



# The Health Academy Education Awards 2023

Special Edition • Awards • Charity • Information • and much more...



NTRODUCTION from Lauren O'Brien

Welcome to The Health Academy Education Awards Edition of Education Matters.

Firstly, a huge thank you to all those who attended the Education Awards in June. We were delighted to have been able to share such a wonderful evening celebrating our colleagues' contributions and achievements in education.

The awards went part of the way to showing our appreciation for the dedication and commitment that our staff members give to the roles they undertake, the students and trainees that they teach and mentor and the colleagues they support.

I am so grateful for the work that is delivered by all, making the Trust such a wonderful community in which to work, along with such an incredible environment in which to learn.

What made the Education awards so special to me was that it was not those in management who put forward names and departments, but that they were peer nominated.

All the achievements that we have celebrated have come as a result of the appreciation of friends and colleagues who witness first hand the impact that such guidance and mentorship has on the training, development and education of tomorrow's workforce.

Once more I would like to give to my most sincere thanks for those who nominated, for those who helped to organise the evening and most importantly every single employee who turns up to work and gives their all.

The difference that you make is outstanding, each and every one of you.





FEW WORDS from Kevin McGee, CEO

The Health Academy awards was a fantastic and joyous evening. The trust does so well supporting education and training and the evening was a real celebration of everything the trust does well.

I give my congratulations to all the nominees and winners and a big thank you to everyone involved in education and training.



Whilst the evening's celebrations were underway, tickets for the the night's raffle were being sold in the background with all proceeds raised going towards supporting LTH's three trust charities; Baby Beat Neonatal, Rosemere Cancer Foundation and Lancashire Teaching Hospital's Charity.

With thirty individual businesses, along with member of the community donating gifts, vouchers and experiences there were a total of forty one prizes up for grabs.

Thanks to the generosity of all those in attendance, in excess of nine hundred tickets were sold, raising a grand total of £920 to be split amongst

the charities.

Upon receiving the money, Head of the Trust's Charities, Daniel Hill wished to thank all those who contributed to such an incredible amount. He said:

"Thank you to everyone who supported the recent Health Academy charity raffle on 30th June, helping to raise £920, which was equally split between our 3 inhouse charities Lancashire Teaching Hospitals Charity, Baby Beat & Rosemere Cancer Foundation.

Each of these causes helps to provide extra care and support for both staff and patients that is beyond core funding; including helping to refurbish hospital environments, installing state-of-the art equipment, and supporting research projects to improve people's health outcomes. The monies raised will go towards supporting ongoing charitable projects within the Trust."

A huge thank you for all of those who bought raffle tickets or who donated to the fund! Your generosity will go a long way towards helping those in need of the support.

Also, thank you to the individuals who also donated and to the teams who took the time to collate and organise the collections.



WITH THANKS to those that donated

We would like to take the opportunity to thank the businesses and community who reached out and offered their support towards the worthy causes of the charities.

We could not have put together the raffle without their generosity.

- 1. Aldi UK
- 2. Another Bouquet
- 3. Be Beautiful Preston
- 4. Billybobs Parlour
- 5. Blackburn Rovers Football Club
- 6. Booths
- 7. Bread and Butter Cafe
- 8. Broadway Pantry
- 9. Broughton Inn Country Pub and Restaurant
- 10. Cat Lamoon Photography
- 11. Candy Bar Kirkham
- 12. Christine Cherry Ceramics
- 13. Costa Coffee
- 14. Crafty Beggars
- 15. Delta Hotels by Marriott
- 16. The Fleece Inn
- 17. The Flower Bowl
- 18. Fulwood Sole and Beauty
- 19. Ginger Bistro
- 20. Hobbycraft
- 21. House of Soul
- 22. Marks and Spencer
- 23. Maxy Farm Cafe
- 24. Penwortham Golf Club
- 25. The Pig and Whistle
- 26. Ribby Hall Hotel and Spa
- 27. Sai Surbhi
- 28. Sainsburys
- 29. Serenity Beauty
- 30. South Planks Farm
- 31. Starbucks



# **Education Champion Award**

### What makes an Education **Champion?**

The Education Champion award recognises truly outstanding colleagues who advocate for education and training at Lancashire Teaching Hospitals, whilst acting as an inspirational role model to staff, learners and trainees.

They consistently demonstrate a supportive approach to education and training, exhibiting special qualities that set them apart from others in how they go about their daily work.

With their performance recognised by both students and fellow colleagues alike, this individual stands out and is a constant positive example to those around them.

Their influence is clearly recognised in their learners and the scale of their contribution is unparalleled, having a recognised impact on both students and fellow colleagues and their work makes education and learning at LTH a better place for all.

# Why is Laura our winner?

We are delighted to share that the winner of our first ever Education Champion Award is Laura Kilfoyle!

The Placement Expansion and Collaborative Learning in Practice (CLiP) Lead in the Placement Expansion Team, Laura is the pioneer member of department.

Heralded on her passion, positivity and leadership, she is described as being 'solution focussed', constantly striving to enhance the placements of all trainees and learners with the goal of improving patient care and safety.

This is in addition to her work in increasing the trust's recruitment and retention, creating an overall happier workforce and seeking to influence positive change across the Trust.

Laura has increased the capacity of our current learning environments and created new placements and also seeks active engagement from all around her.



She successfully established interactive forums whereby staff, learners and trainees can submit their ideas for change and is always the first to advocate for improvement.

Responsible for installing CLiP within learning environments she also delivers regular training to improve both staff's understanding and the platform's reliability.

About her, one nominator said: "Laura is a true asset to the Education Team with her passion for creating positive change, strong work ethics, excellent leadership skills and improving our learners' and trainees' learning journey at our Trust."

# About her award, Laura had this to say ...

Both touched and ecstatic to have been the winner. Laura states that it is a team effort. She said:

"Thank you so much for this, I can't believe it. But it is not just one person in any team. It is the whole of the Placement Expansion Team and I am incredibly proud of them. I have some absolutely amazing colleagues."

# **Education Champion** Runner up

After much deliberation the judging panel voted Frances Templeton as the Highly Commended Education Champion!

Having recently taken up secondment as the interim Learner Support Manager, Frances was a very deserving runner up!

An 'excellent role model' she goes above and beyond in everything she does. Nothing is too much trouble, her priority is offering a safe and supportive space for all those who need it, with her main goal eing to support and retain our learners.

Frances' nominator describes her as: 'passionate and committed to offer the support and guidance especially when dealing with a learner who has significant needs.'

About her commendation, Frances is delighted.

#### She says.

"It was a lovely surprise to be awarded Highly Commended in the category of Education Champion, thank you so much for nominating me.

A big thank you to Barbara Crank, and the Learner Support / STAPS team I work with, for all their



support as I couldn't do what I do without them. We are a great team."

Frances Templeton Learner Support Manager, **Student, Trainee & Placement Support** 



# **Staff Hero Award**

# What makes a Staff Hero?

The Staff Hero award recognises colleagues in Education who consistently go that extra mile to support both the learners and trainees around them.

This individual demonstrates clear examples of how their commitment benefits their fellow staff and learners.

Always there to offer a listening ear, to assist and support others in their workload or simply to make the trust a better place, the impact of their performance is felt by many.

They are shining examples to all and their performance embodies trust values, making them an incredible leader, colleague, asset and friend



Jane Parkinson Apprenticeship Programmes Trainer, Apprentice Training

to everyone around them making them invaluable members of the team.

Their individual gualities set them apart and without them their departments would not be the same.

# Why is Jane our winner?

The winner of our first ever Staff Hero Award is Jane Parkinson!

Jane is an Apprenticeship Programmes Trainer within the Apprenticeship Department.

Her passion and dedication to her role is outstanding, responsible for multiple members of staff, she is an inspiring leader.

Put forward for the award by multiple nominators, it is Jane's kindness which makes her shine, having been regarded as 'compassionate' in each nomination.

Selfless and approachable, she always puts her learners first and nothing is too much when it comes to her ensuring that her Learning Mentor students have the best experience that they possibly can.

Constantly adapting her own schedule to fit around the needs of those that she mentors, Jane always has time for those that need her, going the extra mile, always.

Heavily involved in both the teaching and recruitment aspect of her role, Jane is responsible for endless positive change in both staff morale and retention.

A beacon of positivity, one individual states: "She goes the extra mile always. When there have been issues on the course she has gone out of her way to gather feedback to try to find a solution that will improve the processes for learners now and in the future. (She) shows dedication and love in her role every day."

# About her award, Jane had this to say...

On the night, Jane says she was absolute in shock!

"I always wanted to be a super hero but to be the winner of Staff Hero when we work in a big organisation and serve the NHS, in my eye each and everyone of us is a hero putting others before ourselves.

This was overwhelming to receive this award and thank you to those who voted for me."

# Staff Hero Runners up

When it came to shortlisting our Staff Hero 'Highly Commended' category, the nominations were all so strong that it was impossible to choose just one!

As a result, the runners up for this award are a three way tie!

In no particular order, our first runner up is Clinical Skills Educator in the Critical Care Unit, Emma Draper.

Heralded for her integrity, Emma is described as always being there to listen, holding the utmost compassion and respect for her learners and colleagues. It is because of Emma that one nominator did not give up on their aspirations of becoming a



Emma Draper **Clinical Skills Educator** [RNA], Critical Care Unit a nurse. They said: "Every department needs an Emma. I have been part of the NHS for twenty five years in many different trust and never met an Emma. She is a total credit to (the Critical Care Unit) and the NHS."

Emma herself said: "I am so proud and humbled to have been nominated let alone

have been highly commended. The awards are a good evening to celebrate the achievements in education throughout the trust."

Our next in category is Cecilia Jagues. An Oral Health Promotion Officer in the Special Care Dental Unit, Cecilia is regarded as 'quite simply

wonderful.'

A subject expert, she is always passionate about sharing her knowledge in accessible and interesting ways, with many remembering her comically large toothbrush!

A great support to the HCA training team, Cecilia is renowned for constantly adapting her practice and schedule to support the training needs of both.

individual learners and the trust, as a whole. Ever humble, one nominator knew Cecilia would never put herself forward. They said:

"Cecilia is not one to push her self forward. I would love for her to get the recognition she deserves for all her hard work in the area of health promotion and education." About her award, Cecilia added: "It



ecilia Jaques **Oral Health Promotion Officer, Special Care Dental** Unit

was lovely to be awarded Staff Hero Highly Commended but also great to celebrate the work we do in Special Care Dentistry with Mouth Care Matters." Our last finalist is Alison Maxwell!

The Team Secretary for the Core Therapies Department, she is regarded as the 'absolute backbone', which holds the team together. No request of is ever too large and Alison is



### Alison Maxwell

**Team Secretary Core Therapies Mgt &** Admin

renowned for the care and guidance that she offers to those around her. An 'all knowing oracle', there is no situation in which Alison will not have an answer or solution to. She lives and breathes the role much to the delight of her colleagues! Her nominator says: "Alison says she is just doing her job, but she does so much more than that and deserves long overdue recognition for the support she has given!"

Alison, added: "I see so many looking after their patients day to day it's such a nice feeling knowing how appreciated I am in supporting them and the students that we have on placement.

# Outstanding Contribution to Learning Journey Award

# What makes an **Outstanding Contribution?**

The Outstanding Contribution to Learning Journey Award is open to all colleagues who support learners throughout their learning journey.

It recognises individuals who have consistently provided learning opportunities and high-quality feedback throughout a learner's progression.

Displaying compassionate care and contributing to a supportive culture, making all trainees feel supported, they offer flexibility and understanding to meet their learner's needs and demonstrate their knowledge and can direct learners when appropriate.

These individuals display special qualities, both within themselves and in their teaching, that set them apart from those around them, making them unique and valuable colleagues and exceptional teachers.

# Our winners!

We are delighted to share that we have not just one, but *three* winners of our first ever Outstanding Contribution to Learning Journey Award.

# What made Jo and Lucy winners?

Our first winners are Lucy Eaves and Jo Harrison sharing a joint award after being nominated together. Both Diagnostic Radiographers within the Main X-Ray department, Lucy and Jo have been regarded as 'impossible to separate'.

Whilst maintaining incredibly busy and crucial roles in the running of the X-Ray department, they have taken on the roles of student assessors.

Working with practice educators to deliver learner competencies, assessment and mentorship, they undertake this with 'impeccable professionalism'. Though what sets them apart is their attitude



they are described as 'coming into their own' when faced with a student who is struggling. Demonstrating incredible compassion and guidance Lucy and Jo have 'shaped, elevated and supported', ultimately changing the trajectory of many students' journeys, going above and beyond to ensure that those beneath their mentorship thrive.

Their nominator states: "I don't know what the secret is, but these two radiographers seem to have unlocked it. (They have) a great balance of management and leadership that gives student a solid foundation for standards while holding themselves to un-parrelled mentorship standards for all who come through the department."

# And Tom?

Our second winner is Tom Welton.

Another Diagnostic Radiographer in Main X-Ray, whilst also being a Skills Tutor, Tom is a pioneer who constantly strives to find new ways to keep his learners engaged and passionate.

A great believer in individualised learning development tools, Tom has brought in and supported multiple initiatives and projects that have allowed students to develop knowledge and experiences which go above and beyond a standard curriculum.

Tom empowers his students to break away from the 'button pusher' label to fulfil their potential, believing in the diversity of a modern NHS.

His curriculum is revered, attracting national attention and setting standards in professional registration.

One nominee said: "He has encouraged but also fostered a culture of service improvement from within the student cohorts. Pioneering change, Tom and his students have successfully shown innovative methods to curriculum delivery and have become ahead of the curve in student education."

# About their awards, our winners had this to say...

Lucy, Jo and Tom all wished to thank the Assessors team.

"Whilst (Jo and Lucy) are the longest assessors, there is a team that put the students together for their development. It's a group effort. We couldn't do the work we do without them.'





# Outstanding Contribution Runners up

We have multiple runners up in the Outstanding Contribution to Learning Journey award, simply because the category for nominations has been so incredibly high.

In no particular order, our first Outstanding Contribution runner up is Apprenticeship Programmes lead, Samantha Noye!



Samantha Noye Apprenticeship Programmes Lead, Apprentice Training

Always going above and beyond for both her colleagues and learners, Samantha is heralded for her kindness, patience and approachability. With her adaptable approach to teaching, finding creative ways to offer alternative

pathways to those who need it, one person said: "She is a star in my eyes.'

About her results, Samantha said. "I felt really honoured to be nominated for the award. It is things like this that keep you motivated and give you a real sense of achievement and job satisfaction!"

Next in category is Senior Clinical Fellow in Orthopaedics Medical, Mr Kevin Syam.

Regarded as a 'wonderful registrar', Mr Syam is never too busy to offer teaching and guidance regardless of how hectic the day is.

Always approachable, he will always take opportunity to the teach as opposed to simply telling, making every event a learning opportunity to further his student's development.

One such learner said: "Mr Syam is an excellent clinician and has been a role model throughout my time on (Orthopaedics) rotation.



Senior Clinical Fellow, **Orthopaedics Medical** 

Myself and the SHOs feel lucky when we're set to be on call with him!

About his commendation, Mr Syam said: "Receiving this award was a great gesture from the trust as well as from the person who nominated me for the award. I felt really good to be appreciated and happy to know that I was able to make such an impact in the person's learning opportunity.

Our next runner up is a Research Nurse in Research CHRI Neurosciences, Allan Brown.

With learning always at the front of his mind, Allan adopts an 'every day is a school day' approach when in comes to the learners around him.

Always keen to offer learning opportunities, he actively encourages independent thinking and goes out of his way to ensure that all around him are happy and confident in their roles, never making anyone feel uncomfortable asking for help.

Regarded as an 'amazing mentor', one nominator had this to say about him: "Allan makes you feel like a valued team member, not just 'a student on placement. He makes it clear that there are no 'wrong' answers... only knowledge that's yet to be learned!'

About being named a finalist, Allan said.

"I was deeply moved to be nominated and to be highly commended for this award. For me, learning is a collaborative process. Rather than the "expert" giving the learner pieces of learning to file away, it's a truly shared journey where both learn alongside each

other.



Research Nurse [RNA], Research CHRI Neurosciences 'incredible

Our last highly commended in this category is Speech and Language Therapist, Natalie Edwards.

It is Natalie's kindness and patience that sets her apart from her colleagues. Always having time to help and teach those around her, she is regarded by one nominator as an teacher',

They said: "Her methods are exemplary and her teaching methods are inspiring. Natalie has always taken the time to sit down with me, withstanding the pressures and heavy caseloads the team are facing."



# **Outstanding Contribution to Education (Clinical) Award**

## What makes an **Outstanding Contribution?**

The Outstanding Contribution to Education (Clinical) Award recognises colleagues who are clinical facing who do their utmost to champion education and training at Lancashire Teaching Hospitals.

They embody trust values and exhibit special qualities that set them apart from others, going above and beyond to assist learners to further their education in a clinic setting.

Their impact within the clinical setting is wide felt and overwhelmingly positive and their learning environment, speciality and/or division is a better place with their performance.

The individual uses their platform to champion education both within the trust and externally, spreading their influence beyond just the standard walks.



# Why is Yvonne our winner?

We are delighted to announce that the winner of our first ever Contribution to Education Champion Award (Clinical) is Sonographer [RA-D] and Clinical Tutor in the Ultrasound Department, Yvonne Barnard!

New to the department, although Yvonne has not been there long the impact that she has had on both her colleagues and the department has been outstanding, with her positive attitude towards both the role and education being regarded as 'infectious.'

Not only does Yvonne champion the ultrasound training programme at LTHTR, but also the profession as a whole. Working with wider education establishments and pupils still considering their career paths to spread the influence of how rewarding a career in such a department can be. Holding talks and demonstrations at career fairs, open days and nearby schools, Yvonne is passionate

about her profession and her enthusiasm has encouraged countless to consider, if not pursue a career within sonography, helping to bridge the gap of sonographers across the country, of which there is a national shortage.

Constantly thinking of new and inventive ways that she can better the training and development on offer, Yvonne recently secured funding from HEE to help support the training and development of both students and staff within the department, to better their training and experience.

The impact of her performance has been outstanding, with one individual saying: "It is difficult to imagine how we can possibly support the education and training of the number of students currently undergoing clinical training without the dedication of our clinical tutor."

# About her award, Yvonne had this to say...

"I was surprised and delighted, it felt like a huge honour. Over the last year or so, the ultrasound department has hosted two direct entry MSc ultrasound trainees, and two PgDip band 6 trainee sonographers who have all completed their training. We also have a further four MSc direct entry trainees and one PgDip band 6 trainee sonographer.

We are so happy that the second year trainees have decided to stay at Lancashire Teaching Hospitals upon their gualification, and we look forward to working with them all as colleagues. The success of our trainees is testament to the excellent standard of training they have received from their mentors and other members of staff. The mentors for our second year trainees were deservedly 'highly commended' in the same category. Thank you so much to all the staff and mentors in Ultrasound at Lancashire Teaching Hospitals."

# **Outstanding Contribution** Runners up

It is impossible to pick just one colleague within our Highly Commended category. The number of individuals who contribute so very much to Clinical Education is just outstanding.

The runners up are: Sonia Raj, Kimberly Barnes



Kimberley Barnes **Resuscitation Officer, Resuscitation Department** 

and Anna Rigby, Karen Tomlinson, Gill Otaru and Catherine Jones of the Ultrasound Team.

Our first finalist is Resuscitation Training Officer in the Resuscitation Department, Kimberley Barnes. The dedication she has both to her role and the delivery of resuscitation training is 'outstanding'. Endlessly

patient, one nominator said:

"Kimberley will often support the Clinical Education team in delivering AIMS sessions, teaching on Venepuncture and Cannulation sessions, or helping with CCA's with the Doctors. Her organisational skills have been a huge asset to the Resuscitation team in these programmes." About her results, Kimberly said:

"I am eternally grateful for receiving this award and thank everyone who has supported me in working towards this achievement."

Next in category is Senior Research Nurse [RNA] of Research CHRI Neurosciences, Sonia Raj.

Described as 'such an incredible manager', Sonia supports learners in practice at every step of the way. A huge promoter of research and education, she is incredibly heavily involved in supporting student placements within the research department. One



Sonia Rai Snr Research Nurse (RNA) **Research CHRI** Neurosciences

mentoring and training of a record number of trainees within the department, who thanks to the team's hardwork, sailed through their modules sometimes months in advance.

Their nominator praised the group, stating: "This is first mentoring experience for all of them, and they

have completed it with care, expertise and diligence, passing on their excellent work ethic to the next generation of trainees."



been a pleasure to work as

a student within this

department with Sonia as

Ultrasound, Anna Rigby,

Karen Tomlinson, Gill

Otaru and Catherine Jones

of the Ultrasound Team.

These four have recently

been responsible for the

Finally, the four

from

the manager."

Sonographers

Anna Rigby, Karen Tomlinson, Gill Otaru and Catherine Jones Sonographers, Ultrasound Department

# **Outstanding Contribution to Education (Non Clinical) Award**

## What makes an Outstanding **Contribution?**

The Outstanding Contribution to Education (Non Clinical) Award recognises colleagues who, whilst not patient facing, do their utmost to champion education and learning at Lancashire Teaching Hospitals, making it a better place for colleagues and patients, alike.

Embodying trust values, despite not being clinical facing themselves, their contribution helps to to support educational growth and development within both non-clinical and clinical settings.

The impact of this investment is felt both internally and externally, with this individual using their platform spread the scope of their influence as widely as possible.

Their teaching methods are innovative and inspired, their special qualities both setting them apart and improving the experiences of all those around them.



Their learners and trainees' journeys are hugely benefited from the impact of their leadership and guidance.

### What makes Sophie our winner?

The winner of the first ever Outstanding Contribution to Education (Non-Clinical) Award is Apprenticeship **Operational Manager, Sophie Foster!** 

Since coming into post in June 2022, Sophie is described as oozing passion, when it comes to supporting her team and delivering high quality teaching.

Demonstrating trust values in everything she does, Sophie takes personal responsibility for educational standards supporting all around her, including colleagues and learners beyond her management.

Hard working and approachable she constantly strives to better the standards of the trust's

apprenticeships on offer. Regarded as a fundamental contributor of the trust achieving a GOOD in our OFSTED rating, last year with her passion for education, attention to detail and expert knowledge shining.

About her, one nominator said: She's an leader excellent and ambassador, yet despite her own experience and knowledge, she's still the first to praise others and recognise team efforts."

Beneath the leadership of Sophie and her team an overwhelming majority of learners complete their

courses timely, with the amount of distinctions achieved growing steadily, reflecting the impact of her quidance.

Other improvements have included the incorporation of new modules into existing courses, liaising with ward managers to develop alternative schedules to enable learners to attend apprenticeship study with minimal impact on their work areas and adapting curriculum delivery to accommodate clinical pressures.

# About her award, Sophie had this to say...

Describing herself as 'still in shock' on the night, adding the work she does would not have been possible without her team.

She said: "I am extremely grateful to have even been nominated for this award never mind having been awarded the winner on the night.

I thoroughly enjoy my role in the organisation and feel privileged to work with an incredible team of individuals whose collective contribution has such a positive impact on employees across the organisation through our apprenticeship delivery."

# **Outstanding Contribution** Runner up

From the incredible pool of nominees, we have two wonderful individuals voted as the first highly commended, Outstanding Contribution to Education (Non Clinical).

The first is Deputy Chief Allied Health Professional, Hazel Pennington.

Showing care and compassion to all she interacts with, her approachable nature has allowed her to nurture excellent relationships throughout both the trust and the Integrated Care System.

The driving forced behind LTH 's 'grow your own' project to develop AHP support workers, the scheme has led towards the introduction of Occupational Therapy Degree Apprenticeships alternative entry points for a shortage occupation.

Her nominator regarded her as: "an exemp-lary listener and a joy to work with. Her deep understanding of people allows her to give nonjudgemental support to all and implement positive

and meaningful change."

About her commendation, Hazel said: "I was thrilled to hear that I been nominated, and it was an honour

receive a highly

valued and that

reinforcement, and

I am grateful to my

Our next finalist is

Apprenticeship

your

some

appreciated.

Everyone

nominator

putting

forward;

vou."

work

It is nice to feel

is

needs positive

for

me

thank

commended award.



Lead, Michelle Braithwaite

Described as 'passionate about high quality education,' Michelle is constantly advocating for the needs of both her learners and the trust. Her enthusiasm has shaped

the Learning Mentor Scheme into the incredibly successful course that it is and she inspires and shapes the rest of her team on a daily basis, ensuring all learners within the department are provided with the best possible experiences. Always open to the feedback of learners, Michelle has implemented



Michelle Braithwaite Apprenticeship Programmes Lead • Apprentice Training

multiple improvements, allowing the course to develop into the hugely successful scheme it is, with rates currently 26.4% higher than national average!

About her, her nominator said. "Michelle has fantastic communication skills and it is evident through her hardwork and determination that she has supported the team to develop the LM Apprenticeship into a highly successful programme." Michelle said: I feel proud and honoured that I had been nominated for the award and very grateful to have received a recognition for it."

# **Most Inspirational Classroom Based Teacher Award**

### What makes an Inspirational **Classroom Based Teacher?**

The Most Inspirational Classroom Based Teacher award recognises those educators who have (and continue to) deliver learning that both motivates and inspires their learners and trainees.

Whether these be teaching sessions or Interprofessional learning sessions, their performance demonstrates a real passion and determination to education that shines through in their teaching.

These sessions, which have taken place either online or in a classroom setting exhibit the teacher displaying role model like behaviours that exceed the expectation.

They have motivated and inspired their students through their incredible dedication to their craft, with enthusiasm.

Not only do they exhibit a supportive nature, they adapt sessions to suit the needs of their learners and seamlessly align the theory into practice, whilst also utilising creative and interactive teaching methods.

This creates a unique and memorable classroom experience that the learners will carry throughout their career.

# What makes Neil our winner?

The winner of our Most Inspirational Classroom Based Teacher Award is Senior Resusitation Training Officer, Neil Howarth!

With his passion for teaching being called 'inspirational' by his nominees, Neil is renowned for his care, compassion and commitment to the role he delivers.

Renowned for his adaptable teaching styles, not only are his lessons memorable and inspirational, they are also long lasting.



**Neil Howarth** Senior Resuscitation Training Officer [PA], **Resuscitation Training** 

The style of his multi-professional teaching with both pre and post graduates is unique. Neil supports a collaborative teaching environment, demonstrating the importance and benefits of learning as a team, encouraging those under his tutelage to share their own knowledge that is relevant to their field with the whole class, maximising learning and ensuring that patients receive holistic care at the highest standards.

His unique approach allows his students to explore scenarios and subject matter in a far greater depth, deepening their understanding whilst making

the sessions as interesting and diverse as possible.

About Neil, one nominator said.

"His passion and non judgemental attitude for his subject was inspirational. His teaching style was not only knowledgeable but he was able to change his teaching style and the complexity of his answers/questions depending on who his audience was.

(It was) on of my favourite teaching sessions that I have ever been involved in. More teaching sessions like these would really embed this ethos.'

## About his award, Neil had this to say...

Describing himself as being 'over the moon', Neil was adamant he did not expect to be shortlisted, much less win the award!

He said: "I'd just like to say thank you to every single person who nominated me. It's really, really appreciated."

## **Most Inspirational Classroom** based **Teacher Runners up**

We have three fantastic finalists for the Most Inspirational Classroom Teacher! In no particular order. our first runner up is Jane Parkinson.

Apprenticeship Programme Trainer Jane is described as always being inclusive. Forever striving to involve those with learning differences to share their experiences so that others can learn from those



Jane Parkinson **Apprenticeship Programmes** Trainer, Apprentice Training

around them, Jane is constantly checking on the needs of her learners to ensure they receive all the support required to succeed.

About her, one said: "Jane goes the extra mile. She is a role model as an educator, Jane has inspired me."

Jane added. "It is my apprentices that are the inspirational ones especially after having

Ofsted observe my session so it is to my apprentices

owe this award!'

Our next finalist is Widening Participation Tutor, Jennifer Carroll. Always going above and

beyond to ensure that all her colleagues and students feel supported, she is particularly gifted in her liaison with Running children. work familiarisation schemes for young children with learning difficulties, to careers in the NHS, her enthusiasm 'exceeds expectation.' Her nominator said: "Observing her



lennifer Carroll Widening Participation Tutor Apprenticeship and Widening **Participation Team** 

with the children makes me want to go above and beyond and I always feel so inspired by her."

Jennifer added. "I was honoured to be nominated, and to receive the Highly Commended award was a real surprise! It was lovely to feel appreciated in a way that I haven't for a long time!"

Our last finalist is Diagnostic Radiographer, Tom Welton.

Described as having an 'open door policy', he makes it known to all students that they can come to him with any gueries or problems.

Always going out of his way to offer additional sessions to support his learners aren't who as confident, Tom leaves no student behind.

One said: "He is very inspirational and motivating when it comes to teaching us! We can always count on him as our clinical tutor and he gives the best advice." Tom "lt's added. the



Tom Welton **Diagnostic Radiographer -**Clinical Tutor • Main X-Ray

bringing together of a few years of hard work developing and evolving the Radiology curriculum at Lancashire Teaching Hospitals.

# **Most Inspirational Practice Based Teacher Award**

# What makes an Inspirational **Practice Based Teacher?**

The Most Inspirational Practice Based Teacher Award recognises teachers that have delivered inspirational and long lasting practice-based learning sessions that have enhanced the experiences and opportunities of their students, whilst also contributing positively to their development.

They demonstrate role model behaviours that exceed the expectations of a standard teacher and motivate and inspire through their knowledge, engagement and enthusiasm.

Exhibiting a supporting nature and adapting their sessions to suit the learners' needs, they use bedside teaching to meet proficiencies and provide opportunities.

They utilise creative teaching practices and interactive methods to enhance experiences, wherever possible, providing a memorable practicebased learning environment.

# What makes Liz our winner?

The winner of our Most Inspirational Practice Based Teacher Award is Occupational Therapist, Liz Bury!

Liz is regarded as a 'consistently positive role model.' Her background as an Occupational Therapist has assisted Liz in having the resilience to nurture all student's individual needs, ensuring that they thrive in a clinical field.

Currently mentoring the trust's first Occupational Therapy Apprenticeship, she empowers those around her including both patients and students in a collaborative care approach, whilst fostering accountability and independence in her learners.

Working with individuals from a myriad of backgrounds, Liz shows dignity and care to everyone she encounters, adapting her teaching practices to meet the individual's needs.



### Liz Burv **Occupational Therapist, Clinical Lead • Core Occupational Therapists**

Encouraging Inter-Departmental learning Liz and the 'hands team' provide worthwhile educational experiences for all students within their care.

About her, one nominator had this to say:

"Liz is kind, caring and compassionate with patients and this level of empathy and humility extends to her colleagues and students. She embodies all the trust values. Throughout my placement, empowered me to take ownership of my own learning and believe in myself.

"I have been inspired through the level of knowledge, empathy and clinical reasoning shown by Liz and the rest of the team. Before placement, I didn't think I'd be able to learn about hand anatomy, but she made anatomy a lot less scary, providing excellent interactive teaching sessions."

# About her award, Liz had this to say...

"I am just so very grateful and humbled to have been nominated. I see education as a big part of our role, it's an important part of our role and I enjoy it and I am glad that the students are enjoying it too."

# **Most Inspirational Practice Based Teacher Runners up**

For our first Practice Based Teachers Runners Up, we have two individual awards and one joint!

First in category is Diagnostic Radiographer, Emma Jackson.

Described as giving 'truly individualised mentorship and coaching' Emma provides incredible levels of hands on support in an extremely pressurised role.

Making her students feel supported and safe within their placements, with daily one-to-one discussions she has been responsible for student ethos flourishing with immeasurable improvements in ability and satisfaction being achieved.

About her performance, her nominator said. "Radiology has seen a revolution in it's placement



Emma Jackson **Diagnostic Radiographer -Clinical Tutor** • Main X-Ray

curriculum and Emma has fuelled a lot of the shop floor changes. This past year has been difficult а transition in radiology education l can say that without the inspiration of her motivation and input, we wouldn't be where we are today with happier students, receiving a higher level of clinical education."

Next is our joint award to Pauline Smithson and Gemma McGill. Accepting the award for both, Staff Nurse Gemma is known for constantly adapting her student's learning opportunities to ensure they are always at the forefront of the wards, maximising their

experiences.

Her nominator said: 'Gemma allows students to feel in confident their practice, allowing us to ask questions no matter how 'stupid'. She is a pleasure to work alongside."

Fellow Nurse, Pauline Smithson, was the rock of many in the Avondale Ward. Regarded as being settling and supportive

but with a wealth of knowledge, her nominator said: "There was not a guestion I had that she was not able to answer. Pauline is invaluable on that ward and definitely bettered my overall experience!"

Our last finalist is Sister/Charge Nurse, Andrea Fearnley.

Attuned to the need of her learners, Andrea goes out of her way to ensure that those beneath her care feel supported and involved. Offering realistic and helpful guidance, she ensures that the needs of

her trainees are protprioritising ected, mental health and coping mechanisms, whilst also maintaing excellent standards of care. Her nominator said: "She goes above and beyond to make students feel welcome, supported, encouraged and provides an excellent learning opportunity. If I become half of be doing well."



Andrea Fearnley Sister / Charge Nurse [RNA] • the nurse she is, I will Enhanced High Care Unit

# **Champion for Equality, Diversity and Inclusion** Award

# What makes an EDI Champion?

The Champion for Equality, Diversity and Inclusion Awards recognises colleagues who make the trust a safer and more welcoming place for all.

Within the past twelve months, they have promoted and driven inclusion activities to improve the learning experiences of learners and trainees, either on an individual or broader level.

The alignment of the individual's ethos aligns with the Trust's Values of education and training.

They demonstrate clear knowledge, understanding and flexibility to meet learner's individualistic needs and refer to further support wherever appropriate.

Their actions have a clear and positive impact on the individuals they assist, along with the wider environment in general. Their strategies make the Trust a more welcoming and inclusive environment.

### What makes Jane our winner?

The winner of the Champion for Equality, Diversity and Inclusion Award is Apprenticeship Programmes Trainer, Jane Parkinson!

Described as a 'compassionate trainer', Jane is deeply committed to positive change and supporting the needs of her learners. Always the first to offer guidance and a listening ear, she is constantly making adaptions for those who need it.

Constantly going the extra mile to recognise the learners who may require additional support, Jane prioritises inclusivity on her course. This has helped a myriad of learners thrive in the apprenticeship environment, passing with excellent results, where they may otherwise have struggled.

She gets to know each learner intimately and has a wonderful understanding of their needs and ambitions, allowing her to formulate the most appropriate environment where all apprentice's needs



The Health



#### Jane Parkinson Apprenticeship Programmes Trainer, Apprentice Training

are met.

Hugely involved in staffing and recruitment, she also advocates for positive change, making a huge improvement to the workforce and patient safety.

About her, her nominator says: "Jane has inspired and motivated me to develop as a mentor and nurse and fulfil my ambition of becoming a clinical educator. With her guidance and support I gained a 96% distinction on my Learner Mentor End point assessment and 100% in my safeguarding learners exam.

Jane has demonstrated the trust values through out her teaching, being inclusive and seeking to involve learners with learning differences to share their stories so we can learn from those around us."

# About her award, Jane had this to say...

Jane simply could not believe the results! She said.

"Since joining the apprenticeship team this has become close to my heart, it is through one apprentice when listening to her story inspired me to want to support her more to achieve a distinction for her Learning Mentor apprenticeship.

This is where the passion came from to go that extra mile to support my apprentices to achieve and encourage them to be the best version of them selves and overcome any barriers that may come their way."

# **EDI Champion Runner up**

The runner up for our EDI Champion Award is **Diagnostic Radiographer, Sara Lycett!** 

In addition to her ordinary role, despite having no extra paid commitments, Sara goes above and beyond coordinating staff development initiatives to promote inclusion, within the trust.

At the fore front of her mind is the trust's students, constantly thinking of ways that they can gain further experiences of their field.

Described as having an 'unfalteringly positive attitude, nothing is too much for Sara professionally or developmentally.

Having recently coordinated a CPD station to give staff and students a specific place to coordinate CPD activities, she is also a pioneer of EDI initiatives within radiology.

The department's health and well being champion, Sara is constantly looking for new ways to highlight good working mental health, ensuring the stigma of mental health is unwrapped and normalise talking.

Additional changes she has made include the radiology positivity board that highlights good professional practice, along with running an active social media.

Her nominator said: "Sara acts with true exceptional leadership especially in relation to mental health support and promotion. Recently, she provided



Sara Lvcett Diagnostic Radiographer -Clinical Tutor • Main X-Ray

This gives massive security to a nervous student wanting to find their feet. To put yourself in to this role takes bravery and integrity."





1 to 1 discussion with a new student to the trust who highlighted anxiety and panic attacks as a risk factor. Without a beat of the heart, willingly Sara introduced herself to this student and continues to offer herself as a mentor with an empathetic shoulder to discuss and settle this

# **Innovation in Education Award**

# What is Innovation?

The Innovation in Education Award recognises both individuals and teams that have implemented innovative solutions within education to improve the experiences of learners and trainees.

This could take on many forms including implementing innovative solutions within a learning environment, an idea that has been developed and enacted to support the delivery of education and much more.

This innovative engagement has provided an improvement in the learner experience, benefiting trainees and students from a multitude of backgrounds and there has been a clear impact of this idea/service delivery.

The individual is future thinking and underst-ands the needs and wants of their students. Without this new innovation, teaching would be more difficult and learning would not be as fulfilling.

# What makes Hannah our winner?

The winner of our Innovation in Education Award is Apprenticeship Programmes Trainer, Hannah Harwood!

Back in 2021, the Trust was approached by the British and Irish Orthoptic Society (BIOS), along with representatives from the university of Liverpool to take part in a Clinical Placement Expansion Project team to explore the possibility of using Hololens Technology in within medical education.

A year later, Hannah launched a weekly live streaming of patient's Orthoptic examinations to students across three of the four universities that provide Orthoptic Undergraduate Training.

Because of Hannah's initiative, the trust remain the only hospital to currently provide this experience. The Microsoft HoloLens is a head mounted de-

vice that uses Augmented Reality technology to



### Hannah Harwood **Orthoptist, Advanced Practitioner, Orthoptics**

overlay holographic images over the real world.

It enables the Orthoptists to examine the patient as they usually would whilst being able to stream that same view.

Feedback from these sessions has been out-standing, increasing the learning capacity of a single patient examination beyond belief, whilst also giving the students entirely unique experiences that they would otherwise not have had, ultimately revolutionising the future of Orthoptic education.

The programme has also been of huge benefit to the trust, with not only the HEE currently negotiating tariffs over sharing delivery but also the major possible increase in recruitment, supporting the 2022-27 AHP Strategy for England, going a long way to bridge the gap in a shortage occupation.

# About her award, Jane had this to say...

"I feel really proud. Its delightful to be recognised as I did work really hard to make this happen.

I really hope this helps promote virtual placement experience for other disciplines and I would happily support other's wanting to utilise the same technology.

I am grateful to my manager Claire Critchley who really supported me during development and implementation giving me the opportunity to see this through to completion.

I'm also proud to be a member of a trust with a great digital education team who supported me and an efficient information governance team."

### Innovation Runners up

With so many incredible innovative projects ongoing it was impossible to pick one singular runner up, so, in no particular order, here our our finalists.

Firstly, Tom Welton, Emma Jackson Jonathon Duddle and the Blended Learning Team with their revolutionary new Radiology curriculum.

With 1/8 roles in Radiography across the UK currently lying empty something drastic needed to be done to increase the amount of students entering the profession.

Although the trust was considered 'full' for its Radiology student provision it was found that by adjusting its teaching style an increase of up to 90% capacity in the coming years, but how?

With an innovative collaboration of simulation, research and inter-professional learning outcomes radiology students are now thriving beneath a pioneering education model that is gaining national



Tom Welton, Emma Jackson Jonathon Duddle and the Blended Learning Team

attention. Although virtual simulation is a still a new technolo-

gy, almost exclusively found at university

sites the trust have pioneered a two prong approach that brings learning away from the university and directly in to the clinical placement environment.

Each student benefits from their own licence and access to virtual x-ray rooms where they can position, practice and take x-rays in a safe, virtual world, drastically reducing the student's apprehension levels.

In addition, there is also 360 video based software, aimed at immersing students in high stress situations that give them a greater understanding, education and test their knowledge prior them experiencing this situation in a real clinical setting.

Feedback from students has found this to be overwhelmingly positive, with students saying that the immersive videos eviscerate the 'sink or swim' approach that previously existed within the profession.

Radiology have torn up the manual on what a professional radiographer looks like and tailored the experience for the NHS of tomorrow, breaking down barriers and eviscerating boundaries.

Our next finalists are the Professional Education Department with their Degree Nurse Apprenticeship

Programme! Previously only а career that accessible by а degree pathway, the launch of а Nursing



Apprenticeship in 2020, changed the future of nursing. In partnership with Northumbria University, the PED Team launched their first intake that September.

With the programme having been in development since December 2018, deliberations with the Nursing and Midwifery Council and recruitment events were undertaken, not pausing despite the pandemic.

One of the key drivers for this apprenticeship has been to find a way to support existing Assistant Practitioners/Nursing Associates into becoming registered nurses as quickly as possible.

The Apprenticeship length of eighteen months was subsequently agreed with the Nursing and Midwifery Council.

After some funding and applying for grants, the trust has been able to support 84 aspiring nurses to

undertake their studies, becoming Registered Nurses.

The issue that this programme addresses was that many existing Assistant Practitioner/Nursing Associate (AP/NA) staff desperately wanted to train as Registered Nurses however, they saw the prospect of sacrificing their salary for 2 years to return to university and pay tuition fees, as a significant barrier.

This programme enables them to complete their training in 18 months, pays them an apprentice salary for the duration of their training, and their tuition fees are paid by the apprenticeship levy. The degree is validated by Northumbria University, however, apprentices train locally having their theory sessions delivered by LTH academics in Preston college and attend placements within Lancashire Teaching Hospitals clinical areas.

Within this programme we have an exceptionally low attrition rate of only 5% that the team have attributed to the small cohorts of less than twenty and the intense tutor support.

Our final position of runner up is won jointly by the Facilities Management Training Team and the Clinical Skill Team.

The Facilities Management Team are a department of over 1500 staff who support innumerable further departments throughout the trust, therefore it is imperative that they are trained correctly.

To make this process as seamless as possible, the FM Training Team provide specialist forums to support the needs of the new employees

Responsible for providing new starters upon induction to complete all their mandatory training and often operate as a first point of call for new starter queries. They provide immediate advice where they are able and point them in the right direction where they need more specific advice.

They have recently begun to provide regular New Starter Forums to offer additional assistance,



received glowing feedback just moved offices into new training

which has and have

а

room at RPH, which is designed to provide a guiet space for learning.

The Facilities Management department face a unique logistical challenge in that not only do they account for 11% of the total LTH workforce but that their staff do not utilise computers as a routine part of their role.

A significant number of their staff also have English as a second language, providing an added training challenge that the team routinely overcome.

They are a focal point for community spirit within the Facilities Management Team and make a real difference to the positivity of the department.

Our last runner up is the Undergraduate Clinical Skills Team!

As the Pandemic was reaching an end, the uncertain decision was made to bring the learners back into the classrooms, with all departments asked



to adapt their teaching practices to make allowances for Covid **Restrict**ions. This includ-

ed making significant reductions to the number of students in a classroom at any one time, to allow for social distances.

Consequently, this meant having to increase the number of sessions taught. The previous Clinical Skills sessions included taught theory, practical demonstration and student practice time. However, it was impossible to deliver this in the same way for the number of sessions needed.

The team therefore introduced an innovative solution of a 'flipped classroom' where students covered theory at home at practical elements in the classroom.

Staff created twelve interactive e-Learning books and 28 films. These covered in detail the theory and practical demonstration of 20 Clinical Skills ranging from simple skills such as taking a radial pulse up to more complex skills like taking an blood sample from an artery. Although initially just aimed at by Manchester Medical Students the films are still in use by a wide variety of staff and students.

# **Outstanding Learning Environment** Award

# What makes an **Outstanding Learning Environment?**

The Outstanding Learning Environment Award is the first of our two unique awards in that the winner and finalists were not peer nominated.

Instead, these results are based on the internal feedback provided by learners and trainees following clinical placements.

Data is formulated from surveys, focus groups, placement evaluation scores and STAR rating.

In addition to this, there is also external feedback used from surveys such as NETS and GMC NTS to provide an overall holistic picture of student's learning experiences throughout the course of their placement.

# What makes the Surgical Assessment Unit our winner?

According to the feedback students across multiple platforms, the winner of the first ever Outstanding Learning Environment goes to the Surgical Assessment Unit.

The department reportedly makes learners feel 'like part of the team' from day one. Staff are exceptionally welcoming and offer their support and guidance when it comes to answering any and all questions.

In addition to this, staff members go out of their way to provide guidance and assistance, along with lessons to help learners further their experience.



One learner said:

"All staff on SAU have been role models and making the learner push themselves further to achieve and become half the staff they are!"

# **Outstanding Learning Environment Runners Up**

With such high quality feedback from ALL learning environments across the trust it was a near impossibility to shortlist, much less pick a winner.

As a result, we have multiple highly commended in category, in no particular order.

Firstly, we have the Endoscopy Department at Royal Preston Hospital.

Described as being a fantastic area to work in, the staff were heralded on their kindness and supportiveness, with one learner saying:

"All staff were lovely and welcoming. I have loved this placement and have enjoyed every second of it!"



Next, is the Paediatric Assessment Unit. An incredibly encouraging area to work, within the PAU students are encouraged and nurtured to work underneath their own initiatives, with one learner saying.

"I was treated like a member of the team from the start. I was allowed to work autonomously within my capabilities and was supported to learn on the job and choose what I wanted to do and learn each day to progress. The job itself was varied and gave a lot of different service users with different conditions to learn about and the multidisciplinary team was happy to involve me in all aspects of care."



Our third department is the wonderful Ward 21!

With an over 95% satisfaction rate, practically all students come away from their time on placement feeling supported, guided and having had a positive experience.

Whilst already undertaking their usual life saving stroke care Ward 21 go out of their way to support their learners and make them feel part of the team, helping improve overall student satisfaction and promote further retention rates!



Our last, but by no means least, runner up is the Medical Assessment Unit at Chorley District Hospital!

Again, boasting a 95% satisfaction rate from student placements, the ward and its staff provide an excellent learner experience.

A great and supportive atmosphere where students get to experience the assessment department they are under excellent mentorship on MAU.





# **Excellence in Education Award**

# What constitutes as **Excellence**?

The Excellence in Education Award is the overall award of the Education Awards.

Judges look over all the outstanding individuals and teams who have been nominated in the various category and look at who they feel, based on the nominations received, have had the most influence on Education within the trust.

They consistently improve the fields of education in which they work, offer support and guidance to all those around them and benefit learners and trainees the most.

Their dedication and performance is unparalleled, showcasing the best in education and making them the worthy winner of the most coveted award of the 2023 Health Academy Education Awards.

# What makes Jane our winner?

The winner of the FIRST Excellence in Education Award is Apprenticeship Programme Trainer, Jane Parkinson!

A consistent figure throughout the awards and nominations, Jane's calling is the apprentices that she mentors and the Learning Mentor Scheme.

Passionate and supportive in everything she does, Jane is dedicated to each an every student that comes into her care. Never making them feel like they are too much, she adapts her needs and schedules and is regarded by multiple nominators as an amazing assessor and trainer.

Here a just a few of the reasons why Jane was given the excellence award.

"Jane is selfless, always putting her learners first. I was able to contact her at anytime and she would always make contact back soon as she was available.

"Jane demonstrated a lot of knowledge throughout our training for the learner mentorship apprenticeship and made myself feel at ease for my end point assessment. She has been such an amazing assessor/trainer and I can not thank her enough for all her support."

"Jane is a compassionate trainer who listens effectively and delivers on her promises. She is committed to positive change and supporting her learners. She is deeply caring and checks in on her learners, offering guidance and a listening ear. She is an inclusive trainer, making adaptions for those who need it."

"Since starting my mentorship the nominee has been kind, compassionate and friendly towards myself and all other learners. She always makes the time to support, guide and advise on both learning and personal struggles. She works outside her contracted hours to ensure our work is marked and signed off on time as well as staying in touch throughout our time in practice to keep track of our learning and improve our mentoring skills and knowledge. Jane really cares about all her learners and this shows through in her work and her personality."

"She is empathetic, caring and selfless as a whole."

"I have had a lot of personal issues that have been thrown at my over the last year and she has been very supportive throughout this. I have been able to contact Jane just to talk and she would check in on my welfare to ensure I was okay. If we arrange meetings for the learner mentorship, nominee would come in on weekends or on night shifts to catch up with her learners."

Very well done, Jane!

# About her award, Jane had this to say...

"WOW! I am so unbelievably surprised and truly honored, I now know how Ant & Dec feel when they go to the awards, lol! Thank you to all who believed in me.

I was surprised to see that I had been nominated for so many awards not thinking I would stand a chance against all those fabulous people who were nominated, it was lovely to hear my name read out

for the nominations but actually win wow... that doesn't happen to me - I am not that lucky!

But on a serious note I am absolutely blown away by the kindness of all those who voted and believe in me.

I love my job working in the Apprenticeship Team and I want to thank my manager Jackie Higham who saw something in me to give me the opportunity to work in her team and be able to flourish and be the best that I can possibly be.

Thank you again to all my apprentices and colleagues who have made this possible you are all superheroes in my eyes!"

