

DynaMed

What is DynaMed?

DynaMed is a clinical reference tool that provides answers to your **clinical questions** quickly and easily, no matter where you are. DynaMed helps you to be confident in your practice and saves you time. It provides the busy clinician with key takeaways, targeted synopses, and clearly defined recommendations based on the best evidence and clinical expertise. DynaMed can help you with revalidation, training & earning CPD credits.

How do I access DynaMed?

1) From a Trust PC

At work on a Trust computer go to: <https://www.dynamed.com/>

You should not need to log in with your OpenAthens username or password.

2) From Home / non-Trust device

From a non-Trust device go to following link and login with your OpenAthens username & password:

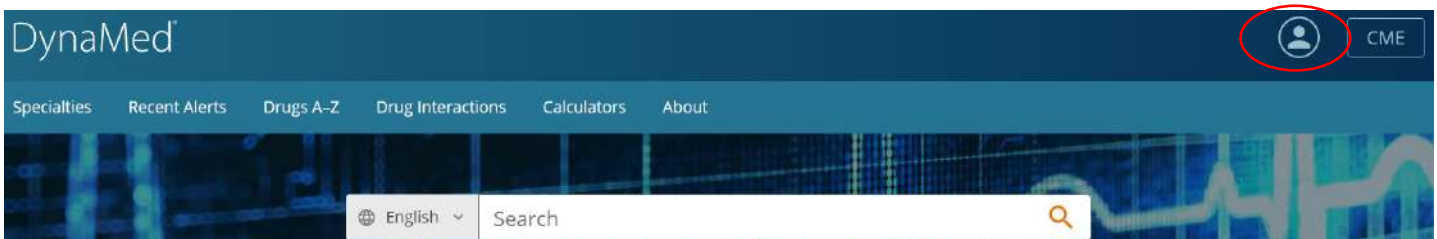
<https://search.ebscohost.com/login.aspx?authtype=ip,athens&profile=DMP>

3) DynaMed Plus App - See page 5



Register for a DynaMed account

USING A TRUST COMPUTER We recommend you register for a **DynaMed account** as this will give you full access to all it's features and also enable you to use the **DynaMed App**. At the top right of the homepage, click on person icon:



Next click on the link '**Create account**'. Complete the online form and then click '**Register**' to create your account.

Sign in once registered. This will affiliate your account with Lancashire Teaching Hospitals. Your initials will appear at the top once you're signed in.

Register for a Personal Account

Already have a personal account? Sign in now

Signing up here will affiliate your account with LANCASHIRE TEACHING HOSPITALS NHS FOUNDATION TRUST and give you access to their subscribed content.

Email Address

Password [Show Password](#)

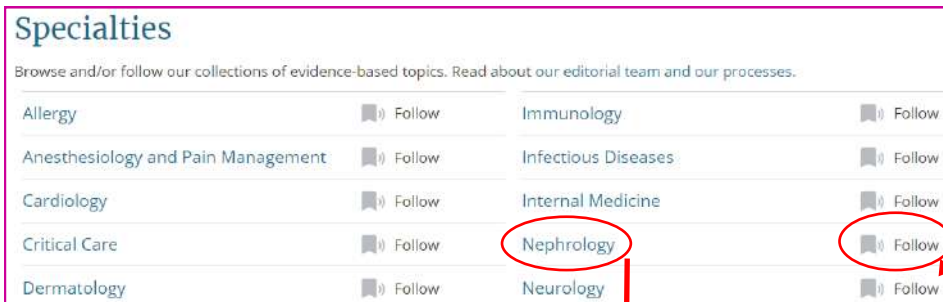
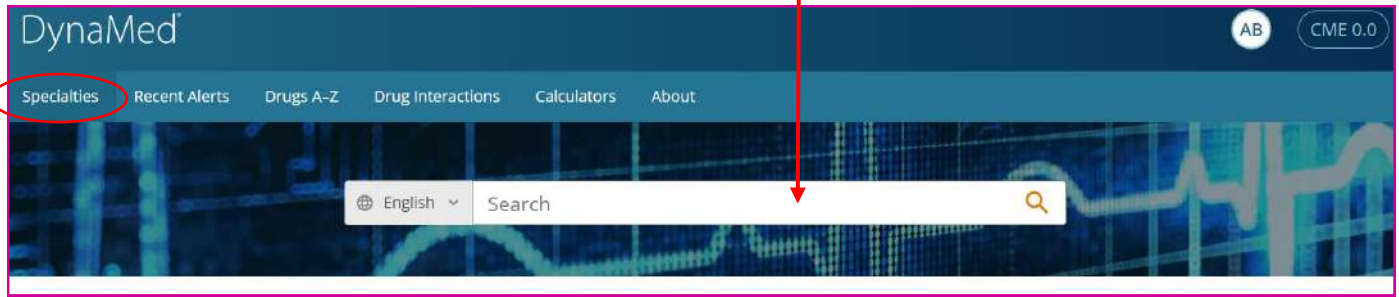
Your Information

First Name

Last Name

DynaMed Homepage - Browsing Specialties & Updates

You can use the **search box** at the top of the page for simple **keyword searching**, or you can browse by specialties:

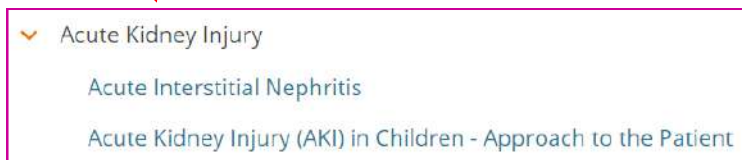


To browse DynaMed, click on the **Specialties** drop-down menu and select a **specialty of interest**, e.g. *Nephrology*.

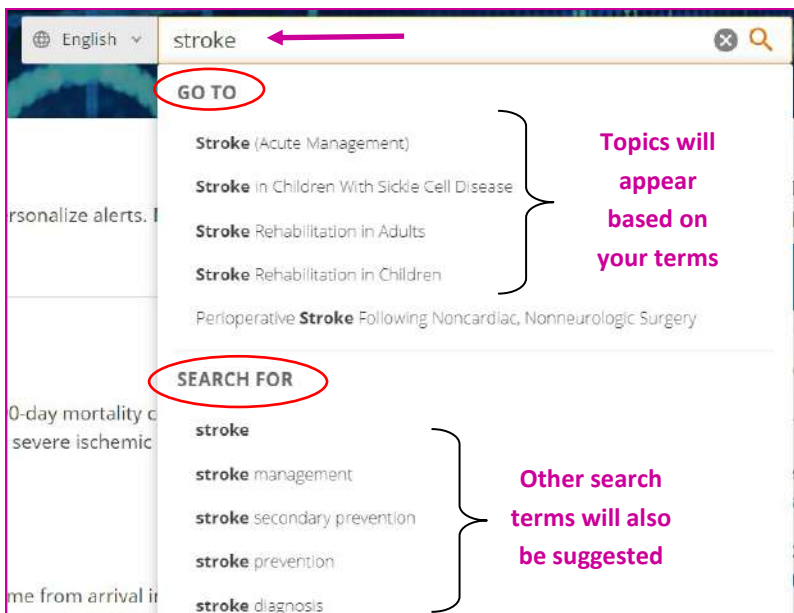
A list of related conditions will be displayed. Click on a condition you're interested in to see more related topics, e.g. *Acute Kidney Injury*.



You can also **'Follow'** a specialty to get alerts when there are significant updates to this content. You must be signed in to your **personal account** to follow topics.



Searching DynaMed



Begin by typing your **search terms** into the search box, e.g. *stroke*.

Press **'Enter'** or click on the **magnifying glass** icon to be taken straight to the results for that search term.

DynaMed will also make **suggestions** as you type. In the **'GO TO'** section it will display **topics** that match your terms. Select the appropriate one.

OR select a **suggested search term** under **'SEARCH FOR'** to view all results for that term.

DynaMed Search Results

When viewing **ALL results** for a search term, you will see a list of relevant **topics & calculators**, and tabs for **videos and images**.

Click on the **title** to be taken directly to that topic, e.g. *Long-term Management of Stroke*

The screenshot shows search results for 'stroke'. On the left, there are filters for 'CONTENT TYPE' with checkboxes for 'Approach To Patient (13)', 'Condition (149)', 'Device (1)', 'Drug Monograph (21)', 'Drug Review (15)', 'Lab Monograph (3)', 'Procedure (17)', and 'Other (109)'. A red arrow points to the 'Procedure (17)' checkbox. The main content area shows a calculator for 'Atrial Fibrillation Five Year Risk of Stroke or Death' and a management section for 'Long-term Management of Stroke' which is circled in red. A red circle highlights a three-dot menu icon next to the 'Long-term Management of Stroke' title.

OR you can also click on the 3 dots to expand a list of **ALL sections of a topic**, then click a heading to go directly to that section, e.g. *nutrition, prognosis, etc.*

The expanded menu lists various sections: Overview and Recommendations, Related Topics, Secondary Prevention, Swallowing dysfunction, Nutrition, Cognitive Impairment and Dementia, Depression and Other Psychological Issues, Poststroke fatigue (PSF), Stroke and sleep disorders, Pain and Spasticity, Prevention and Treatment of Comorbidities, and Prognosis. A red arrow points from the three-dot menu icon in the previous screenshot to this menu.

You can also narrow the results using these **filters** at the side of the screen, e.g. tick the box next to 'Procedure' to see only procedures related to this search.

Viewing a DynaMed Topic

When viewing a **DynaMed topic**, the latest updates to the information can be viewed by clicking on the **Updates** tab.

Click on these icons to either **print, follow, cite, or share** this topic.

The screenshot shows the 'Long-term Management of Stroke' topic page. The 'TOPIC' tab is selected, and the 'UPDATES' tab is circled in red. On the right, there are icons for print, follow, cite, and share, also circled in red. The main content area shows the 'Overview and Recommendations' section with a 'Background' subsection. A list of bullet points follows, including 'Long term management of stroke includes evaluation and management of the following: secondary prevention of stroke addressing nutrition and swallowing, managing long term cognitive and psychological issues, managing post stroke symptoms such as fatigue, sensory impairments, pain and spasticity, preventing secondary complications such as falls, dental issues, pressure ulcers, managing seizures and sleep apnea, managing bowel and bladder dysfunction, assessing prognosis, and preventing hospital readmission.' A red arrow points from the 'Prevention and Treatment of Comorbidities' section in the left sidebar to the main content area. Another red arrow points from the 'Updates' tab to the 'Updates' section of the main content area. A third red arrow points from the share icons to the 'Topic editors' section on the right.

To view the **individual sections** within the topic, click the desired heading in the column on the left, e.g. *prevention and treatment*. You will be taken straight to that section.

When you start **scrolling** through the topic, you will move through each of the sections listed at the side.

Topic **editors** are listed at the side.

Following a DynaMed Topic

NOTE: You must be signed into your personal account to follow topics.

You can keep up-to-date with any updates by **'following'** the topic.

Click on the **icon** highlighted below and select one of the available options.

Long-term Management of Stroke

TOPIC UPDATES

Overview and Recommendations

- Background
- Evaluation
- Management
- Related Topics
- Secondary Prevention
- Swallowing dysfunction
- Nutrition**
- Cognitive Impairment and Dementia
- Depression and Other Psychological Issues
- Poststroke fatigue (PSF)
- Stroke and sleep disorders
- Pain and Spasticity
- Prevention and Treatment of Comorbidities
- Prognosis
- Rehabilitation

Overview and Recommendations

Background

- Long term management of stroke includes evaluation and management of the following: secondary prevention of stroke addressing nutrition and swallowing, managing long term cognitive and psychological issues, managing post stroke symptoms such as fatigue, sensory impairments, pain and spasticity, preventing secondary complications such as falls, dental issues, pressure ulcers, managing seizures and sleep apnea, managing bowel and bladder dysfunction, assessing prognosis, and preventing hospital readmission.
- For other acute stroke or rehabilitative care for stroke information see related topics:
 - Stroke (Acute Management)
 - Stroke Rehabilitation in Adults
 - Antithrombotic Therapy for Secondary Prevention of Stroke or TIA
 - Swallowing Dysfunction After Stroke
- Poststroke dysphagia is reported in 27%-64% of patients and is reported to resolve within 2 weeks in about 50% of patients, with continued swallowing problems after 1 month in 15%. This may lead to aspiration, which in turn may lead to chest infection or pneumonia; malnutrition, impaired rehabilitation, infection, prolonged hospital stay, and death.

TOPIC EDITOR
Igor B. Dorokhine MD

RECOMMENDATIONS EDITOR
Zbys Fedorowicz MSc, DPH, BDS, LDSRCS

DEPUTY EDITOR
Alexander Rae-Grant MD, FRCPC, FAAN

Follow

Get alerts when there are significant updates to this content.

Select:

All Email Alerts

Only Potentially Practice-Changing Email Alerts

No email, please. Just show me alerts on DynaMed.

Follow **Cancel**

You have **3 options**. You can choose to receive *'All email updates'*, *'Only potentially practice-changing email alerts'*

OR you can select to receive updates on the DynaMed home page **ONLY**, without receiving emails. Select *'No email, please. Just show my updates on DynaMed'*. Choose your preferred option and click **'Follow'**.

Return to the home screen, by clicking on the **DynaMed Logo**.



On the homepage, you will see two tabs: **'Followed'** which lists updates just for the topics you follow, or **'All topics'** to see the latest updates for all topics on DynaMed.

You can also click on the link **'Follow your speciality'** to find more content to follow, or you can click on **'Manage'** to see what you're already following and remove content by clicking on the **bin icon**.

Recent Alerts

Follow your speciality and individual topics to personalize alerts. **Manage** followed content.

FOLLOWED ALL TOPICS

All | Potentially Practice-Changing Only

Evidence • Updated 17 May 2022

early hypocaloric enteral nutrition may increase 90-day mortality compared to both full enteral nutrition and full enteral nutrition plus prokinetic drug in adults with acute severe ischemic or hemorrhagic stroke in China (Lancet Neurol 2022 Apr)

View in Stroke (Acute Management)

Evidence • Updated 17 May 2022

flying intervention team service might decrease time from arrival in primary stroke center to reperfusion compared to interhospital transfer of patients to referral stroke center in adults having endovascular thrombectomy for acute large vessel ischemic stroke (JAMA 2022 May 10)

View in Stroke (Acute Management)

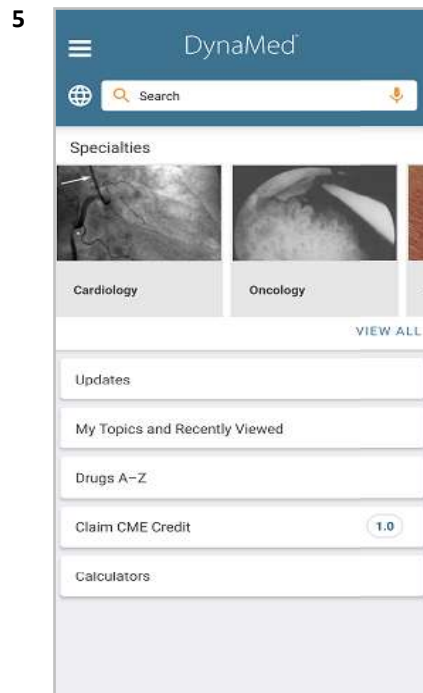
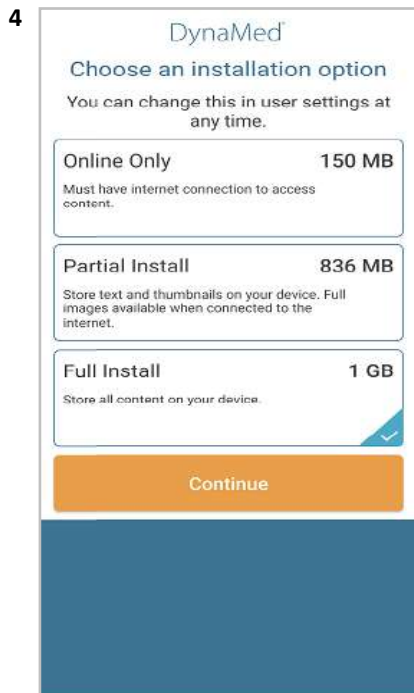
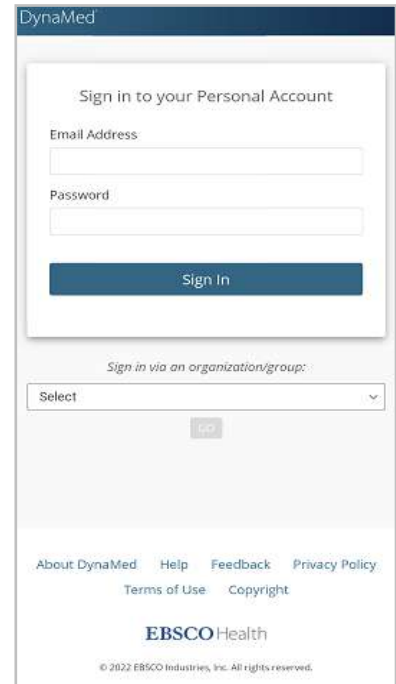
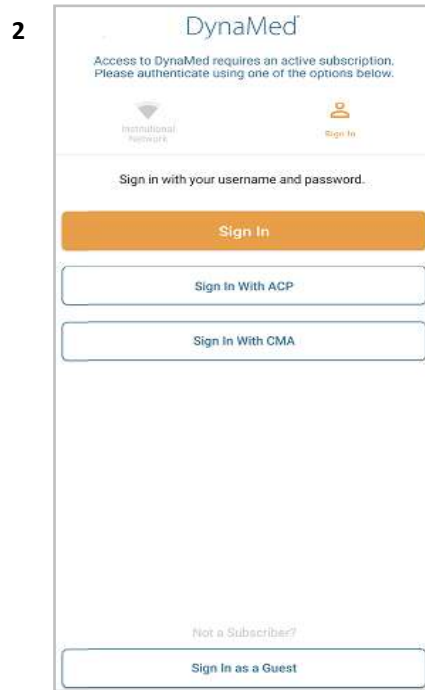
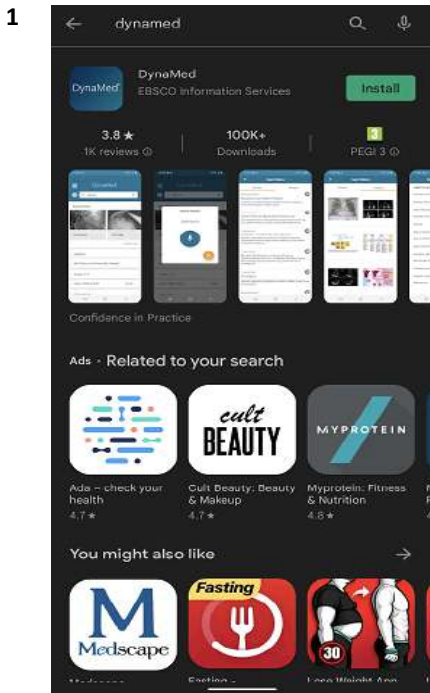
My Followed Content

MANAGEMENT	Stroke Rehabilitation in Adults	
MANAGEMENT	Stroke (Acute Management)	

Download DynaMed App

Go to the **App store** on your mobile phone or device, and search for **'DynaMed'**.

Click **'Install'** and then open the App. Accept **'Terms of Use'**. Next choose option to **'Sign in'**, and sign in with your **personal account details**.



Select which version you prefer to download and click **'Continue'**.

Allow it to download onto your device.

You will now have access to the App on your phone.