

Learning Environment



Maternity B (Postnatal Ward)

Learner Booklet

Welcome

We would like to warmly welcome you to Lancashire Teaching Hospitals NHS Foundation Trust (LTHTR). Incorporated on the 1st of April 2005, LTHTR was the first trust in the county to be awarded “Teaching Hospitals” status.

We have created this pack as a useful resource to help you to settle in with us. The purpose of this booklet is to provide you with information to help you on your learning environment.

About LTHTR

We have three equally important strategic aims:

- To provide outstanding and sustainable healthcare to our local communities
- To offer a range of high-quality specialist services to patients in Lancashire and South Cumbria
- To drive health innovation through world class education, training and research

We provide a range of Hospital based health services for adults and children and cover a range of specialities. These include cancer services such as radiotherapy, drug therapies and surgery, disablement services such as artificial limbs and wheelchair provision. Other specialities include vascular, major trauma, renal, neurosurgery and neurology including brain surgery and nervous system diseases.

Our five core values:

- Being caring and compassionate
- Recognising individuality
- Seeking to involve
- Building team spirit
- Taking personal responsibility



We deliver care and treatment from three main facilities:

- Royal Preston Hospital
- Chorley and South Ribble Hospital
- Specialist Mobility and Rehabilitation Centre, Preston

In relation to car parking, please refer to your Induction to the Trust, for information regarding car parking. Additional information can be found on our Intranet page.

<https://legacy-intranet.lthtr.nhs.uk/car-parking-documents>



Learning Environment

We would like to welcome you to your learning environment. Your orientation will be completed on your first day by a Practice Supervisor.

Sickness Policy

Please follow the staff trust guidelines. Please contact the ward area by telephone in a timely manner to notify the area of your absence from shift. Please email your Academic Assessor, Practice Assessor and learner.absences@lthtr.nhs.uk with the details of your absence and update your PARE timesheet accordingly.

Changing facilities specific to this learning environment

Women changing facilities within the Sharoe Green Unit. Located on the second floor next to the antenatal ward entrance. You will need your ID badge to gain access to this changing room.

Team structure, including wider Multidisciplinary Team

Registered Midwives
Maternity Support workers
Ward manager
Pharmacist
Neonatal Doctors
Obstetric Consultant/registrar/Senior House Officer
Audiology
FAB team (breastfeeding team).
Enhanced support midwifery team.

Hours of work

- 0730-2030pm long shift
- 2000-0800am night shift

Short shifts if requested as follows:

- 0730-1530pm
- 1230-2030pm

Contact telephone numbers

01772524830

Learning opportunities available

- Working alongside postnatal ward midwives
- Caesarean section team
- NIPE
- FAB team
- Audits
- CliP-coaching

List of commonly used medications

- Paracetamol
- Ibuprofen
- Dihydrocodeine
- Cefalexin
- Ferrous Sulphate
- Lactulose
- Fragmin
- Chlorpheniramine
- Benzylpenicillin

Transferable skills

- Communication
- Medicine management
- Observations
- Post-op care
- Wound care
- Multidisciplinary team working
- Documentation/
- Escalation
- Feeding
- Hydration
- Risk assessments
- Catheter care
- Pain management

Escalation of concerns process

- Freedom to speak up champion.
- Ward manager
- Datix
- Escalate to placement support/ University.
- Practice supervisors and assessors

Catering facilities specific to your ward (microwaves, tea, coffee, fridge, cake Fridays, break rooms etc

- 1 hour break (Can take 2x30 minute breaks).
- Fridge-must label food with name and date.
- Kitchen facilities-microwave, hot water, tea and coffee facilities.
- Restaurant x 3. Hot/cold food available in the canteen.
M&S/WHS/Costa/Starbucks shop available at the main entrance.
- Staff room in each area.
- Learners encouraged to leave the ward on break.

Induction

The Local Induction process will take place throughout the first week of your placement.

This will comprise of:

- Trust and department orientation, including housekeeping information.
- Location of emergency equipment
- IT access
- Reading & acknowledgement of Mandatory Trust policies such as Health & Safety, Fire Safety, Infection Control, Information Governance, Staff Code of Conduct, Social Networking and Dress Code policies.
- Adult Basic Life Support training if applicable
- Trust Moving & Handling Training if applicable.
- COVID-related policies & procedure

Follow trust guidelines.

- Orientation
- Professional voice: - freedom to speak up, datix, chain of command, open door policy.
- An awareness of our Educational Governance Team- evaluation and importance of feedback
- Inter-professional Learning Sessions
- Practice Assessment Record and Evaluation (PARE) training, if applicable
- Collaborative Learning in Practice (CLiP™), if applicable
- How the role of Practice Development Facilitator can support you, where applicable



What to bring on your first day

- Uniform: All other items in the dress code policy must be adhered to <https://legacy-intranet.lthtr.nhs.uk/search?term=uniform+policy>
- A smallish bag which would fit into a small locker.
- You may wish to bring a packed lunch and a drink on your first day.

Inter-professional Learning Sessions and eLearning Resources

At our Trust, our Education Team facilitates a yearly programme of Inter-professional Learning (IPL) sessions. This programme consists of various teaching sessions, delivered by our Specialist Teams, to support and enhance our learners and trainees' learning experience with us.

Inter-professional learning is an important part of your development and allows you to build professional relationships and communication skills with the wider multi-disciplinary teams. Our IPL sessions are valuable in supporting you to stretch your knowledge and experiences to enhance your clinical practice. They also help bridge the gap between theory and practice, allowing you to hold a deeper understanding of the topics discussed. Our sessions are open for all learners and trainees on placement at our Trust to attend and these learning opportunities are an extension to your learning environment; therefore, these hours need to be recorded on your timesheets. We encourage our staff to facilitate enabling a learner/trainee to attend these sessions.

Please note: You must inform your learning environment prior to attending a session. These IPL sessions need to be discussed in a timely manner with your learning environment.

You are required to complete a reflection on each of your IPL sessions, as well as documenting on your HEI documentation what you have learnt and how this relates to your current placement.

You can book onto our IPL Sessions by accessing this link <https://elearning.lthtr.nhs.uk/login/index.php> and searching for 'IPL'.

You can access our policies and procedures via our Intranet page, which will help expand and stretch your knowledge.

Support with evidencing your learning outcomes or proficiencies.

We encourage you to use your reflective journal entry on PARE to collate and evidence your skills, knowledge and abilities achieved. You can then present your completed reflections to your Practice Assessor/Educator during your assessment meetings. Any staff member who is involved in coaching you can complete your practice supervisor feedback.

You can request time during your placement hours to complete these and request feedback prior to the shift ending.

Chain of Command

Keeping patients safe, providing the best care that we can and learning in an environment where you feel safe and valued is important to us. Speaking up about any concern you have on your learning environment is also important. In fact, it's vital because it will help us to keep improving our services for all patients.

There may be occasions where we witness, experience or are asked to do something that causes us concern. Often, these concerns can be easily resolved, but sometimes it can be difficult to know what to do.

Our Clinical Placement Support Team are available Monday – Friday, 8.00am – 4.00pm should you need to contact them in relation to any concerns regarding your learning environment. If your concern relates to patient safety and/or your concerns are outside of these hours, please follow the chain of command in your learning environment and speak with the person in charge.

Please visit our Freedom to Speak Up page on the Intranet for more details.



We value your feedback

Our Trust values your feedback. To continuously improve, we offer opportunities for our learners and trainees to provide feedback regarding both your learner experience and your learning environment. We would encourage you to kindly complete your end of placement evaluation, within your clinical hours.

We will keep you updated with the improvements that we make based on the feedback you provide us with.

Learning Environment Improvement Forum

Our Learning Environment Improvement Forum began in November 2021, with key stakeholders attending; Learners, Trainees, Clinical Staff, Education Leads and our Nursing Directorate. Monthly meetings are held to share new and innovative ideas as to how we can collaboratively enhance our learning environments, to support both learners, trainees and staff.

All attendees at the Learning Environment Improvement Forums contribute their suggestions and guidance on our projects. Collaboratively, exciting improvements are implemented to enhance our learning environments.

Innovative changes made by our Learning Environment Improvement Forum, within Academic Year 2021-2022.

- NEW Learner Boards designed and placed on our learning environments.
- Learner booklets made available on our Health Academy webpage to prepare our learners and trainees for their clinical placements, as suggested by our learners and trainees.
- PARE and CLiP™ training embedded into our Learner and Trainee Inductions
- Quick Reference Guide designed and created to welcome our learners and trainees to the Trust and prepare them for their clinical placements.

We welcome any of our staff, learners and trainees at the Trust to attend our Learner Environment Improvement Forums, to contribute your ideas and suggestions for our new and innovative projects. You can join via the E-Learning Portal - <https://elearning.lthtr.nhs.uk> and going to Courses, then selecting the tab 'Inter Professional Learning', where you will see our forum listed.