

YOUR STAFF LIBRARY NEWS

Volume 25, Issue 4

Cover -

Surprise Spring Reads

Page 2 -

E-resources: OpenAthens

Page 3 -

E-resources: Internurse

Page 4 -

E-resources: DynaMed

Page 5 -

World Language Books

Page 6 -

Time Management
Reading List

Page 7 -

Spotlight on...

Page 8 -

Spotlight on...

Page 9 -

Cook from a Book

Page 10 -

Cook from a Book

Page 11 -

Staff Recommendation

Page 12 -

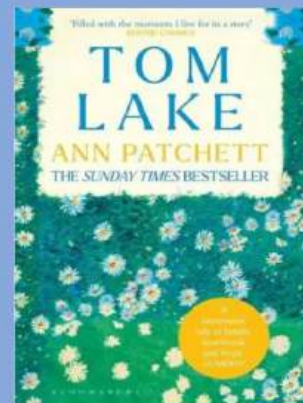
Dates for the Diary

Page 13 -

Contact us

Surprise Spring Reads!

Try something new
by borrowing a
surprise spring
read





OpenAthens



Register for an OpenAthens account for free access to a wide range of high-quality digital resources

Who can register for an account?

All Trust staff & students are entitled to an OpenAthens account which provides access to:

- Electronic Journals
- Electronic Books
- Databases such as Medline & Cinahl
- Point of care tools such as DynaMed and BMJ Best Practice.

Why should I get an account?

An OpenAthens account will help you:

- Access the **latest evidence** for patient care.
- Gather evidence of **CPD** for **revalidation**.
- Carry out **research**.
- Find journal articles for your **studies**.

How do I register for an account?

You can register for an account quickly and easily - go to the following website and complete the form: <https://openathens.nice.org.uk/>

We recommend you register at work on a Trust computer and using your Trust email account.

OpenAthens Resource of the Month

With an OpenAthens account you can access the NHS Knowledge and Library Hub - connecting healthcare staff and learners to high quality, NHS-funded, knowledge and evidence resources in one place, using a single search. Go to: <https://library.nhs.uk/knowledgehub/>



Knowledge and Library Hub

Searching: Health and care evidence

Keyword

Enter any words

Search

Create Alert ?

[Search Options](#) ▶ [Basic Search](#) [Advanced Search](#) [PICO Search](#) [Search History](#)

Contact the Library to if you would like training on how to use this resource.



Internurse



For quick & easy access to nursing research

Internurse is a comprehensive collection of peer-reviewed nursing journals essential for nurse education & patient care.

- 17 specialist nursing titles
- Supports learning and professional development
 - Over 200 new articles each month
- Stay up-to-date & enhance your understanding
 - Improve patient care standards
 - Find articles for your university work
- Gather evidence of CPD for revalidation.

Internurse offers current issues plus archives of leading titles, such as British Journal of Nursing, British Journal of Healthcare Assistants, British Journal of Neuroscience Nursing, Gastrointestinal Nursing, International Journal of Palliative Nursing, Journal of Kidney Care, Journal of Wound Care, Nursing Practice and much more!

Journal of the Month - British Journal of Nursing



The leading clinical nursing journal written by nurses for nurses from the UK and around the world. It provides an evidence base for clinical practice and a platform for professional development.

Go to: <https://www.magonlinelibrary.com/journal/bjon>

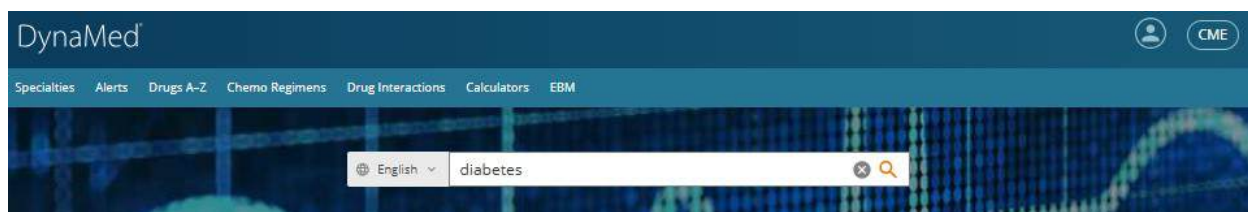
THE COMPLETE ONLINE NURSING RESOURCE



For quick answers to clinical questions

DynaMed, a clinical decision support database, offers healthcare professionals evidence-based information on diseases, diagnosis, treatments, and prognosis, aiding in quick and informed decision-making at the point of care.

Use the search bar to search for topic reviews on 1000s of conditions:



What will you find?

- Updates 24x7x365
- Micromedex® Drug Content
- Alerts When Topics Change
- Graphics & Images
- Clinical Calculators
- One-click Access to Full Text
- Mobile App
- Earn CME & MOC Credits
- Evidence-based Overviews and Recommendations
- Drug Interaction Checker



Download the app

Click on the following link to create a **personal account**:

<https://bit.ly/4la5NRl>

Then scan the **QR code** to download the App. and access all the benefits of DynaMed on the go!

WORLD LANGUAGE BOOKS

The staff library at Preston has a leisure reading collection available in the following languages:



Książki w języku
polskim



ગુજરાતીમાં પુસ્તકો



Bücher auf
Deutsch



اردو میں کتابیں۔



Magyar nyelvű
könyvek



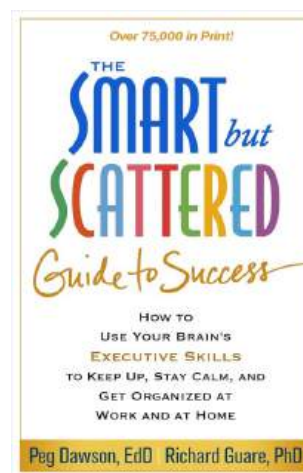
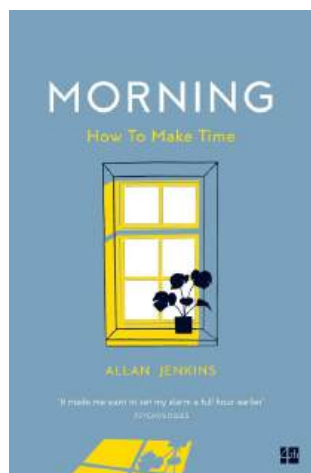
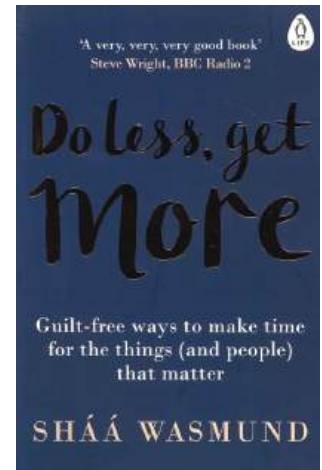
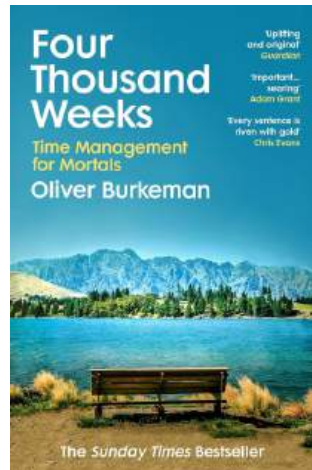
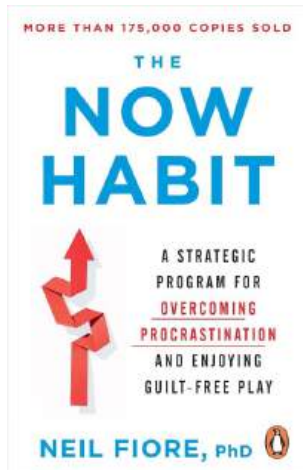
LEISURE READING



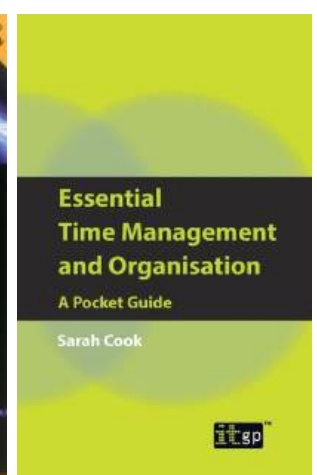
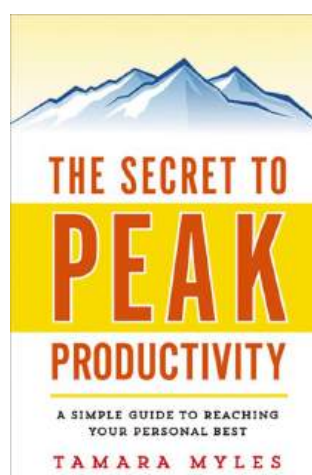
Time management

The following books on time management are a selection from our collection and are available to borrow from the Library.

You can reserve any of these books by clicking on the covers.



Getting Things Done
the art of stress-free productivity
from the New York Times bestselling author
David Allen





Spotlight on...

Emergency Care

Below is a list of recent articles from internurse looking at emergency care. Click on the titles below to access the full text. If you need further help accessing any of these articles or would like further information, then please contact the library: library@lthtr.nhs.uk

Click here to be taken to Internurse

- Artificial intelligence in emergency medicine
- Ruptured: Retrospective Analysis Undertaken for Patients Treated for Unexplained Retroperitoneal or Abdominal Pain in the Emergency Department
- Should All Doctors Undergo Mandatory Life Support Training?
- A cross-sectional study of paramedic management of out-of-hospital obstetric emergencies
- A qualitative exploration of midwives' and ambulance clinicians' experiences working together
- Using the ReSPECT emergency care and treatment plan in a community hospital: a quality improvement initiative
- Developing the emergency response for mental health patients
- Poisoning and overdose at a glance
- The role of ACPs in recognising and treating diabetic ketoacidosis and hyperosmolar hyperglycaemic state
- Assessment, diagnosis and management of inflammatory bowel disease emergencies

internurse



More on the
next page



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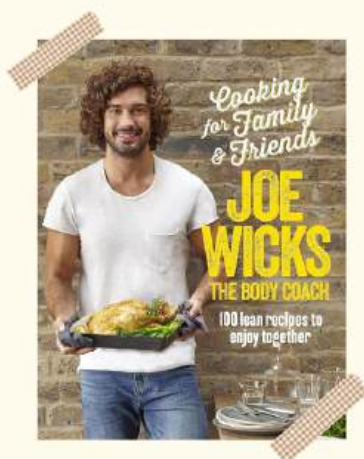
Click here to be taken to Internurse

- Exploring the effectiveness of advanced practice physiotherapist roles in assessing patients with frailty in the emergency department
- Prolonged field care principles in civilian emergency medical services
- Paramedics' anxiety and concerns around traumatic events: a Delphi study
- Out-of-hospital care of patients experiencing CPR-induced consciousness: a scoping review
- Exploring the gender gap in UK helicopter emergency medical services
- Medical emergencies in primary dental practice
- Patient safety: emergency application of safety science
- Breech birth
- Paramedic management of patients with mental health issues: a scoping review
- Paramedics at risk? How responding to a terror attack affects mental wellbeing

internurse

Cook from a Book!

Lamb Leg Pot Roast



Get ready for Easter with this recipe from the book:

Cooking for family and friends: 100 lean recipes to enjoy together

Available to borrow from the [library](#)

Ingredients:

- 1 tbsp oil
- 2 leaks, cut into chunks
- 2 large carrots, cut into long sticks
- 2 parsnips, cut into long sticks
- 2 red onions, cut into large wedges
- 6 cloves garlic, unpeeled and bashed
- 1 x 400g tin of chopped tomatoes
- 3 sprigs of rosemary
- 1 leg of lamb (around 1.9kg)
- salt and pepper
- bacon greens (see page 97 of book), to serve

Serves: 6

Prep: 12 mins

Cook: 2 hrs 40 mins

Instructions
on the next
page

Equipment

- hob-proof roasting tin



Instructions:

Preheat your oven to 170°C (fan 150°C/gas mark 3).

Place the hob-proof roasting tin over a medium heat and pour in the oil. Add the leeks, carrots, parsnips, red onions and garlic and fry, stirring regularly for 5 minutes.

Pour the chopped tomatoes and 100ml of water into the tin and bring to the boil. Lay the rosemary sprigs in the middle of the tomato mixture and then place the lamb leg on top. Season the lamb with a decent amount of salt and pepper.

Cover your tin tightly with tin foil and slide into the oven to cook for 2 hours 30 minutes, or until the leg is lovely and tender.

Serve with bacon greens for meal that will satisfy everybody's tastebuds.

★ IF YOU DON'T HAVE A HOB-PROOF ROASTING TRAY THEN START THE VEG IN A SAUCEPAN AND TRANSFER TO A ROASTING TRAY. IT MIGHT TAKE AN EXTRA 10-15 MINUTES IN THE OVEN.

Staff Recommendation

You can buy ginger shot drinks in the supermarket but they are very expensive so I make my own.

Cold busting ginger shot drink

Ingredients:

- You need a blender and a piece of muslin to strain the juice through.
- 400ml apple juice
- 60g of ginger (chopped up a bit and keep the skin on) add more ginger if you like your drink with more of a kick – I do!
- Juice of ½ a lemon



Instructions:

Blitz the ingredients together in a blender and strain through muslin into a jug so you can easily decant it into a bottle. Keeps in the fridge for about a week.

What's happening in April?

Dates for the diary

2nd-8th: World Autism Acceptance Week

7th: World Health Day

12th-20th: Passover (Jewish)

13th: Palm Sunday (Christian)

13th: Theravada new Year (Buddhist)

14th: Vaisakhi - Birth of the Khalsa (Hindu & Sikh)

18th: Good Friday (Christian)

20th: Easter Sunday (Christian)

21st: Easter Monday (Christian)

22nd: Stephen Lawrence Day

23rd: St George's Day

23rd: Holocaust and Heroism Remembrance Day

26th: Lesbian Visibility Day



Happy Easter



April is the month of:

Autism Awareness Month

Stress Awareness Month

Bowel and Testicular Cancer

Awareness Month



Library Staffed Hours:

Monday - Friday
9:00am - 5:00pm

24/7 Access to the Library
with Trust ID Badge



Contact Us

Royal Preston
Library
Centre 1
01772 522763

Chorley Library
Centre 3
01257 245606

library@lthtr.nhs.uk

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range of
services which are available:

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library](http://www.healthacademy.lancsteachinghospitals.nhs.uk/library)

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