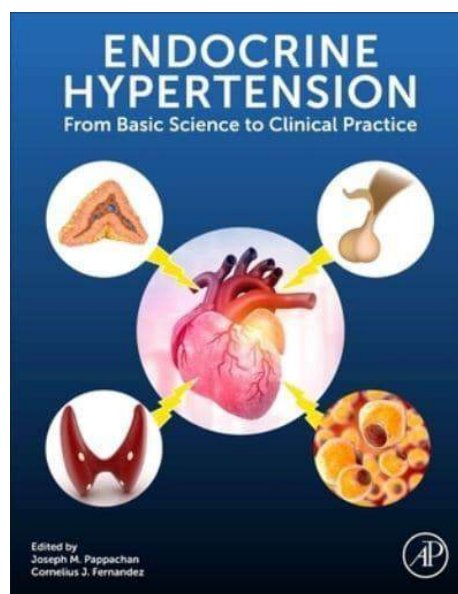


# Resource of the month

## Endocrine Hypertension

This new publication has been co-edited by LTHTR's own **Dr Pappachan.**

Do not hesitate to get in touch for more information or to reserve this title. You can also reserve online [here](#).



## YOUR LIBRARY SERVICE

### Contact Us

Royal Preston Library  
Centre 1  
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24/7 Access to the  
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