<table>
<thead>
<tr>
<th>Placement Name</th>
<th>Ward 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Placement Address</td>
<td>Ground Floor\Royal Preston Hospital\Sharoe Green Lane\Fulwood\Preston\PR2 9HT</td>
</tr>
<tr>
<td>Telephone Number</td>
<td>01772 522244</td>
</tr>
<tr>
<td>Contact Name</td>
<td>Sister Victoria Houlding (Ward Manager)\Sister Aimee Heath (LEM)</td>
</tr>
<tr>
<td>Placement Facilitator</td>
<td>PEF Team</td>
</tr>
<tr>
<td>Type of Placement</td>
<td>Collaborative Learning in Practice (CLiP)\CFP/Adult Branch/Elective/Specialist Surgery/Internship</td>
</tr>
<tr>
<td>Details of type of clients being dealt with</td>
<td>Ward 4 has 32 beds. It is an adult mixed sex ward caring for patient requiring emergency or planned admission. Clients suffering from varying causes of burns, Clients requiring plastic &amp; reconstructive Surgery, Clients who require skin/tissue grafting, Clients who have varying forms of skin cancers, Those whom require extensive/complex wound management, Clients undergoing neurosurgical procedures of the spine</td>
</tr>
<tr>
<td>Type of experience which may be gained from this placement</td>
<td>Ward 4 can offer you experience in the management, delivery and evaluation of care to patients suffering from conditions described above, plus experience in: Pre and post-operative care, Management of patients suffering from minor burns, Specialised Wound care, Managerial experience and Multidisciplinary team working, Admission and discharge procedure, Experience in the management of the psycho-</td>
</tr>
</tbody>
</table>
social effects that can occur with regards to altered body image.
Managing the patient pathway from treatment decision through to rehabilitation and discharge
Diagnosis, management and intervention.
Managing complex hand trauma

| Special knowledge and information which would be useful to the student | Basic human anatomy and physiology related to the hand
Skin physiology and wound healing
Neurological - spinal anatomy
Basic concepts of breaking bad news |
|---|---|

<table>
<thead>
<tr>
<th>Recommended reading</th>
<th>Books available to borrow from the library</th>
</tr>
</thead>
<tbody>
<tr>
<td>To join the library come into either Chorley library, located in Education Centre 3, or Preston library, located in Education Centre 1, with your UCLAN ID badge and complete a registration form.</td>
<td>Peate, I. (2015) <em>Anatomy and physiology for nurses at a glance</em>. John Wiley &amp; Son’s; Chichester. Class no QT104/PEA</td>
</tr>
<tr>
<td>An Athens username allows you access to the library’s electronic resources including online nursing journals and nursing eBooks.</td>
<td>Peate, I. (2015) <em>Wound care at a glance</em>. John Wiley &amp; Son; Chichester. Class no WO185/PEA</td>
</tr>
<tr>
<td>To apply for an Athens username, view the catalogue and access</td>
<td>Hess, C.T. (2013) <em>Clinical guide to skin and wound care</em>. 7th ed. Lippincott Williams &amp; Wilkins; USA. Class no. WY 154.5</td>
</tr>
</tbody>
</table>

electronic resources visit the library’s webpage at [http://www.lancsteachinghospitals.nhs.uk/library](http://www.lancsteachinghospitals.nhs.uk/library)


**Free journal articles – to request please email** library.cdh@lthtr.nhs.uk


**Edwards, J.** et al. (2013) Hand burn management: minimizing the pain and trauma at dressing change. *British Journal of Nursing*. 22(Supp 15), pp. s46-s50


**Useful Journals:**
- BURNS
- British Journal of Nursing
- Journal of Wound Care

**Useful Resources:**
- Royal Marsden
- InterNurse

Compiled January 2017
Clinical Skills List
Ward 4 provides an excellent learning environment for student nurses. Feedback received from students previously allocated on placement to the unit is always positive and complimentary. The ward offers learners excellent opportunities to learn new and improve many clinical skills, of which many will be transferable across all areas of adult nursing.

Transferable Skills
- Measurement and recording of systemic observations including pulse oxymetry and neurological observations
- Assessing, planning, implementing and evaluating care, including general hygiene, oral care, nutrition and hydration
- Aseptic Non Touch Technique including catheterisation & wound care,
- Drug administration (orally, inhalation, subcutaneous, intramuscular and suppositories) and pain management
- Management and administration of IV drugs, fluids/blood/parenteral feeding
- Management of infusion equipment
- Blood glucose testing and recording of
- Preparation and administration of insulin
- Admission and Discharge/Transfer procedure, including complex discharges
- Liaison with the multi-disciplinary team
- First Aid of burns

Specialist Skills
- Pre and post-operative care of patients who have undergone various plastic surgery procedures (see below)
- Assist with the application of Larvae Therapy and Topical Negative Pressure Therapy & Leech Therapy
- The removal of clips, sutures, and drains
- Care, observation and management of a graft and donor site.
- Care, observation and management of muscle flaps
- Symptom management
- Assessment and admission of burn injuries

- Holistic care of a client
- Communication skills with patient handover between teams

Ward 4 offers many learning opportunities including:
Ward 4 is a CLiP placement as mentioned earlier. The aim is to support you to develop and learn on a daily basis, the aim to make you a more independent thinker, by allowing you to make decisions. A coach will oversee
your care planning, care of clients, time management while enhancing your clinical skills by. They are there to support you to develop your organisational skills and learn about time, client, team and ward management.

- The opportunity to learn how to manage and care of clients who have sustained facial burns, chemical burns, facial burns, electrical burns to name a few
- Contribution to the care pathway of a patient requiring plastic surgical procedures, pre and post operatively, participating with the multidisciplinary team to effect nursing intervention, management and evaluation.
- The opportunity to contribute to the care of patients suffering from cancer, participating with the multidisciplinary team to effect nursing intervention, management and evaluation, whilst learning about the process of rehabilitation. This will encompass holistic assessment and complex case management
- You will contribute to other members of the multi-disciplinary team, including specialist practitioners, Occupational Therapists, Physiotherapist, Dieticians, Speech and Language Therapists & Clinical Psychologist
- This MDT working will develop your communication skills and you will be involved with 'hand-over' reporting, verbal and written.
- Being able to attend theatre to observe a variety of plastic surgery procedures, including excision of skin cancers, skin grafting, skin and muscle flaps, hand surgery and re-constructive surgery.
- You will learn about airway management and the importance of oxygen therapy.
- You will also learn how to use and interpret monitoring equipment.
- You will be given the opportunity to participate in drug administration, developing an understanding of the most common medicines used within this area.
- You will learn how to effectively manage pain using oral medication and IV infusion pumps.
- You will develop a greater understanding of the importance of IV fluid replacement therapy, maintaining accurate fluid balance charts and care of a cannula site.
- You will develop your IT skills, by obtaining electronic lab results, learning to interpret blood results and how the significance of these impacts upon treatment.
- You will develop your electronic risk assessment & documentation skills
- You will learn how to manage patients with MRSA and other infectious conditions requiring isolation or ‘barrier nursing techniques’.
- You will gain a sound knowledge base of current wound dressings and all aspects of wound care including the application and management of larval (maggot) therapy,
Vacuum Assisted Closure (VAC) therapy, and the different types of dressings.

- Observe the use of Leech Therapy to improve venous congestion
- You will participate in managing infection control and safe disposal of clinical waste.
- You will have the opportunity to use a variety of electronic and manual beds and mattresses designed to minimise the risk of pressure sores developing and how to refer patients to the tissue viability nurse.
- You will have the opportunity to observe and perform urinary catheterisation and learn how to care for the catheterised patient.
- You may be involved with palliative care and nurse patients through the process of dying. This will give you the opportunity to assist with the support and counseling given to the relatives/significant others.
- You will receive training in Manual Handling, safe disposal of clinical waste and Health & Safety issues.
- You will develop competency skills in undertaking neurological observations
- develop skills in Flap monitoring
- You will be given the opportunity to attend weekly educational sessions, which are hosted by members of the multi-disciplinary team and occasionally reps from wound care companies.
- Also available on the ward are link nurses who provide training in medical devices, infection control, tissue viability, sepsis, dementia, React to Red, continence.
- Students are welcome to utilise the teaching resource in the quiet room containing nursing journals, books, handouts and learning packages.
- The Burns filing cabinet contains A+P books, burns specific research articles and wound care information

Visits which can be arranged

Suggested SPOKE placements that can be arranged to follow a patients journey include:

- **Trauma coordinator**
- **Burns Specialist Sister** - Sister Adele Hull
- **Skin Specialist Sister** - Clare O’ Doherty / Sister Sam Firth
- **Soft Tissue Specialist Sister** - Nina King /Sister Sam Firth
- **Advanced Nurse Practitioner** - Janine Hall
- **Pre-Operative Nurse** - S/N Janet Park
- **Ward Coordinator**
**Theatre Escort Nurses** - Michael Sutherland / Jennifer Hayhurst  
**Dressing Clinic** - Charge Nurse Shaun Hartley (Department Manager)  
**Charles Beard Theatre** - to observe local anesthetic surgery, and laser treatment  
**Plastic Surgery Theatre (PST)** - Main theatre to observe procedures described above. This will provide an opportunity to follow a patient from admission throughout surgery and subsequently discharged home. Please Note - Visiting this department requires submitting a request to theatre and for them to agree the visit  

**Other members of the multi-disciplinary team** of which visits can be arranged are with the:  
Pain Management Nurses/Team  
Occupational Therapy department  
Physiotherapy department  
Dieticians  
Clinical Psychologist  
Palliative care team  
Tissue Viability Nurse  

**Aids are available in the moving and handling of patients/clients?**  
Arjo hoist  
Ambu-Lift  
P.A.T. slide  
Electronic bed frames  
Patents own sticks, frames and wheelchairs  

**What would be important to read?**  
Ward 4 Welcome Sheet which can be collected early. Also the Ward 4 Welcome Pack which can be emailed to you if requested, which offers more information to you, prior to commencing placement  
Trust policy of Confidentiality issues and IT access  
Infection control, waste minimization and Hand Hygiene  
Manual Handling information  
Health and Safety information on the Intranet  
Student Notice Board in the quiet room  
Ward 4 Essential Standard of Care 2016  
Palliative Care Guidance / End of Life Care  
Patient information leaflets and advice sheets
### Teaching packages
- Purple Memo file located in the quiet room
- Articles on teaching boards around the department
- Medical devices information
- ANTT policy and guidelines
- Cancer Backup booklets: (available to download and print at [www.cancerbackup.org.uk](http://www.cancerbackup.org.uk))

### Shift Times
<table>
<thead>
<tr>
<th>Shift</th>
<th>Time</th>
<th>Break Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early shift</td>
<td>07:00 – 15:00</td>
<td>½ hour lunch break</td>
</tr>
<tr>
<td>Late shift</td>
<td>13:30 – 21:30</td>
<td>½ hour for tea</td>
</tr>
<tr>
<td>Night shift</td>
<td>21:00 – 07:30</td>
<td>2x ½ hour breaks</td>
</tr>
</tbody>
</table>

### Bleep system and use of
- Dial 66
- Wait for message
- Enter bleep number of the person you require
- Wait for message
- Enter ward extension number
- Wait for message that your paging request has been accepted
- Replace receiver

### Emergency Number 2222
(state if it is a cardiac or respiratory arrest, fire or security alert)
Ensure you are specific in the details adult or Child, and exact location of incident e.g. Ward 4 Bay 1
Students are expected to report to the nurse in charge prior to bleeping medical staff. Bleep numbers are available on the office notice board

### Opportunities for patient Education/Health Promotion
On ward 4 we try to promote independence and give health education to all our patients.
Students have a designated notice board in the patient dayroom to display health promotion literature.
Students will be able to contribute to health promotion issues such as:
- Smoking cessation and nicotine replacement therapy
- Nutrition and dietary advice
- Alcohol consumption advice
- Speech therapy advice
| Advice regarding oral hygiene and mouth care |
| Deep Venous Thrombosis prevention and use of anti-embolic stockings |
| Management of diabetes |
| Helping to educate patients on correct mobilisation and exercising of limbs |
| Medication advice |
| Advice on how to care for and manage wounds |
| Educating relatives and careers in all these issues and the future rehabilitation of the patient. |
| We provide health promotion leaflets and patient information leaflets regarding surgical procedures and other treatments |
| Referrals to specialist nurses/practitioners/social workers as necessary |

**Last Updated:** Monday, June 19, 2017