

YOUR STAFF LIBRARY NEWS

Volume 24, Issue 3

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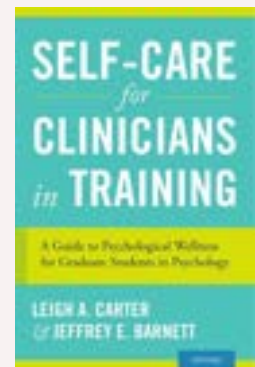
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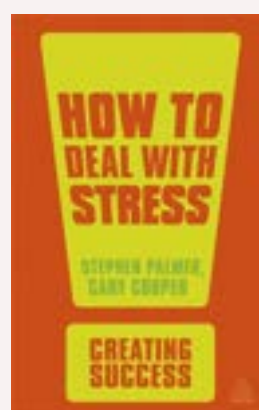
Health and Wellbeing E-Books

Did you know that the library has a collection of over 30 health and well-being e-books?



Take an ebookmark from the library today!

Our bookmarks can be found by the printer at each site.



Chief Executive, Silas Nicholls, visits the library

The library service welcomed CEO Silas Nicholls yesterday who visited us at our Preston site. Silas was keen to hear how the library service supports patient care, supports staff well-being and was impressed with the range of services the library offers. He was particularly interested in our leadership and management resources so we showed him our book collection and also talked about our online management resources including, eBooks, databases and access to Harvard Business Review.

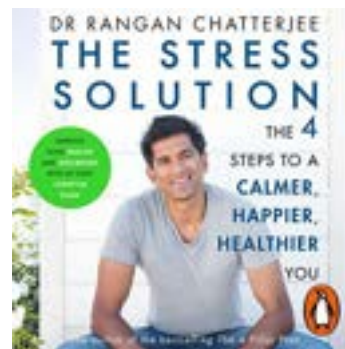
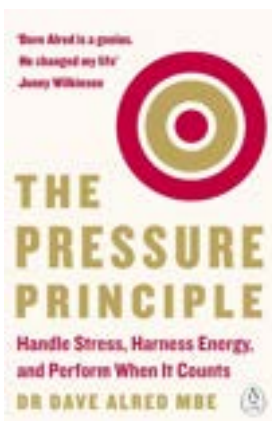
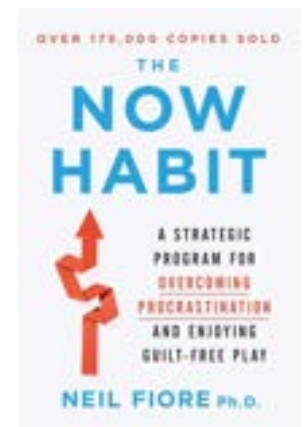
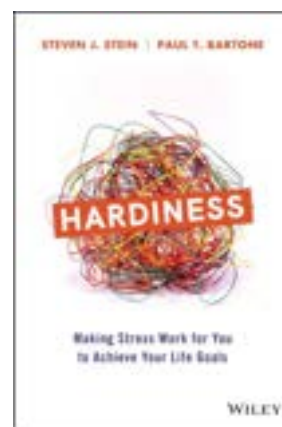
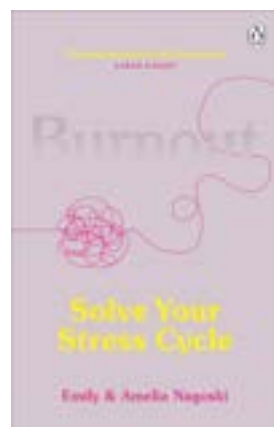
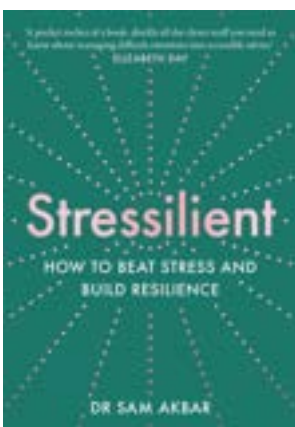
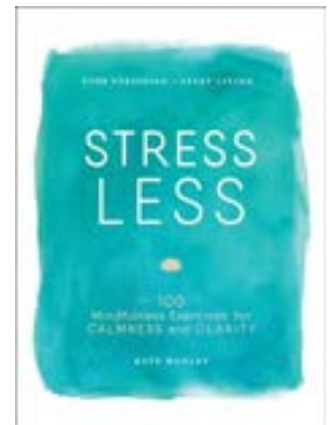
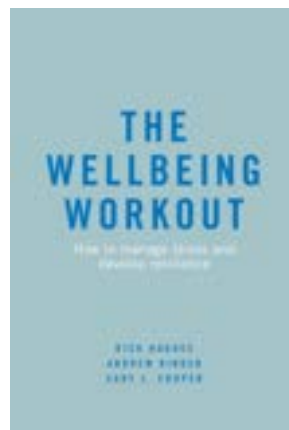
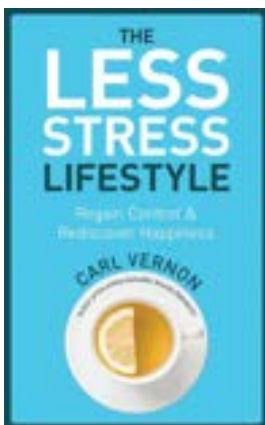
If you would like any information on our leadership and management collection or would like to know how the library can support you and your team please contact us on library@lthtr.nhs.uk



Reading List

Stress

The Library has a growing collection of books for improving staff well-being. The following books on stress are available to borrow. Click here for the [library catalogue](#). If it is an e-book you will need to enter your Athens username and password.



Scan here
for full list:



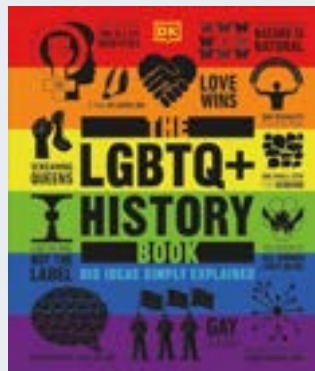
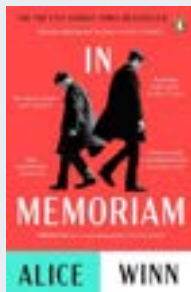
LGBTQ+ Celebration Day



The library supported the LGBTQ+ Forum that was held in the Education Centre on 26th February. We took along a selection of books which are available in the library from our diversity and well-being collections and spoke about the service.

If you have any book recommendations please do get in touch with the library as we would like to continue developing our collections to support the EDI forums. To find out what books we already have in our collection, click [here](#) for our LGBTQ+ list.

For more information about the forums contact inclusion@lthtr.nhs.uk



Neurodiversity Celebration Event

On 18th March, Louisa and I attended the Neurodiversity Celebration Week event at Education Centre 1, run by the EDI team (Equality, Diversity and Inclusion).



What is Neurodiversity Celebration Week?

Well it is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neurodivergent individuals are perceived and supported by providing schools, universities, and organisations with the opportunity to recognise the many talents and advantages of being neurodivergent, while creating more inclusive and equitable cultures that celebrate differences and empower every individual.

We had an interesting presentation to see how Lancashire Teaching Trust Hospitals hope to embed the principles, starting with a sneaky look at the new 'Neurodiversity Toolkit' which is to be rolled out later in the year, providing information on how the Trust can support Neurodivergency.

The biggest takeaway I got was that if we put our Neurodiversity on the ESR pages, then the Trust will be able to see what proportion of staff may require Reasonable Adjustments, which will help to make the Trust a better workplace.

We had a display matching our Library displays in both Preston and Chorley with us, please call in to see our range of books aimed at supporting differences. Don't forget, along with quiet areas at RPH and the pods for individual use at Chorley, we also offer longer loan periods to support Dyslexia. We also have Noise Cancelling headphones in addition to the ordinary headphones, please ask and we will be happy to help.

Sarah J & Louisa



**Neurodiversity
Celebration
Week**



KnowledgeShare

Keep up to date with research

Not sure how to keep up to date with research in your speciality?

We can email you the latest published evidence tailored to your needs.

What is KnowledgeShare?

KnowledgeShare is a service which provides evidence updates tailored to your specific professional interests. Alerts generated include guidelines, systematic reviews and selected high-level journals.

Why use KnowledgeShare?

Knowledge share helps you deal with information overload, while ensuring that you receive high quality information on topics that are important to you.

To sign up visit our website [here](#). Or scan the QR code to complete the form:



Reservation Reminder

Place reservation

When reserving books on the online catalogue, you can choose the pickup location of the book. Make sure you choose the right library from the drop down options, otherwise the book will end up at the wrong library and you may miss out on your reservation!

Once your reservation is available to pick up from your chosen library, you will have 2 weeks to collect before it is returned to the home library and the reservation is cancelled.

The screenshot shows a web interface for placing a reservation. On the left, the text reads: "Placing a reservation", "Confirm reservation", and "Place a reservation on The switch by O'Leary, Beth". Below this, the "Pick up location:" dropdown menu is open, displaying a list of 17 library options. The option "Lancashire Teaching Hospitals NHS Foundation Trust - Preston Library" is selected and highlighted. Below the dropdown is a "Show more options" link and a green "Confirm reservation" button.

Pick up location: Lancashire Teaching Hospitals NHS Foundation Trust - Preston Library ▼

- Alder Hey Children's Hospital Library
- Bolton NHS Library
- East Cheshire NHS Library
- Greater Manchester Mental Health NHS Library
- Lancashire and South Cumbria NHS Library
- Lancashire Teaching Hospitals NHS Foundation Trust - Chorley Library
- Lancashire Teaching Hospitals NHS Foundation Trust - Preston Library
- Liverpool Heart and Chest NHS Library
- Liverpool University Hospitals NHS Foundation Trust - Aintree Library
- Liverpool University Hospitals NHS Library (Royal Liverpool)
- Liverpool Women's NHS Library
- Mersey and West Lancashire NHS Library (Southport and Ormskirk)
- Mersey and West Lancashire NHS Library (St Helens and Knowsley)
- Mid Cheshire NHS Library
- Pennine Care NHS Knowledge Service
- Tameside and Glossop NHS Library
- Wirral NHS Library

[Show more options](#)

[Confirm reservation](#)

Search the new
catalogue here

<https://now.koha-ptfs.co.uk>



What's happening in April?

Dates for the diary

2nd-8th April - World Autism Acceptance Week

10th April - End of Ramadan

13th April - Vaisakhi/Balsakhi

13th-15th April - Songkran

22nd April - Stephen Lawrence Day

23rd April - St George's Day

23rd April - Hanuman Jayanti

23rd-30th April - Pesach

26th April - Lesbian Visibility Day

30th April - Rama Navami

April is the month of:

Stress Awareness Month

Autism Acceptance Month



Contact Us

Royal Preston Library
Centre 1
01772 522763

Chorley Library
Centre 3
01257 245606

library@lthtr.nhs.uk

24/7 Access to the Library
with Trust ID Badge

YOUR LIBRARY SERVICE

WORK AND STUDY - GET SUPPORT - RELAX

Visit our website to find out more about the full range of services which are available:

www.healthacademy.lancsteachinghospitals.nhs.uk/library

Follow us: @LancsHospLib

