

## Resuscitation Training

# Newborn Life Support (NLS)



The Resuscitation Council (UK) Newborn Life Support (NLS) course was launched in 1999 and is a standardised national course providing clear practical instruction in airway support and the theoretical background to illustrate its importance in resuscitation of the newborn.

### Entry Requirements

The NLS course is designed for any healthcare professional involved in the delivery and care of a newborn infant. This includes both junior and senior medical and nursing staff, midwives, paramedics and resuscitation officers. All applicants must hold a professional healthcare qualification or be in training for a professional healthcare qualification.

### What will I learn?

The NLS course teaches the knowledge and skills required to:

- approach the management of a newborn infant during the first 10-20 minutes in a competent manner;
- understand the processes underlying apnoea, bradycardia and poor condition at birth; deliver practical airway management and ventilatory support.

### How will I be assessed?

There are two assessment components on the NLS course:

- Airway test – candidates will need to demonstrate the core skills of airway management of a newborn infant and show what steps to take if initial attempts at management are unsuccessful, both when alone and when working as part of a team.
- Multiple-choice Questionnaire

### Is there anything else I need to know?

Successful candidates receive a Resuscitation Council (UK) NLS provider certificate, which is valid for 4 years. NLS Providers can only recertify by attending a full NLS provider course. The NLS course is recognised for 5 continuing professional development (CPD) points. If you would like to apply for this course, please complete the online application form.

### Contact information

The Health Academy Preston  
Education Centre 1  
Sharoe Green Lane  
Preston, PR2 9HT  
Tel: 01772 52 1444